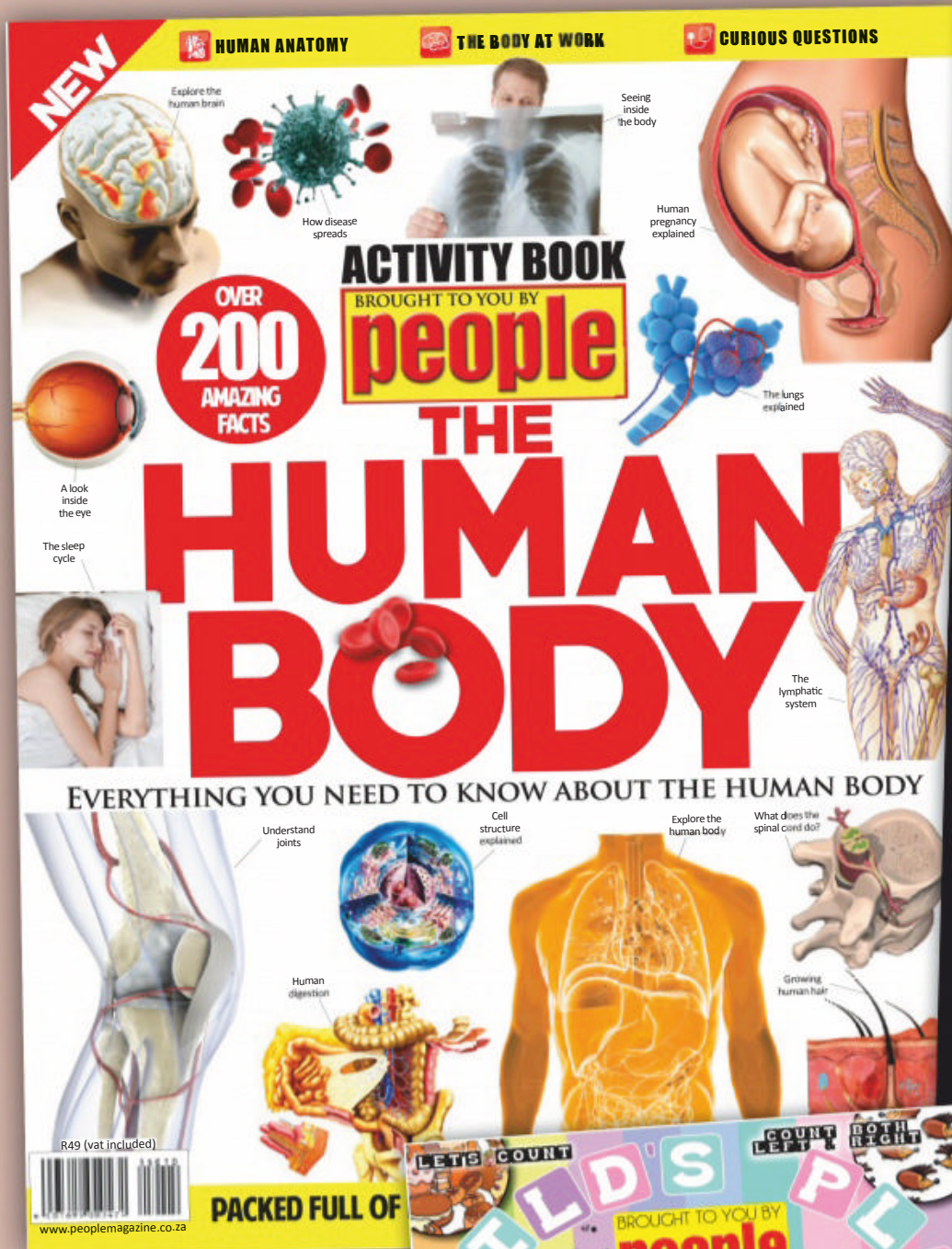


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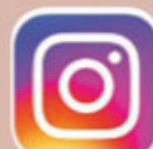
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PARIS UNDER PRESSURE
DID SHE TRY TO COMMIT SUICIDE?

YOUR WEEKLY FIX!



**POSTER
KHANYI**



**THE SEARCH
FOR MADELEINE
CONTINUES**

**HOW
THE
LOTTERY
PIE IS
SLICED**

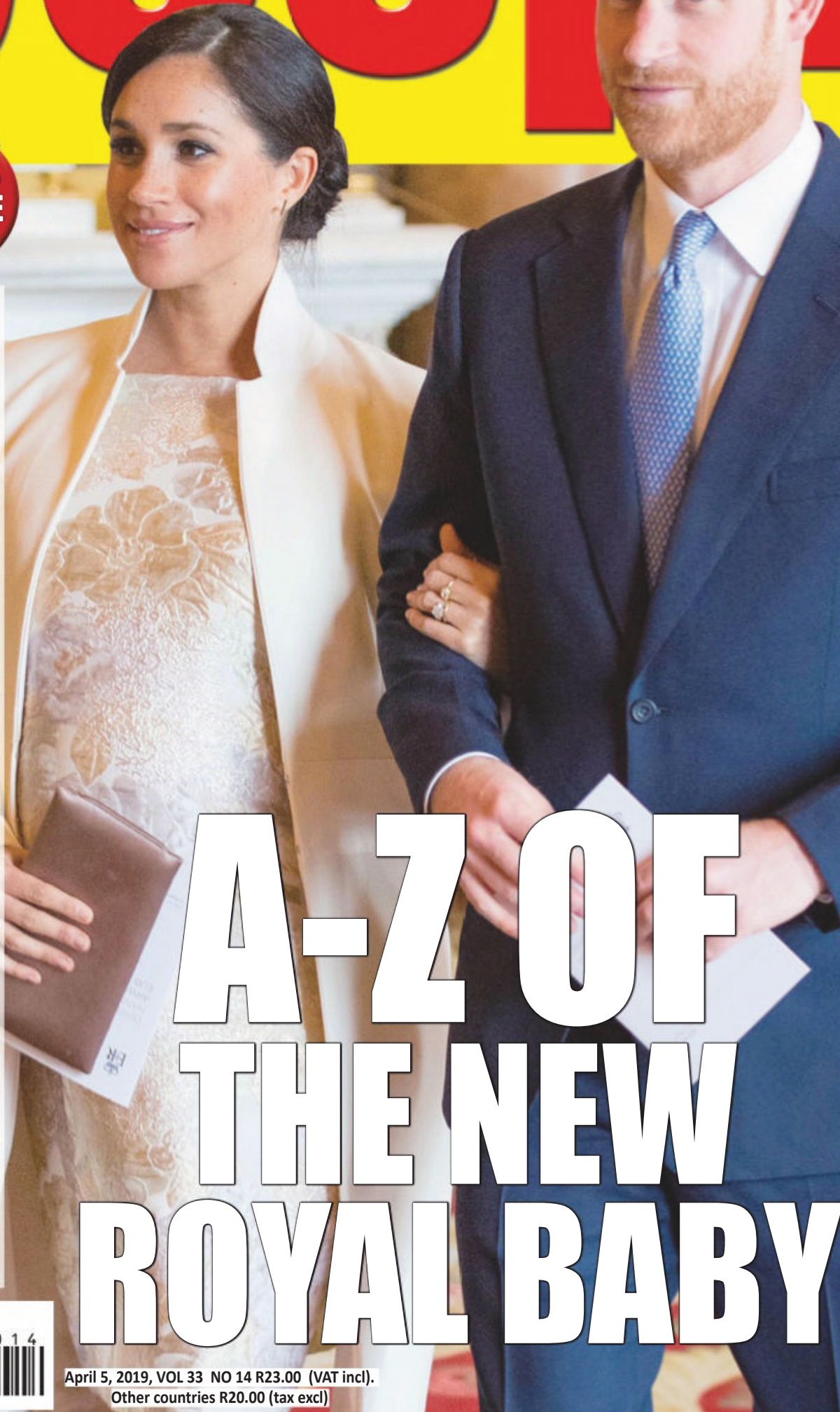


**MAMA JUNE
ARRESTED!**



**HULK
VS
HULK**

A-Z OF THE NEW ROYAL BABY



**Adopt
ADORABLE
ME!**



**HOW TO DEAL
WITH YOUR
PARTNER'S
INSTA-LURKING**

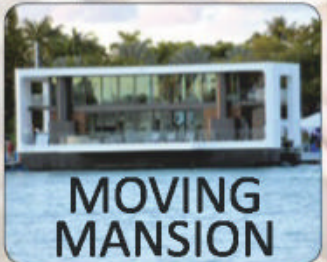
**GRANNY
ROMANCED ONTO
DEATH ROW**



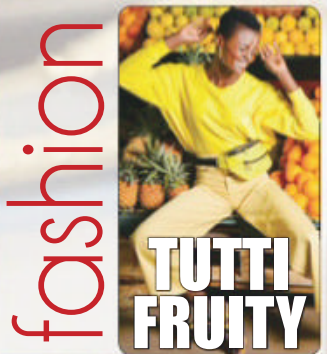
**PEOPLE
EXCLUSIVE
PIC!**

**CHARLES
AND
CAMILLA
SPOTTED
OUT**

décor



**MOVING
MANSION**



**TUTTI
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April 5, 2019, VOL 33 NO 14 R23.00 (VAT incl).
Other countries R20.00 (tax excl)

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Ed's Letter HIYA!



EVERY issue of **people** is a cruise because it's so jam-packed you'll almost feel you've seen the world in one sitting.

This week your ride begins with fashion flair in our Harvest Haute Couture shoot (pages 12 to 17), where you'll learn how to brighten up your wardrobe for autumn's approach.

Then it's time for a snack at our beauty spot (on page 18), where you'll find yourself wanting to 'Stuff Your Face' with the best fruit-based ingredients for your skin, before you take in the gorgeous sights of Saint Barthelemy with celebs like **Beyoncé** and **Jay-Z** (page 19).

Still hungry? Make sure you stop off on page 23, which features a mouthwatering beef lasagna recipe; and follow that up with a desert of the sweetest kind – all the cuteness you can handle on page 29 with gorgeous furbabies from Wollies Animal Project that you'll want to take home with you – and you can!

What's next? Well now it's time you put up your feet and relax in one of the most amazing homes you'll ever see. Why? Because it's a floating mansion! Trust me, you'll want it for yourself; but if you're not quite in the position to buy one, we've given you tips for making your own in our décor feature (pages 31 to 33).

Don't get too comfy, though, because you're only half way through your **people** trip. You still have to take an extensive tour of our island of puzzles (so bring along your thinking caps) on pages 34 to 47; and hear the astounding real life stories of remarkable people who have achieved remarkable things.

One tale in particular is truly moving. On page 62 you'll meet Mabusang Malotane and her teen daughter Neo, whose story is heartbreaking but also incredibly inspiring. From them you'll learn that with pain comes strength, and that when life gets dark and you feel like giving up, don't! You have the power to carry on and push through your hardships. There's all this, and so much more – and that's just for this week!

Until next time,

Andrea

andreac@caxton.co.za

PS. Never feel alone, there is always someone out there to listen to your problems. Call SADAG on 0800 567 567 for support – more helpline numbers can be found on page 48.

Have something on your mind?
Chat to me directly. WhatsApp
me on 060 858 1086 - DONE!



31-33



20-21



16-17



12-15



LOOK out for
our fabulous
brand
extensions.
ON SALE NOW!

SOME of the more spectacular events of the week

PICS: EPA

FLYING HIGH

THERE well and truly are people out there with a 'malfunctioning' amygdala. This part of the brain is supposed to process fear – something that Stefan Kraft of Austria clearly has very little of. Here he can be seen soaring through the air during the World Cup's Ski Flying Hill Individual Final HS 240 in Planica, Slovenia. Ski flyers can typically launch themselves in the air at speeds of up to 110kmph and can cruise through mid-air for close to 200m before landing on compacted snow. The sport is certainly not for the faint of heart.

THE AFTERMATH

MOZAMBIQUE has been plunged into chaos after Cyclone Idai swept across its eastern seaboard where it was responsible for millions in damages and the deaths of a few hundred. The cyclone also passed over Malawi and Zimbabwe, too. Ngangu in the latter was hit particularly hard as well and several people lost their lives as a result. Flash floods were so terribly strong that they managed to sweep away vehicles (like this one pictured) several hundred metres from where they were originally parked.



Democracy Restored

ONE can only hope that the South African people will be as jovial come the May 8 elections locally as the people of Thailand were after casting their votes on March 24. They had reason to be cheerful, though, as some 51-million of them were eligible to vote; and it just so happens that this was the first free and fair elections since 2014. Five years might seem insignificant, but in 2014 a military coup hampered any chance of the country's citizens to cast a vote assuredly.



LET US MEME!

RUMOURS have been doing the rounds for quite some time now that legislation in Europe will be passed that will stifle many attempts to share content online. The 'Save the Internet' demonstration in Berlin was one protest against Articles 11 and 13 of the EU Copyright Directives. These bills, if passed, will allow authorities to make use of upload filters (particularly on social media sites) to police the misuse of copyrighted material. Most content these days makes use of recycled images in one form or another and many believe that the legislation will encroach on freedom of speech.

A Little Education

IT certainly goes a long way. South Africa, as is, is a water scarce country and many who live in rural areas are so preoccupied with making life work that managing the precious resource properly isn't always a top priority. Here a woman in Masiphumelele, Cape Town dumps waste water in what was originally designed to be a brook to supply fresh water to the community. World Water Day, luckily, was held on March 22 and, as in most parts of the world, delegates disperse to settlements like these, focusing attention on the importance of freshwater while advocating for the sustainable management of resources.



MUST-SEE ONLINE VIDEOS THIS WEEK!



PEOPLE
EXCLUSIVE
PICS!



Bag It Like Beckham

BY ROBERT CLUNIE

WELL, **David Beckham** and his seven-year-old daughter **Harper** were spotted on a shopping trip through London. The grade-schooler and her father were all rather sprightly as they criss-crossed the Old Smoke for various goodies. **David** is definitely doing the whole dad thing right, as the two were clearly enjoying their bit of retail therapy together. What made it even more adorable is their vintage style, tweedy outfits and **Harper**'s cute glasses, making them look like something out of a '40s movie.

PIC: GREATSTOCK



A Big Bieber Day Out

BY ROBERT CLUNIE

YOU can be certain that there are some of the betting ilk who have lost a few in a wager. Many figured that **Justin Bieber** and **Hailey Baldwin**'s out-of-the-blue marriage would crumble soon after the 'I do's. While there have been a few issues, with **Justin** being very open about his difficulties, the newlyweds remain committed and determined to work through their challenges. The pair was seen chilling after hitting the beach with their little pup and the **Biebs**' mother **Pattie Mallette** in a park.

PICS: MAGAZINE FEATURES



THREE'S
COMPANY,
TOO



THE SEARCH FOR MADELEINE CONTINUES

Real Life
BY EL BROIDE

PICS: GREATSTOCK

A BRAND-NEW Netflix documentary highlights just how many lives the unsolved kidnapping case has affected.

TO date the disappearance of Madeleine McCann is still the world's most high-profile child abduction case in the world, and in a brand-new eight-part documentary *The Disappearance Of Madeleine McCann*, director Chris Smith illustrates how, 10 years after her terrifying disappearance, the world is not really any closer to finding out exactly what happened. Three-year-old Madeleine McCann disappeared on May 3, 2007 when her family was vacationing in Portugal. Her disappearance caused a worldwide media frenzy and mass hysteria. Although Madeleine's parents, Kate and Gerry McCann, have appeared on previous documentaries about their missing daughter, they did not approve of this new series.

"We did not see and still do not see how this programme will help the search for Madeleine and, particularly given there is an active police investigation, could potentially hinder it," the couple said in a statement. "Consequently, our views and preferences are not reflected in the programme."

Nevertheless, the series does uncover some new developments and features in-depth interviews with key players in the investigation.

"We're trying to lay out as much detail as we can about the case," executive producer Emma Cooper says, "And if it could jog someone's memory in some way then that would be amazing. Keeping any search for what happened to Madeleine in the consciousness – particularly globally – is something that's so important. As we show in the documentary, other children are found – so you have to hope."

While the documentary tells Madeleine's story, it also looks at 'an endless parade of hasty moves, by police, the press and those quick to cast stones at easy targets'. In the documentary, Smith and his team speak to Robert Murat, a British expatriate whose villa was about 140 metres away from Ocean Resort, where the McCanns were staying in the beachside village of Praia da Luz. Murat recalls authorities questioning him and searching his house, and details how, once the press got hold of his name, he was guilty in their eyes. "They wanted me to confess," Murat says in the documentary. But when there was no evidence to support the claim made by the police and the media, Murat went on to seek for damages of over R10-million

from 11 different newspapers.

Sergey Malinka, a Russian-born IT engineer, was also questioned because he knew Murat and also won damages from various media outlets. However, he was among four people questioned again in 2014 when Metropolitan Police detectives returned to Praia da Luz to pursue new leads – three years after Portuguese authorities closed their case.

"I've done thousands of cases. The Madeleine case, I've seen the worst things a human being can see," a private investigator in *The Disappearance Of Madeleine McCann* says, adding that in 2007 police in Portugal raided 75 properties and seized at least 150 computers from roughly 80 suspected paedophiles in what was dubbed 'Operation Predator'.

The documentary also looks at the shocking turn of events which saw Kate and Gerry themselves become suspects in their own daughter's disappearance – something Portuguese authorities seemed desperate to try to prove. In fact Gonçalo Amaral, the investigation's chief inspector, was ultimately removed from the case after criticising the British authorities for working in the family's favour. He then wrote a book about how he thought Madeleine's death was an accident and her parents faked her abduction. Kate and Gerry sued Gonçalo and received over R10-million in damages. Gonçalo is one of the key players who agreed to be interviewed on the Netflix documentary.

The Portuguese authorities subsequently closed



Madeleine disappeared at the age of three



Parents Gerry and Kate McCann



their case and the McCanns and Robert Murat were formally cleared as suspects. What's more, ever since Britain's Metropolitan Police started their investigation they seem to be no closer to uncovering the truth.

WHAT'S *Trending*

OUR weekly
roundup of what set
the Web alight!

BY MARK WASSERMAN

1 Things Really Did Get Spicy!

T'S CONFIRMED. Former Spice Girls members Geri Halliwell and Mel B got it on once – and managed to keep their romp hush-hush, until now. Speaking to Piers Morgan, Mel B opened up about their one night of passion. “She [Geri] is going to hate me for this because she is all posh in her country house and her husband, but it’s a fact. It just happened and we just giggled at it and that was it. We were best friends. Have you ever done that?” Piers was unusually silent when asked that question. Moving swiftly along, he asked Scary, “So just once?” Mel replied, “Yeah.” Celebrating the scoop, Piers added, “This is a bombshell. A Spice Girls bombshell. You have never admitted this before, have you? People are going to be fascinated.” Mel said, “Yeah and I have said it now. All done. She is going to kill me and so is her husband. Hopefully when Geri gets asked that, which hopefully she will after this, she won’t deny it, because it was just a thing, a fun thing.” And she added of Geri, “She had great boobs.” So now you know.



#SpiceUpYourLife

3 We've Gotta Get To Broadway!

THE story of Chilli, T-Boz, and Left Eye has been told countless times, but it can always be told again. It has it all: bankruptcy, death, and music. Rozonda ‘Chilli’ Thomas and Tionne ‘T-Boz’ Watkins have reportedly said that they are working on a Broadway musical based on the story of TLC – and writing new songs

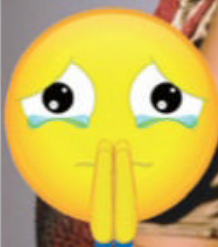
for it, no less. “We have so many stories to tell,” said Chilli. “We didn’t tell it all in our biopic we did with VH1. A lot of good stuff. It’s gonna be very emotional but a good ride.” There’s no word yet as to when they are planning the run, but with fresh music on the way, it’s bound to be a hit!

2 Baby True Helped Koko Through Cheating Scandal

KHLOÉ KARDASHIAN has credited her daughter **True** for helping her get through **Tristan Thompson’s** cheating scandal. The 34-year-old reality star made the comments in response to a Twitter user who took to the platform to wish the reality star well, following reports that **Tristan** hooked up with half-sister **Kylie Jenner’s** best friend **Jordyn Woods** at a house party in February. “I genuinely hope @KhloéKardashian meets someone one day that treats her with the respect she deserves,” the fan wrote. “She’s been through more shiddy (sic) relationships than any one (sic) deserves. At least she got baby **True**.” **Khloé** quickly responded to the comment, thanking the fan for her kind words and offering an outpouring of love for **True**, who was born in April last year. “**Baby True** made it all worth it,” she gushed. “Thank you for your beautiful message.” **Khloé’s** recent relationship drama emerged less than a year after the Cleveland Cavaliers athlete was caught up in another cheating controversy, shortly before the birth of the former couple’s daughter. Despite the controversy surrounding **Tristan’s** behaviour, **Khloé** has defended the 28-year-old against fans slamming him on social media, stressing that despite his cheating habits, he’s still a good dad to **True**. “He is a good dad to her. My sweet and special baby **True** will NEVER be put in the middle of him and I. I can promise that,” she tweeted.



#FamilyTies



4 Congrats To The Baron!

LOCAL superstar **Daniel Baron**'s life is crazy busy at the moment. Not only, as we reported last week, is he taking on **DJ David Guetta** for allegedly plagiarising his hit single *Children Of The Sun* on his track *Light Headed*, but in happier news he proposed to his girlfriend recently and the two are set to get hitched! The singer made hearts melt when he asked Juanita de Ponte to be wife, posting a collage of pics on Instagram captioned: "I choose you, my Queen forever. Thank you for saying 'Yes'." Congrats, guys!



#HePutARingOnIt

5 Hottie Of The Week

WITH a degree in 'Industrial Engineering of Logistic and Production' in addition to an acting diploma, Italian hottie **Davide Giliberti** truly is the complete package. He's been the face of True Religion Brand Jeans and has worked with other high end designers including Emporio Armani, Paul Smith, and even Romeo Gigli. Totally droolworthy!



#Sigh

Mama June

In Police Crackdown

BY MATTHEW HOLLAND

HERE comes **Honey Boo Boo** – but there Go-Goes **Mama June**... to jail.

MAMA clearly doesn't know best – not when it comes to child nutrition (sketti and Go-Go juice do not a square meal make) and certainly not when it comes to partners.

First there was convicted sex offender **Mark McDaniel**, who was revealed to have molested **June Shannon**'s eldest daughter **Anna**; now there's her latest beau, 43-year-old **Geno Doak**, who seems to have drawn **June** in to the shady world of hardcore drugs. And she's been caught. On Wednesday, March 13 what started out as a report of domestic abuse quickly turned into a drug bust for both **June** and her boyfriend of three years.

The two had allegedly been in a heated argument at a petrol station during which **Geno** is claimed to have threatened to kill **June**, and police were called. But they found more than just a fight – they also allegedly found the two in possession of crack cocaine and a crack pipe, which resulted in their being charged with felony drug possession and misdemeanour unlawful possession of drug paraphernalia – as well as a charge of third degree domestic violence for **Doak**.

This isn't **Doak**'s first brush with the law. According to reports he has a considerable rap sheet, having been arrested for burglary, theft and vandalism, and therefore reports that **June**'s family is laying the blame for this particular spot of bother the 39-year-old mother finds herself in solely at his feet are plausible. But if they were hoping this would be a reality check for the reality star it sounds like they might be in for a bit of disappointment. While the two may have been at each other's throats at the petrol station, Macon County Sheriff **Andre Brunson** says their transition to jailbirds brought them back to the status of lovebirds, too.

"They were acting so loving when they were here. But out there they did have a domestic," he stated. Guess there's just no redneckognising the warning signs when you're in love.



Mark McDaniel

TO THE NEW



YOUR A-Z guide on the arrival of **Meg** and **Harry**'s new addition.

MEGHAN has gone from duchess of Sussex to lady in waiting as she and Prince Harry expect their first child. The former actress has now taken a step back from public engagements to concentrate on preparations for her little one. From Auntie **Kate** to signs of the zodiac, here is the A-Z on everything there is to know about the royal baby.



D... IS FOR DIANA WILL Meghan and Harry opt for tradition or sentiment when it comes to the name? **Diana** has emerged as strong favourite among the potential names if the new royal is born a girl, paying tribute to **Harry**'s late mother. **Arthur** is leading the pack of most likely boy names. During their visit to Australia, **Harry** was heard to tell a well-wisher that Harriet was a 'great name'.



A... IS FOR AUNTIE AND UNCLE AUNTIE **Kate** and Uncle **William** will be on hand to help with **Meghan** and **Harry**'s inevitable first-time parent jitters and maybe some babysitting. Sadly, **Meghan**

is estranged from her half-sister **Samantha**, who has written tell-all book about the former actress. **Meghan** has also lost touch with her big brother, **Thomas Markle Jr**, although he claims to be trying to mend their relationship. "Any new baby that comes into a family is a very

big deal," he says. "I would love to meet the little prince or princess."

B... IS FOR BREASTFEEDING UNSURPRISINGLY, St James' Palace has refused to comment on whether **Meghan** plans to breastfeed, deeming it private information. However, there are reports that **Meghan** plans to feed her baby in public as part of her

drive to 'normalise breastfeeding'. The queen was breastfed, and chose to breastfeed her children. According to her biography, **Princess Diana** breastfed both **William** and **Harry**. **Kate** chose to keep such matters private.

C... IS FOR CHRISTENING THE royal baby will be christened within a year, most likely at around six months old, at Windsor Castle using the spectacular **Lily Font**. The solid gold receptacle has been used for royal christenings



for more than 150 years. The new royal baby will also follow tradition by wearing the royal christening robe made in 1841 for the christening of Queen Victoria's eldest daughter, **Victoria**, **Princess Royal**.

E... IS FOR EASEL ONCE the royal baby has been born, the long-held tradition of pinning a formal birth announcement to a special easel in the forecourt of Buckingham Palace will be upheld. Aides will drive the formal notice signed by the medical staff at the birth to the Palace escort, before pinning it up on the same easel used to announce

Harry's birth almost 35 years ago.

F... IS FOR FROGMORE COTTAGE THIS rambling 18th Century cottage located within the grounds of Windsor Castle will be the new royal's first home. The present queen gifted the property to her grandson and his new bride to be their primary residence and the newest royal will be the first to be raised in the cottage.



ROYAL BABY!

G... IS FOR GRANDPARENTS
A TOUCHY subject for **Meghan and Harry**. While **Prince Charles** and **Camilla** and **Meghan's** mother, **Doria Ragland**, will be desperate to spoil their grandchild, the same can't be said of **Meghan's** father. The royals are still at odds with **Thomas Markle** for selling of stories about his daughter. He also published a private letter sent to him by his daughter right after her wedding in which she stated that he had broken her heart 'into a million pieces' with his actions.



H... HISTORIC
MEGHAN and **Harry's** baby will be the very first child in the history of the British royal family to qualify for American citizenship. However, it's unlikely that **Meghan** will keep her American passport in the future due to issues raised in having to declare her finances under US tax rules.

I... IS FOR INDEPENDENCE
WHILE they've conceded to follow certain traditions, **Meghan** and **Harry** are determined to raise their child their way. **Meghan** is said to be heavily influenced by her own mother in how to raise a child to be independent.

J... IS FOR JET SET
MEGHAN and **Harry** are much in demand to do more overseas tours, not to mention their various charitable causes. Although royal tours are much shorter these days, they're not keen to leave their child with nannies. Expect to see baby on board when the couple resumes overseas duties.

K... IS FOR KENSINGTON PALACE
MEGHAN is likely to spend the last days of her pregnancy here.

With their cottage at Windsor still being prepared, Kensington Palace is home-from-home.



L... IS FOR THE LINDO WING
THE Lindo Wing in St Mary's Hospital, London, has a long history of welcoming royal babies. **Kate's** three children were all born there as well as **Prince Harry** and **William**. Staff have been told to cancel all leave in April, leading to speculation that this is where the baby will be born.



M... IS FOR MIXED RACE
MEGHAN'S proud biracial background will mean her son or daughter will be the first mixed-race heir since Queen Charlotte's children in the 1800s.

N... IS FOR NURSERY
MEGHAN has already made numerous purchases for the royal nursery and has had a helping hand from interior design studio Charles & Co. Fellow stars **David** and **Victoria Beckham** as well as **George** and **Amal Clooney** have also used them.

O... IS FOR OBSTETRICIAN
TWO obstetricians actually! **Meghan** is doubling-up on specialists to help her through her first birth. She'll also have three midwives, three anaesthetists, four surgical staff, two special care baby-unit staff, four paediatricians, one lab technician and three or four managers standing by.

P... IS FOR PATERNITY LEAVE
WHILE **Harry** works tirelessly as a patron for a number of charities, he has no formal employment so expect him to take a little more than the statutory two weeks paternity leave.



Q... IS FOR QUEEN HER MAJESTY
will be one of the first to be informed of the birth of her latest great-grandchild. Only then will an announcement be made to the world.



R... RUMOURS
THE latest rumour suggests **Meghan** and **Harry** may not be the happy couple they appear to be and that their baby will only add to the pressure on their marriage. A commentator said **Kate** and **William** had a lot of time together before they married and were 'secure' and this was 'not the case with **Meghan** and **Harry**'.

S... IS FOR SUCCESSION
PRINCE HARRY is currently sixth in line for the throne behind his father, brother, **Prince George**, **Princess Charlotte** and **Prince Louis**. His child will bump **Prince Andrew** out of seventh in line.

T... IS FOR TITLE
ACCORDING to the Letters Patent issued by King George V in 1917, the new royal baby will not go by prince or princess. The rules state that only the oldest grandson (**Prince George**) of the heir apparent (**Prince Charles**) gets that privilege, but the Queen made an exception to give siblings **Princess Charlotte** and **Prince Louis** titles as well. **Harry** and **Meghan Markle's** child would instead go by Lord or Lady [First Name] Mountbatten-Windsor.

U... IS FOR UMBILICAL CORD
HARRY plans to follow in the footsteps of **Prince Charles**, the first royal dad to be present throughout the labour – although whether he'll cut the cord is likely to forever remain secret.

V... IS FOR VICTORIA
AFTER delivering seven children without any anaesthetic, Queen Victoria was more than willing to try the latest drug available to ensure the pain-free birth of her eighth child: chloroform.

W... IS FOR WARNING
A WEIRD warning at that! Psychic twins **Linda** and **Terry Jamison** claim the late princess **Diana** has spoken from beyond the grave, urging **Meghan** 'not to be like her' and to watch out for family members 'instigating trouble' following the birth of her child.

X... IS FOR XX OR XY?
DESPITE reports to the contrary, it is now thought that **Harry** and **Meghan** do know the sex of their baby – they just aren't sharing the news publicly.

Y... IS FOR YOGA
MEGHAN is a lifelong yoga devotee and grew up doing 'mommy-and-me yoga' with her yoga teacher mom. Even through pregnancy, **Meghan** has kept it up.



Z... IS FOR ZODIAC
ASSUMING Baby Sussex comes during the expected window, he or she will be a Taurus (between April 20 and May 20). The queen and little **Princess Charlotte** are also Tauruses.



#peoplespotted



**RAY
DOG-NOVAN?**

PUPPY LOVE

BY MATTHEW HOLLAND

HERE at **people** there's one thing – and only one! – better than star gazing, and that's star gazing with poochies. In actual fact, at times like these we're not even sure what we're more struck by: the celeb or the celeb's pawsome four-legged co-star (but we're leaning toward the latter). Take these two scenes, for instance. We love us some *Ray Donovan* actor **Liev Schreiber**, who was spotted having a bite to eat in New York; and the same goes for **Ireland Baldwin**, who was seen taking a leisurely stroll in a park in Los Angeles. But we really had eyes almost exclusively for their canine companions. **Liev's** scruffy little scamp was giving us all of the feels, and when we saw **Ireland's** little Dachshund, we were close to overdosing on their pawdorableness.



**NECESSARY
ACCESSORY:
PUPSE AND
DOOGH!**



PARIS
JACKSON has
denied she
attempted
suicide
recently.

BEHIND THOSE *Blue Eyes*

BY VANESSA PAPAS

IF you or someone you know is suicidal, contact the The South African Depression and Anxiety Group – Africa's largest mental health support and advocacy group – at (011) 234-4837, or the emergency number at 0800 12 13 14.



Paris and Gabriel Glenn

SHE has explicitly denied taking a razor to her wrists but a statement by the Los Angeles police puts Paris Jackson in the centre of an attempted suicide drama.

Whether the rumours the starlet tried to take her own life are true, Paris seems to have a cloud of doom following her every move.

Behind those piercing blue eyes, immense success and positive imprint on the fashion industry is a soul tormented by depression and anxiety, and Paris admits she's always harboured intense self-hatred and a

disempowering sense of low self-esteem. There were many times she believed she was not worthy of living anymore.

The daughter of one of the biggest pop legends the world has ever seen, Paris has forever been the centre of controversy,

with the latest breaking news hurling the 20-year-old back onto the front pages of tabloids. Reports say the starlet slashed her wrists in her Los Angeles home in March. Ambulance

personal – without actually revealing the patient's true identity – alluded to suspicion that Paris had tried to commit suicide by cutting her wrists. Reports say she lost a 'substantial amount of blood' and had to be rushed to the emergency unit. Paris however, has said the rumours are 'bulls*it', and was seen just days later out on the town in West Hollywood with her boyfriend, The SoundFlowers bandmate Gabriel Glenn.

Once word of her apparent hospitalisation broke, Paris responded to a since-deleted repost from *Real Housewives* star Bethenny Frankel, writing, "Lies, lies, lies, omg and more lies."

The alleged suicide attempt came just days after Paris reportedly watched a harrowing exposé that revealed sordid secrets about her late dad, Michael Jackson.

Leaving Neverland aired in March; directed and produced by British filmmaker Dan Reed, the documentary covers the time of Michael at the height of his stardom, focusing on two men, Wade Robson and James Safechuck, who allege they were sexually abused as children by the pop icon. It also examines the effects on their families.

At the time of the abuse Wade and James were aged seven and 10. They are now

both in their 30s. When allegations first emerged that Michael had abused several children at his Neverland Ranch he denied the claims, yet even his sister La Toya at the time said there was overwhelming evidence that he was a paedophile.

"I cannot and will not be a silent collaborator in his crimes against young children. Forget about the superstar, forget about the icon. If he was any other 35-year-old man who was sleeping with little boys, you wouldn't like this guy," she said.

La Toya claimed Michael had paid large amounts of money to his victims in exchange for their silence.

In a 2005 trial, however, Michael was acquitted on 10 felony counts, including four counts of child molestation and one of attempted child molestation.

Meanwhile, The Michael Jackson estate has filed a lawsuit against HBO, TV network that aired the documentary, saying *Leaving Neverland* violates a deal to not disparage the singer.

The documentary is yet another thorn for Paris, who has, despite the glitz and

glamour of a Hollywood lifestyle, never had it easy. Even before she could walk Paris was the centre of numerous rumours apart from those concerning her dad's alleged insatiable attraction towards young boys – mostly around her real paternity.

Named Paris-Michael Katherine Jackson, she was born to Michael and Debbie Rowe on April 3, 1998.

Debbie, a former nurse, said that she became involved with Michael shortly after he divorced his first wife, Lisa Marie Presley. At the time Debbie worked at a dermatology clinic run by the renowned skin specialist Dr Arnold Klein. Michael was a frequent client at the clinic, undergoing treatment for a skin disorder known as vitiligo, which results in white patches on the skin. He had apparently been a client for 15 years prior the relationship he began with Debbie.

Just three months after his divorce the two married. But the couple's relationship did not last after the birth of Paris. They divorced and Michael was awarded full custody.

"Michael was divorced, lonely and wanted children. I was the one who said to him, 'I will have your babies.' I offered him my womb – it was a gift," said Debbie. It was something I did to keep him happy."

As soon as tabloids tired of focusing on Paris' paternity, they turned to the young star's fight with depression and anxiety after her dad died when she was 11. "They always say, time heals. But it really doesn't. You just get used to it. I live life with the mentality of 'Okay, I lost

the only thing that has ever been important to me.' So, going forward, anything bad that happens can't be nearly as bad as what happened before," Paris said.

At the age of 14 Paris claimed she had been sexually molested by 'an older man' whose identity she refused to make public.

"I don't wanna give too many details. But it was not a good experience at all, and it was really hard for me, and, at the time, I didn't tell anybody," she said.

A year later, in 2013, Paris was addicted to drugs and suffering depression when she tried to kill herself at age 15.

Then came a fresh new wave of rumours circling around Paris' sexuality, with claims she was bisexual.

"Everyone has known for years I came out when I was 14; and how many times have I publicly referred to the community as 'my fellow LGBTQ+'? Like, even on stage. I've been a part of the community for years. I even mentioned having crushes on girls when I was eight in a magazine before. I've been caught kissing girls in public."

Paris says that despite having always been honest about her actions and feelings her life has always been a target of smear campaigns, with the latest suicide report yet another example of how Hollywood is trying to discredit her. Whether myth or fact, Paris is adamant she is the happiest she has ever been in her life.

"There's no meltdown, no 'losing my mind' or being demanding of anyone. Please don't believe what you read. I've said it before, and I'll say it again: I'm the happiest and healthiest I've been in a long time."



La Toya Jackson



Dan Reed



Wade Robson and James Safechuck

Debbie Rowe and Michael



Harvest Haute Couture

WHO doesn't like some colour to their look? It's a bag full of happiness, playfulness and fun. It brightens a mood and adds a vibrant touch to your look. But can you get away with wearing it for autumn? Yes, of course you can! This year colour is seasonless and you can inject it in whatever way you want.

Tip

PRIMARY colours are having their moment so join in, but break it up with white accessories or casual and edgy pieces such as flared crop pants or funky stilettos.

STYLIST: SUZY MUKENDI
FASHION ASSISTANT: DENEAL FLORENCE
PHOTOGRAPHER: BRENDA TAYLOR

Jersey: R110.99, Mr Price
Hoops: R199, Accessorize
Jeans: R629, H&M
Heels: R1 999, Castelo
Bag: R249, Cotton On



Tip
AVOID looking like a Christmas tree and don't pair red and green. Rather go for green in florals or create a mature and sophisticated look by pairing it with black or gold.

Tip
IF you aren't brave enough to wear pink then go for a lavender shade, between rose pink and light purple. This is the easiest way as a first-timer.

Top: R169, Cotton On
Dress: R299, Factorie
Necklace: R59.99, Mr Price
Bangle Pack: 170, Colette Hayman
Ring Pack: R499, Colette Hayman
Bag: Price On Request, R699, Colette Hayman
Mules: R3 299, Castelo

Top: R199, Cotton On
Skirt: R349, Factorie
Jacket: R499, Factorie
Heels: Price On Request, Castelo
Watch: R250, Factorie
Clutch: R290, Colette Hayman

Tip

THIS rich and intriguing colour is striking and powerful. Pair it with complementary colours such as lavender or yellow – or even better: metallic.



Top: R169, Cotton On
Jacket: R649, Cotton On
Earrings: R170, Colette Hayman
Shorts: R299, Factorie
Courts: Price On Request, Europa Art
Bag: R200, Factorie

STOCKIST: COTTON ON: (011) 883-5354 / KAREN MILLEN: (011) 784-2937 / EUROPA ART: (011) 883-5354 / CASTELO: (011) 883-8767 / H&M: 0860 690 707 / MR PRICE: 0800 212 535 / ACCESSORIZE: (011) 615-7755 / COLETTE HAYMAN: (011) 880-2134 / FACTORIE: (011) 217-6000 / CREDITS: HAIR/MAKE-UP BY: CARLI PRINSLOO - 083 216 6698 / LOCATION: FOOD LOVER'S MARKET FOURWAYS / MODELS: JENCEY - FABULOUSDOTCOM

Tip

ROMANTICISE this bold hue by wearing feminine pieces paired with neutrals.

FOOD LOVER'S MARKET

SHOPPING is as much about the experience as it is about the things you buy. At Food Lover's Market we have taken this principle to heart, re-creating the ambience of an old-fashioned marketplace in a modern theatre-of-food setting. We are situated on the corner of Witkoppen Road and Cedar Avenue in Fourways Mall.

HAIROLOGY STUDIO



SHOLENE FROM
HAIROLOGY - 083 230 9534

Jersey: R2 400, Karen Millen
Earrings: R199, Accessorize
Necklace: R200, Colette Hayman
Watch: R599, Cotton On
Skirt: R449, Cotton On
Sliders: R599, Cotton On

IN THE STREET



Hoodies



Autumn

CHIC items and inspiration for the new season.

AUTUMN is great because there's still a bit of time left to have fun with your summer outfits before things get chilly. But when they do, don't think that's your cue to ditch colour and go dark – quite the opposite, especially this autumn.

And if you're looking for inspiration, as always we say: turn to the streets! Where? Everywhere! London, Paris, Milan, Jozi – you name it, you're guaranteed to find the hottest trends and pieces to buy and wear now.

Joggers



Trench Coats



Big Sleeves



Neon Nights

BOLD colours for your best self.

FROM neon shoes to bright jumpers, be your brightest self with this collection of bold fashion choices that will make a statement as you step out in autumn.



Red Dress:
R159.99,
Mr Price



Three-
Coloured
Jumper:
R378, Next



Red Leather
Skirt: R129.99,
Mr Price



Trench
Coat:
R259.99,
Mr Price



Yellow
Trousers:
R475, Next
Yellow Blazer:
R814, Next



A-Line Neon Yellow
Skirt: R149.99, Mr Price



Red Sneakers:
R699, Superga



Hot Pink See-
Through Heels:
R549, By Public
Desire, Zando



Yellow Sandal:
R279, By
Utopia, Zando



Off-The
Shoulder
Yellow
Dress:
R179.99,
Mr Price



Pink Heels:
R599, By
Public
Desire,
Zando

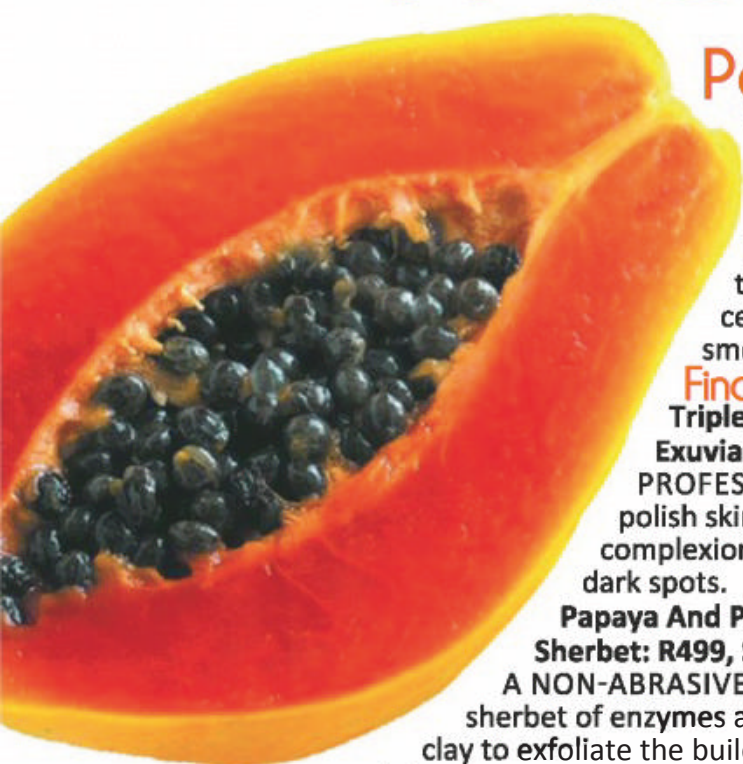


Green Heels:
R460, By
Miss Black,
Zando

STUFF YOUR FACE

THE best fruit-based ingredients for your skin.

FRUITS and veggies are part of a well-balanced diet. But did you know that apart from this, some fruits actually have properties that make it naturally good for skin? Some act as chemical exfoliators or moisturisers, which is why it shows up in skincare products, like peels and scrubs. It's obvious that our skin absorbs anything that it touches, especially creams, lotions and other beauty products. And reading the ingredients list of your favorite eye cream might alarm you. As an alternative, look out for these natural skin savers.



Papaya, Please!

PAPAYA contains an enzyme called **papain**; found in green unripened papaya, this helps with clearing pigmentation, repairing ageing skin, controlling breakouts and, most importantly, helping to dissolve impurities and loosen dead skin cells. The result? Brighter, even toned and smoother skin.

Find It In:

Triple Microdermabrasion Face Polish: R941, Exuviance

PROFESSIONAL-GRADE crystals help to smooth and polish skin to a gorgeous, silky softness for a brighter complexion with a reduced appearance of pores and dark spots.

Papaya And Pineapple Sherbet: R499, Skoon.

A NON-ABRASIVE sherbet of enzymes and clay to exfoliate the build-up of dead skin cells and debris. It's an excellent free radical scavenger and topical cellular renewal agent.



TIP
PAPAYA doesn't need to be processed in order to work. Simply mash the pulp of a papaya and apply it to the skin, leaving it on for 20 minutes.



An Apple A Day...

APPLE is a natural astringent that can reduce the appearance of large pores in oily skin types. It's tightening properties make it perfect for rejuvenating ageing skin. Rich vitamin C content can also help clear up the appearance of acne.

Find It In:

Green Apple Peel Full Strength Exfoliating Mask: R975, Juice Beauty

JUICE BEAUTY'S Green Apple Peel Full Strength Exfoliating Mask will reveal your brightest complexion using malic acid from green apple peels. Alpha and beta hydroxy acids supply a spa-grade microdermabrasion which reduces the appearance of lines, wrinkles and dark spots. The Green Apple Peel Full Strength Exfoliating Mask rounds out the treatment with vitamins A, C, and E.

Night Serum: R 820, Dr. Hauschka

AT night the skin does not need to be protected from outside influences; instead, while we're resting, the skin begins its important task of self-regeneration, cell renewal and eliminating metabolic wastes. The formulation with apple fruit hydrosol and apple blossom extract supports the skin's natural rhythms while guiding it through its essential night-time work.



Can We Do Kiwi?

A HUMBLE kiwi can assist in clearing and moisturising skin. How? It is a rich source of vitamin C, which targets the appearance of skin discolouration and age spots. If your skin is dull and pigmented, this fruit is for you.

Find It In:

It's Real Squeeze Kiwi Mask: R25, By Innisfree, EyeSeeHue

THIS triple-layer sheet has a long-lasting moisturising effect so that the essence can gradually be absorbed into the skin. The Jeju green complex consists of green tea, tangerine, cactus, camellia leaves and orchids to keep your skin healthy.

White Brightening Even Tone Cleanser: R672, Elemis

A LIGHT foaming cleanser that gently removes impurities, reduces the appearance of excess oil and gives a super-clean and mattified complexion, removing excess dirt and oil.



Saint Barthélemy

THIS chic island with its gorgeous beaches, glitzy nightlife and designer boutiques is a little slice of France in the Caribbean that all celebrities flock to. It's always filled with mega yachts owned by stars like **Leonardo DiCaprio**, **Beyoncé** and **Jay-Z**, **Pippa Middleton** and **Alessandra Ambrosio**. When they want a bit of a time out from the fast-pace life of Hollywood, they chill out on the white sands and do some retail therapy at the designer shops on this glamorous island.



WHERE THEY DRINK

• THE décor and vibe of Le Papillon Ivre is casual and warm and there's no strict dress code, which is amazing for the stars if they just want to relax. The wine list is all French and stars enjoy everything from Chinon and Châteauneuf-du-Pape to Vouvray paired with cheeses like Tomme de Savoie and truffled Brie.



HOW THEY DINE

• BAR DE L'OUBLI is a favourite breakfast spot has been the scene of many celebrity sightings. From the **Kardashians** to high fashion model **Karlie Kloss**, this popular place is crawling with A-listers enjoying delicious morning meals. Enjoy a platefull of fluffy pancakes, served with a side of glamorous celebrity.



WHERE THEY STAY

• LA BANANE, a former boutique hotel turned into private luxury villa, boasts European furniture, a large swimming pool and most of all, exceptional privacy. Tall palm trees and walls shield high-profile guests – a must-have for a family like the **Kardashians**, who have been spotted there a few times.



WHAT THEY DO

• **NIKKI BEACH** is the ultimate luxury beach club. Experience music, gourmet food, living art and avant-garde fashion overlooking the warm white sands and crystal blue waters of the beach. Celebrities like **Beyoncé**, **Mariah Carey** and **Gwen Stefani** have been spotted here.



KNOW more about
the exercises you do.

PICS: FOTOLIA

Splurge On A Trainer

Let Social Media Get You Into Shape

WHILE you should consult not just a fitness expert but a medical professional (if need be) when starting something new, there are also many posts on social media about fitness to help you along. Make sure you follow a well-known dietician or fitness trainer, who provides correct information about your journey – and hopefully supplies a bunch of motivation too. From Instagram to Pinterest, there are reams of information and inspiration to help you get started, and hopefully addicted (in a healthy way, of course!).

If you can, that is. If you're looking to shed some weight or just get into better shape, it's always great to have someone push you – mentally. While personal trainers can be pricey, if you have the cash, splurge a little. They will not only design a specific training programme for you, but they will help familiarise you with a range of equipment and movements. And once you're on your way to getting those toned abs, and if you feel confident to continue alone, do so.

Educate Yourself

THE best way to get into shape is to get your mind trained too. Don't just drop the kettlebell exercises – find out how to do them correctly, how many you should be doing to start out and how you'll benefit from doing them. Knowing more about your fitness journey will help you achieve those goals!

JOIN A FITNESS CLASS

RUNNING on the treadmill isn't for everyone. Some people need motivation and, well, fun – and the best way to enjoy a workout is in a class full of people longing for the same things as you are. From spinning to yoga or Pilates, join a class and watch how fast you see results. Enjoying your workout is just as important as actually doing it. Plus, you might make some fabulous friends in the process.

Get More Results

HERE are some tips to help you get more results at the gym:

1. **Train Less:** That's right, over-training doesn't mean better results. Listen to your body and get in enough exercise – only what your body needs.
2. **Mix It Up:** Don't get into a set routine. Sticking to the same programmes or machines won't help you get into shape. Your body needs change; doing the same thing over and over again will stop your fitness level progressing.
3. **Lift Heavier Weights:** No ladies, you won't bulk up. You need weights to help burn those calories. Cardio isn't the only answer.
4. **Change Your Diet:** Abs are made in the kitchen, remember? While you need to burn off calories to shed the kilos, you also need to follow a healthy eating plan. Experts believe that it's 80 percent what you eat and 20 percent how you move.

Get Fitness Ready

Yoga Mat:
R249,
Cotton On

Water Bottle:
R299.99,
Cotton On

Belt Bag:
R199,
Cotton On

Take
Note!

Go To www.peoplemagazine.co.za
For More Health News...

WHAT IS SINUS?

SORT that sinus out, and stay hydrated this autumn.



SINUS problems take place when too much mucus builds up in the cavities behind your face. This causes one or more of these cavities to become swollen or inflamed. For some – especially those with asthma or allergies – it occurs regularly and can lead to pressure around the nose, bad-tasting postnasal drip, headache, exhaustion, or other symptoms.

Coping With Sinusitis

GOT the sniffles? Bet it's making your day-to-day duties really difficult. There are ways to deal with sinusitis, though – and naturally, too. Everydayhealth.com shares some tips to help those sinus sufferers out there, especially as the season changes.

- 1. Heat Up (Or Steam Up) Your Face:** This is one of the most effective home remedies out there. Inhaling steam will help open up the passageways and soothe the sinus tissue, say experts. So whether you stand in the shower while it's running, or boil a pot of water and tent a towel over your head as you lean over the pot, make sure to try this method out before hitting the pharmacy.
- 2. Irrigate Your Sinuses:** Find out about nasal washes or a nasal douche and get started immediately.
- 3. Hit A Yoga Class:** Yep, it seems yoga is good for just about anything. Experts say the exercise programme could help you feel better – a supported yoga pose where your head is elevated will help you feel better without putting too much pressure on your sinuses, claims Leslie Kazadi, a certified yoga therapist who teaches around Los Angeles and online.
- 4. Stay Hydrated:** Experts say drinking liquids will help ease sinus pain and loosen congestion. When you're hydrated you decrease the thickness of sinus mucus so it flows easily, explain medical professionals, who add that when you're blocked up you should also stay away from caffeinated or alcoholic drinks.

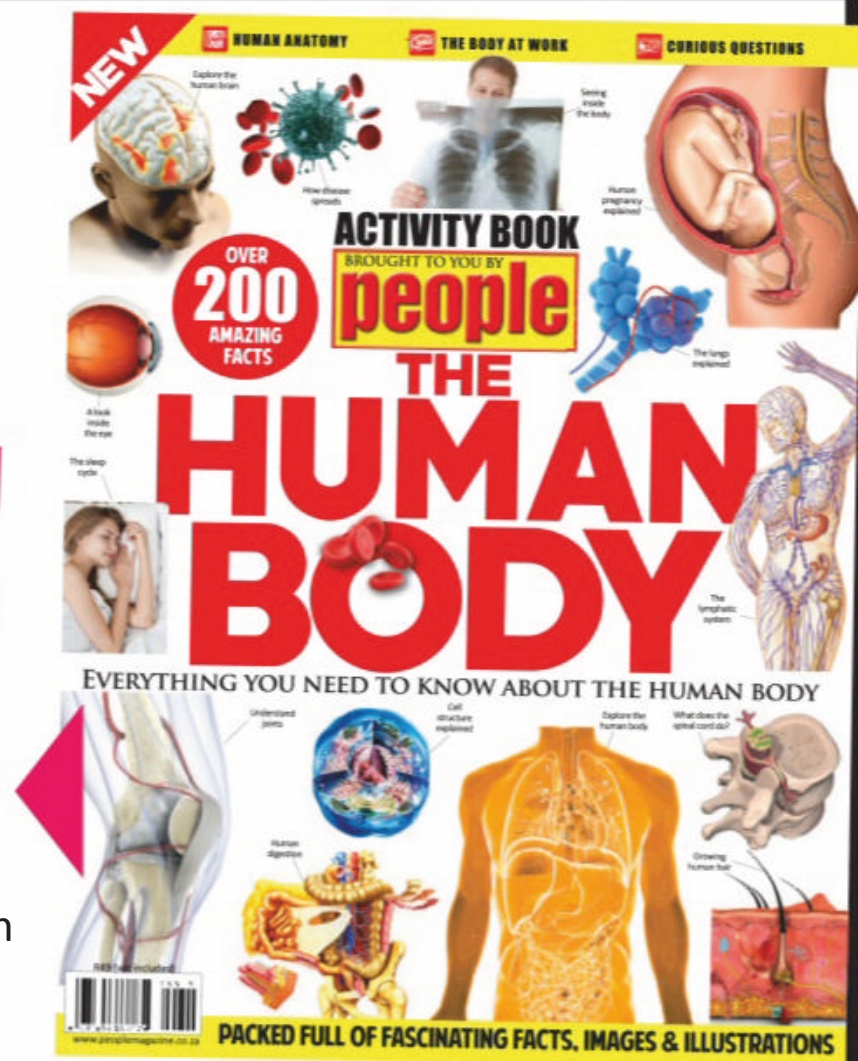
TIP

IF natural remedies are not working, make sure to consult your doctor – you might need something a little stronger.

ON SALE NOW!

DID YOU KNOW?

'BORBORYGMI' is the scientific term for stomach rumbles.



Stimulate Mind & Body

EXERCISE isn't just for fantastic abs.

THERE are so many ways to get the body and the mind into gear. Here are some to try out this week:

- 1. Gardening:** While it's a light form of exercise, gardening is a great way to burn some calories and stay in shape. Plus it helps keep the mind active and happy. Did you know that gardening develops muscular strength and cardiovascular fitness? Plus, while it burns calories, it also has a calming effect on you which helps relieve tension and distract you from current worries. You're also gaining more by being outdoors – a little vitamin D is great for everyone.
- 2. Stand-Up Paddling:** This is a great way to tone those arms as paddling strengthens the upper body muscles, but it's also a relaxing workout, where the body and mind calm down thanks to the scenery and motion. (And just to get you more excited, it's a great way to work on those abs!)
- 3. Bush Walking:** This is a fabulous way to tone the whole body – from your thighs to your calves, and your brain. Bushwalking is a great way to burn calories, as well as help you de-stress and stay calm, even if it's just for the duration of the walk. The sunshine, the trees



and the bird life is a perfect way to take things slow and forget about things for a little while.

- 4. Cycling:** Yes, it is one of the best ways to stay fit and healthy, but it's also a fantastic way to just switch off from reality

- for a while. While some enjoy it as a hobby, and others take it to extreme lengths, it has benefits for both beginners and advanced. Experts explain that the rhythmic movement of cycling can distract your mind from cares and worries while you take in the sights and enjoy the scenery and fresh air.
- 5. Tennis:** What a fun way to stay healthy from head to toe! It's enjoyable, it's social and it has a bunch of health benefits such as keeping you fit, teaching you how to stay focused and relieving stress. Who knew hitting a little green ball could have so many, er, *advantages*, right?
- 6. Yoga:** We know that yoga is great for body and mind, but do you know why? Not only does it help tone your body in a calm and relaxing atmosphere, but a little yoga session a week could keep you calm and controlled too, say experts. Yoga has been dubbed the ultimate mind-body exercise – for young and old.

Build Powerful Shoulders Like *Brie's*

ACTRESS Brie Larson took her audience by surprise when she transformed for her role as Carol Danvers, aka Captain Marvel.

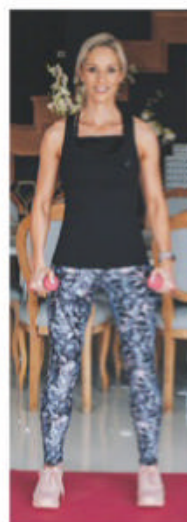
* **Lift Heavy:** Brie doesn't buy into the myth that weights make you bulky. The blonde actress proudly lifts large weights, managing to deadlift over 100kg, and is still as lean as she is strong.

* **Stay On The Up And Up:** Upper body that is. While many women dedicate most of their workouts to the lower body, Brie focuses on building upper body strength. Her tough upper body workouts include weighted push-ups and pull-ups.

* **Play The Long Game:** Not only did Brie start training for her superhero role nine months before filming began, she continued the same workouts after the movie wrapped. Real, long-term change only takes place after months of consistency.

1 Horizontal Shoulder Rotators

STAND with feet apart and weights in both hands. With elbows tight at your sides, start with your hands turned in towards opposite elbows. Keeping arms parallel to the ground, turn your hands out as far as you can, then draw them back in to your starting position. Aim for three sets of 10-16 reps, or until failure on your last two reps.

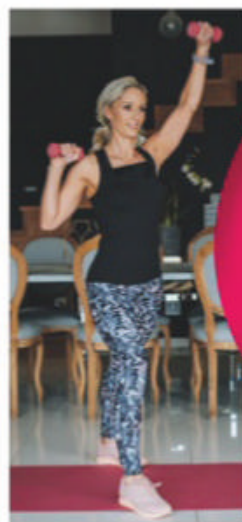


2 Shoulder Raise

STAND with feet apart and hands at your sides, holding weights. Keeping arms straight, but not locked, raise them up to shoulder height. Pause for a moment then lower back down to your starting position. Aim for three sets of 10-16 reps, or until failure on your last two reps.

3 Single Arm Shoulder Press

STAND with weights in both hands, held at shoulder height. With one foot put forward for balance, press one hand strongly above you. Pause for a moment then draw the hand back down to your starting position and repeat with the opposite hand. Aim for three sets of 10-16 reps, or until failure on your last two reps.



SEND Lisa your questions. E-mail people@caxton.co.za and write 'Fitness' in the subject line. www.lisaraleigh.co.za | lisa@lisaraleigh.co.za | Lisa Raleigh Fan Page Facebook @LisaRaleighSA - Twitter LisaRaleighTV - YouTube

What's In Her Bag?

BY CARLI PRINSLOO



Deana Tan Saddle Bag: R399, Forever New

Old Hair, Don't Care

BRIE is no stranger to dry shampoo. A full three days after she debuted a sleek and touchable 'do on the Golden Globes red carpet, she still rocked the same look. "I'm feeling pretty confident I can stretch this look a few more days."

Dry Shampoo Plus Nourish & Enrich: R85, By Batiste, Clicks



Spot Of Bother

BRIE has been candid about her skincare struggles, admitting that she has had acne issues in the past. Posting a photo on Instagram with a face full of pimple cream she comments: "When you're stressing/obsessing over a zit so you put on too much zit cream before bed and wake up to giant dry spot but you gotta get your photo taken anyway..."

Zit Zapper: R416, Skin Doctors



BRIE always looks marvellous!

WE counted down the days when we could see Oscar-winning actress Brie Larson save the day (and the Avengers) in the first female-led Marvel superhero movie, *Captain Marvel*. Now we're waiting for the next one! But until then we'll have to settle for looking at Brie's killer beauty looks and inspiring fitness routines. She's pretty low-maintenance, and this is no surprise, as she already has gorgeous skin and hair. But she does call in the help of some beauty products and professionals.



Lifting Lady

THE 29-year-old actress physically trained for nine months to prepare for the Marvel heroine. And by the end she could deadlift over 90 kilograms, plus hip-thrust over 180 kilograms – wow!

Soft Touch Set: R549, By Trojan, Makro

Glow Getter

SHE always packs her Healthy Glow Luminous Colour bronzer by Chanel. For a lightweight result, apply with the half-moon brush. Sweep onto the entire face with wide movements,

from the middle of the face outwards. To sculpt prominent areas, use the tip of the half-moon brush. Sweep over the top of the forehead, the chin and the bridge of the nose.

Healthy Glow Luminous Colour Bronzer: R910, Chanel



Knockout Pout

MOST often Brie's make-up is subtle and soft, but she loves dressing up her face with a powerful lip colour. Keep a lip palette with multiple colours in your bag for a quick lip update.

Pro Lip Cream Palette In The Pinks: R214.95, NYX



Super Tip

HAIR pro Sarah Potempa shared a photo on Instagram of Brie on the red carpet, explaining exactly how she often styled the actress's hair: "One of my favorite tips... spraying my on-set styling brush with hairspray and brushing through. Then I spritz the flyaways and roll the can over to lock them down." She basically uses the hairspray can as a rolling pin for flyaways!

Hair Lacquer: R260, Muk



Recipe
BY VERA FOURIE



Brie's Beef Lasagne

INGREDIENTS

30ml Vegetable oil
2 Onions, chopped
2 Garlic fingers, chopped
1kg Beef mince, slightly fatty
5ml Dried herbs
Quarter cup of wine
15ml Worcestershire sauce
15ml Tomato paste
1½ Beef stock cubes in 375ml boiling water
12 Lasagne sheets
120g Grated mozzarella cheese
90g Butter
95g Cake flour
1 Litre of milk
Salt to taste

METHOD

Beef

PREHEAT your oven to 180°C. Heat the oil in a large saucepan and fry the onions and garlic until cooked (about three minutes). Add the mince and brown, stirring occasionally until there is no more red in the meat. Next, add the herbs, Worcestershire sauce, tomato paste and stock and simmer for 30 minutes.

White Sauce

MELT the butter in a separate saucepan and add the flour; whisk in the milk and simmer for 20 minutes, seasoning with salt and pepper.

Assembly

SPOON one third of the mince into the bottom of an oven dish and top with three sheets of lasagne; add another layer of mince, and top with half of the white sauce; add another three sheets of lasagne before spooning in the rest of the mince and then the rest of the sauce. Sprinkle the grated cheese over the lasagne and place in the oven for between 45 minutes to an hour.



DEALING WITH YOUR PARTNER'S *Insta-Lurking*

WHEN your significant other's social media use is affecting your self-esteem, you've got a problem. But do you have a right to be annoyed?

BELLA, 27, was sitting on the couch watching a movie with Sam, 26, her boyfriend of three years, who was absent-mindedly scrolling through his Instagram feed. Out of the corner of her eye, Bella spotted something that set off her alarm bells: Sam was low-key staring at a shot of a gorgeous brunette Bella didn't recognise, rocking a short skirt and impressive cleavage.

A quick grilling revealed her identity: **Eiza Gonzalez**, the sultry 28-year-old Mexican actress and singer who played a sexy criminal in *Baby Driver* in 2017. For some reason, Sam's newfound enthusiasm for Eiza's 'acting talents' didn't sit well with Bella.

"I just felt like it was so random that he'd searched out this new chick and followed her in the time we'd been dating," Bella says. "I found it weird because she looks nothing like me, and her brand of sexy is very overt – short skirts, make-up and cleavage – the opposite of what I thought he found attractive."

Then, when going through Sam's Instagram follows to find a mutual friend (with his permission) Bella saw a

number of unexpected names popping up.

"All these girls were appearing, like **Hailey Baldwin**, **Gigi Hadid** and **Kate Upton** – people he'd never talked about in his life. I asked him why he followed them and he said, in a joking tone, 'I like their

movies.' Obviously **Gigi Hadid** has never been in a movie."

Bella also spotted **Emily Ratajowski** – a popular choice for Insta-dudes – on Sam's follower list and admits to covertly unfollowing her on his behalf.

"It's not something I worry about in the practical sense, he's not the kind of guy who'd stray and there are no real-life girls he talks about. But I didn't think it was his thing – all those girls are the opposite of me," she says. It was clear to Bella that her boyfriend was engaging in some classic Insta-creeping. It's not cheating, so why does she care? And does she have a right to?

According to Dr Loral Mayberry, a sexologist at Curtin University In Australia, this is a completely normal reaction and, depending on your relationship, may even be an acceptable one.

"It can make you feel inferior," explains Dr Mayberry. "Who's going to live up to those images? And it's not just for females; males can feel that pressure too."

But exactly how you react to seeing your partner zooming in on a pin of **Em Rata's** booty depends on the type of attachment you have.

"Attachment is like the 'felt security' you have in your intimate partnerships," Dr Zoe Hazelwood, a clinical psychologist and senior lecturer at Queensland

University of Technology, explains.

Unfortunately, you don't get much of a say in the type of attachment you possess – most of it comes back to early caregiving experiences – but it plays a huge part in your present responses.

"A securely attached person will probably notice their partner noticing someone else but may not necessarily be concerned. They are secure in themselves and they don't automatically view their partner's behaviour as a threat to their wellbeing or their relationship," Dr Hazelwood says. "On the other hand, if we are talking about someone who is insecure (or anxiously attached), it's possible this person would have a different reaction. This person may actually be quite distressed by their partner's actions."

Joe, a 48-year-old lawyer, says this kind of reaction contributed to the breakdown of his two-year relationship with his ex-girlfriend. He was following what he deemed 'a slew of Insta models' and his partner got upset. At the time, Joe says he was defensive. "My frustration was that I wouldn't have had any problem with her following ripped guys, and was resentful about the suggestion it wasn't something a faithful boyfriend does," Joe says. But since his split, Joe admits his viewpoint has changed. "Looking at it now, I think if someone follows someone simply because they want to stare at their body, rather than because they like them as a musician or

an actress, it's entirely reasonable for a partner to request you stop following them and you're a bit of a **douche** if you strenuously object to

that request," he says. "To my mind perving on Insta models is no different to watching porn alone while in a relationship. I don't think it's being unfaithful but it could be symptomatic of something physically lacking in your relationship, and you're more likely to get in trouble because it's public."

While we applaud Joe's self-reflection, there is no right or wrong way to feel or react to this situation. It depends on your unique relationship and, as always, communication.

"So often people in relationships assume their partner thinks the same as them," explains Dr Mayberry, adding, "Some partners regard [Insta stalking] as infidelity, it's all about what constitutes infidelity to you. It's important to feel comfortable saying you're uncomfortable."

Much like the consumption of porn, Dr Mayberry says social media has given people unrealistic expectations about relationships, sexuality and attraction.

"It has a huge impact because they're given a whole lot of messages about things like their body and what it should look like," she says. "Especially for young people that don't have the skills to be discerning."

And don't ever worry that you're being controlling. That ball-and-chain stereotype needs to be kicked to the curb.

"Everyone has the right to express how they feel," says Dr Mayberry. It's just a matter of knowing your limits, picking your moment and expressing yourself in a respectful way.

"If your partner became obsessive about it or was always looking at it, that's a concern because it's taking time and effort away from you.

And if they're consuming it in a degrading way, that's obviously also a problem."

If you raise it, try turning a negative into a positive. Dr Mayberry suggests something along the lines of 'I love it when you say nice things about my body and how I turn you on, it just makes me feel a bit uncomfortable and confused when you look at those images that don't look anything like me, can we talk it out?'



ROMANCED ONTO

Death Row

THE grandmother who dated her way to death.

MARIA EXPOSTO knew it was risky to flirt with a man online, but she didn't imagine it would land her a death sentence.

Last Christmas Maria Pinto Exposto lay down to sleep on a yoga mat in a cell in Kajang Prison, Malaysia, more than 6 500 kilometres from her four sons and three grandchildren in Sydney, Australia.

She has lost 20 kilograms since she was jailed four years ago and survives on the meagre amount of food she can afford with money her family sends each month. Life has been bleak for the former social worker, who was sentenced to death for drug trafficking last May. But for the first time in a long time, Maria has been sleeping a little easier.

On October 10 the Malaysian government announced plans to abolish the death penalty, so even if Maria loses her appeal, she has hope that the law will change and she won't be hanged. Yet the threat of life imprisonment still lingers. The court has yet to decide if Maria wilfully attempted to transport drugs from Shanghai to Melbourne, or if she was the innocent victim of an online romance con, perpetrated by a man who called himself 'Captain Daniel Smith', who convinced Maria he loved her during what she believed was a two-year relationship.

"My world just collapsed," Joana says of the day she learned her big sister 'Bella' had been arrested. She called Maria 'Bella' because she was beautiful and a little bit vain. Maria is also known as 'the Princess Diana of Cabramatta' because of her charitable heart. "She is a beautiful person," Joana says, but also 'too trusting' and 'naive'. "What can I say? She's my sister. I miss her terribly. She was just a simple woman."

On December 7, 2014, Maria was transiting through Kuala Lumpur airport, en route to Melbourne from China, when she accidentally went through immigration. She had with her a backpack that she had collected in Shanghai from a man who was a stranger to her.

Maria had allegedly been told that Smith was leaving the military and needed her to pick up his discharge papers and bring them back to Australia, freeing them to marry. When Malaysian customs officials searched her bag they discovered 1.14kg of methamphetamine sewn into the lining. Maria was arrested and charged with drug trafficking. Her lawyers argued at trial that she was the victim of romance fraud and was an unwitting mule. The judge agreed, and Maria was acquitted. But prosecutors did not accept the verdict.

Deputy public prosecutor, Muhammad Azmi Mashud, appealed against the judgement, saying that by agreeing to carry the bag to Australia, Maria had committed an act of 'wilful blindness'. The appeals court sided with the prosecution and overturned the acquittal. There was only one penalty: death.

SOURCE: EPA / MAGAZINE FEATURES

Take Note!

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For More Real Life...

Continues on page 26-27

Page 25



In May last year Maria was sentenced to hang. She was taken to Kajang Prison to await her appeal and it was there that she heard the news the death penalty was being overturned. For her family, waiting at home in Sydney's western suburbs, it was a welcome reprieve, but with so much uncertainty, they are all still on edge.

Maria's sister has faith in her innocence.

"She was very naive and gullible, but drugs... my sister's never done drugs," Joana says.

"She was pregnant at the age of 16. She was a mom – a wife and a mom."

Joana cries as she contemplates her sister's fate. The pair has always been close. In September 1985 they migrated from East Timor to Australia, where they lived together with their children in a two-bedroom unit in Balmain. The sisters raised their brood of children together in a cramped but loving and industrious home. When Maria had her fourth child, a boy, she made Joana godmother.

"She'd take the clothes off her back to ensure nobody went without," Joana says. "You have no idea how many people she helped."

When her own children were grown up, Maria found employment in East Timor as a social worker. She returned to Sydney after her husband had a heart attack, but the marriage was on the rocks, explains Joana. It is around this time that Maria is alleged to have started chatting online to 'Captain Daniel Smith'. She believed herself in love, according to reports filed by Agence France-Presse.

'SHE believed herself in love, according to reports filed by Agence France-Presse.

"He [Smith] made me feel loved, he made me feel wanted."

"He [Smith] made me feel loved, he made me feel wanted," Maria told the court, adding that the alleged US serviceman would send her photos of himself. "Smith would sing to me a few times a day and send love poems as well," she added. Her defence team says she travelled to Shanghai at his behest, having been groomed by a criminal syndicate that had created a false identity to seduce and ensnare her. Malaysia's Federal Court will soon decide whether it accepts this or not.

Melbourne University cyber-psychology specialist Monica Whitty gave expert testimony during Maria's trial. She can't comment directly on Maria's matter while it remains unresolved, but she spoke about the chilling criminal trends that have emerged as real life and online life become increasingly intertwined.

Online romance fraud was first recognised in

Exposto was arrested in Kuala Lumpur International Airport in transit from Shanghai to Melbourne on December 7, 2014, after she was allegedly caught with 1.5kg of crystal methamphetamine

cybercrime committed in Australia.

As the practice has become more widespread and sophisticated, the criminal syndicates behind them have grown bolder and more dangerous.

Professor Whitty cannot say how many people have been lured into drug trafficking in this way, but if Maria is found to be an innocent victim of such a con, she will not be the first.

New Zealand grandmother and public servant Sharon Armstrong spent more than two years in an Argentinian prison after she was caught carrying five kilograms of cocaine in a suitcase she believed contained documents belonging to her online fiancé 'Frank'. She now dedicates herself to supporting other romance fraud victims. Middle-aged women have been more susceptible to the traditional money-for-love romance scam, but as cartels have branched into drug muling, more men are being ensnared.

"It's really hard for people to understand unless you're immersed into the story and the narrative that's created," Professor Whitty says. "It seems unbelievable to people who don't get all the stages involved and how clever the criminals are at tricking the victims."

Sharon's story illustrates the lengths criminals go to. A former deputy chief executive of New Zealand's Maori Language Commission, she is not someone you would ever expect to fall for a fake online lover. Sharon is articulate, resilient and spirited. Yet in 2010, after she moved from New Zealand to Brisbane to be with her daughter and eight-year-old granddaughter, she was approached by a civil engineer on a dating website.

"I remember showing my sister and my daughter and they were like, 'Ooh, this might be worth following up'." Sharon says. "We

were all pretty excited at the start. He was a handsome man."

For five months the pair chatted and grew closer until they agreed that Sharon should travel to London to meet Frank. Before she left, he asked if she would do a little work for him as his PA. In the same breath, he said he wanted to marry her.

"He even told me he had seen a wedding dress in a shop window that he wanted to buy for me," Sharon wrote in her memoir *Organised Deception*.

Frank asked if Sharon could collect some documents on a stopover in Argentina where



**Lawyers of Maria Elvira Pinto
Exposto, Muhammad Shafee
Abdullah and Tania Scivetti**



Professor Monica Whitty

a woman named Esperanza would assist with the drop-off.

"When I got to Argentina they started changing all the plans and, suddenly, they're trying to tell me they wanted me to fly to Switzerland and catch a train down to Madrid and all sorts of stuff like that," Sharon says. "I said, 'I'm not prepared to do that,' and of course Frank the saviour came in and said, 'Nah, I agree with you honey, just come to London.'" Sharon

now believes that was all part of the scam. After 'Frank' came to her rescue when the 'company' was trying to get her to do something she didn't want to do, her trust in him was strengthened. She willingly went to collect a case of documents from a location not far from her hotel. On April 13, 2011, Sharon headed



Maria Elvira in custody

to Ezeiza airport to fly to London to meet the man she believed she'd spend the rest of her life with. Instead, customs officials opened her bag and revealed five kilograms of cocaine concealed in a false bottom.

She was strip-searched, fingerprinted and thrown in a holding cell in the airport. Most of her clothes were confiscated. She had no privacy to use the bathroom. Eventually she was shifted to prison.

"The blanket and the mattress in the cell were so filthy that I just lay on top of the blanket and put my cardie over me," she recalled. The next day, she was put in a cell with nine

other women. "We waited and waited. I was in the same clothes. No shower. I felt sick and disgusting."

The following months were spent in various prisons, which were often overcrowded, with nowhere to sleep but on the concrete floor or concrete benches. One of the cells held eight other women who all shared a pit toilet. Sharon was eventually sentenced to four years and 10 months in prison. Her lawyer immediately appealed against the decision. Prosecutors also lodged an appeal. While the legal process played out, Sharon remained trapped in jail, where her health deteriorated and she was bitten by cockroaches.

"[The appeal court] acknowledged in their roundabout way that I'd been set up, so they recommended a reduction in my sentence," she says. "I'm glad I was transited through a country without a death penalty."



**Sharon Armstrong with her book *Organised
Deception*, available from her site
www.sharonarmstrong.org**

Following her return to New Zealand, Sharon has become a source of information for desperate families who fear their loved ones have been taken in by an online predator. She provides direct support for families and individuals, and campaigns more broadly to change attitudes towards cybercrime. One of her priorities is changing the rhetoric.

"We're trying to move the language from romance scam to romance fraud to bring home that it's a criminal offence," she says. "As a society we're quick to victim blame. When I was arrested, headlines were saying things like, 'Senior public servant turns drug mule,' and 'How did a senior public servant get into this situation?' It was all about why, why, why was she so dumb and stupid? It wasn't about what's happening here ... It's easier to say, well, the stupid woman shouldn't have done it, rather than actually saying, that's a criminal offence. They mean to extort you. They don't love you."

As for Maria, the courts are yet to decide if she was one such victim. Joana is hopeful her sister will come home again.

Malaysian Justice Datuk Wira Mohtarudin Baki led the three-judge panel that overturned her acquittal, and his comments show that her fate is by no means sealed.

"There is one more round of appeal," he said at the time. "I wish you luck."

MEET THE MAGNIFICENT HARPY Eagle

ONE of the three largest eagles in the world.



The Harpy's claws are the size of a Grizzly Bear's

NO, it's not a person in a bird suit, nor is it fake news. The American harpy eagle is the real thing and a giant of a bird.

With a wingspan measuring up to 2.2m and standing up to a metre tall, this eagle is easily able to hunt sloths and monkeys, and its claws are the size of a grizzly bear's. It mates for life, and cares for its chicks for two years before they fly the nest. It was originally found all the way from southern Mexico down to northern Argentina. Sadly today, Harpy Eagles are facing habitat loss as well as being shot, making its conservation status, like so many animal species, 'near threatened'.



Take Note!

Go To www.peoplemagazine.co.za For More Animal News...



A 'Stable' Relationship...

ANOTHER case of strange BFFs.

AKOALA and some horses have proved best friends come in all shapes and sizes – after striking up an unlikely bond on an Aussie farm. Heart-melting video shows the curious koala strolling casually into the paddock in Coomera, Queensland, before receiving a warm welcome. Despite being dwarfed by his hooved hosts, the cuddly creature shows no fear – even planting an affectionate kiss on a sociable steed's nose. Babysitter Alma Mendo, 35, feared for the little explorer's safety when she spotted the horses' advance but soon realised they were gentle giants. Alma, originally from Mexico but now based in Brisbane, says, "At first I was worried when the horses got close that he might hurt him, but they seemed so friendly. At first the horses were definitely thinking, 'Who is this little guy

in our backyard?' But as soon as they came up they were so friendly, the koala even gave one a kiss."

The region's koala population has recently taken a huge blow due to a Queensland Government bid to relocate the Aussie icon's habitat to make way for urban developments. The loss of trees makes the rare encounter all the more remarkable – and Alma was well aware how lucky she was to witness the wildlife Down Under.



WE

OUR PETS



LET'S make your pet famous!
WE'RE sharing our favourite pet pictures with you every week! Send us a caption and your picture to gabrielleo@caxton.co.za.



Me with my pup,
King Vikas.
– Izwilenkosi



WHEN your dawg Sebastian
is a better OG than even
Snoop Dogg.
– Tamara 'T-Dogg' Debbie

ADOPT

Adorable Me!

THIS week we have gorgeous
furbids from Wollies Animal Project.

CALL Cilla on
083 339 1692 if one of us has caught your eye!
Please note, strict home checks and adoption
procedures will apply beforehand.



Akita



Archie



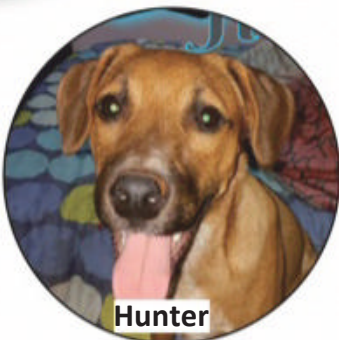
Bugsie



Dumbo



Hugo



Hunter



Kwid



Lala



Luke



Nosey



Patch 2



Patch



Rex



Timmy



Xena

TIPS ON ADOPTING A PET

BEFORE you adopt your furever furbid, make sure you have considered the following:

- * Do you travel away from home a lot?
- * Does your complex / neighbourhood allow pets?
- * Do you have a safe and secure home for the new addition?
- * Do you have the time and money to look after a pet?

- * Will you love and care for this animal its entire life?
- * Will the animal fit in with your other pets?
- * Ensure the breed is one that suits you and your family.
- * Do you have enough space for your furbid to exercise?

- * If you have kids take the appropriate safety measures
- * Adopt a rescue and don't support backyard breeders
- * Shelters always need volunteers, donations or funds. Consider helping even if you cannot adopt your own pet.

ARIES: Mar 21 – Apr 20

Your Week: In order to be really alive, you need to be alert and active; looking at life from the broadest point of view, so as to take and make opportunities. Make a practice of giving of your finest and utmost. You can beat your previous best.

Taken: Use your imagination to think up fresh ways to please your sweetheart.

Single: Good timing is necessary as it will enable you to make a worthy love match.

Lucky Numbers: 1, 13, 21, 30, 47, 49

TAURUS: Apr 21 – May 20

Your Week: It could work to your advantage to spread your energy and vary your interests. There are some particularly good opportunities if you hope to start up a business. With astute thinking and sound planning, you could soon be in the money.

Taken: You can draw the best out your mate through your affection and kindness.

Single: Move around and mix in new circles in order to forge valuable connections.

Lucky Numbers: 2, 8, 14, 15, 17, 29

GEMINI: May 21 – Jun 21

Your Week: The crucial thing is to know exactly where to halt the procession of thoughts through your head - and then to take control over and make capital of the idea that takes your fancy. You should succeed providing your notion is realisable.

Taken: Happiness in your love life keeps your mind off problems in other areas.

Single: Let your imagination guide you in finding ways to increase your popularity.

Lucky Numbers: 11, 12, 19, 32, 35, 42

CANCER: Jun 22 – 23 Jul

Your Week: Devote more time and energy to your family affairs. Set the good example by being responsible and dutiful. Sort out pressing matters before they become too complex. Create harmony in your home by treating others with greater respect.

Taken: Treasure your loved one. Nothing is likely to disturb your peace of mind.

Single: You can linger in a rut or you can set yourself on a promising social whirl.

Lucky Numbers: 3, 4, 10, 31, 40, 45

LEO: Jul 24 – Aug 23

Your Week: You have fate on your side, so you should be very much in your element during this round. You appear to have plenty of scope for successful self-expression and social advancement, with developments and events complementing your aims.

Taken: Do so thoughtfully when making plans for the future. Heed your mate's needs.

Single: Forget your cares in favour of enjoying some fun with your best friends.

Lucky Numbers: 10, 18, 23, 29, 33, 42

VIRGO: Aug 24 – Sep 22

Your Week: Bear in mind that a job well started is a job almost done - requiring only the finishing touches to make it profitable. A good flow of ideas and a systematic approach makes working life easier to negotiate. Be imaginative yet pragmatic.

Taken: A good time for solving partnership problems and making a new beginning.

Single: Enjoy a light and cheerful atmosphere. Friends may do some match-making.

Lucky Numbers: 1, 3, 16, 19, 20, 37

LIBRA: Sep 23 – Oct 22

Your Week: Encouragement from a top person should be seen as a good omen.

Structure your plans properly in order to get a clear run up to your goal.

Your efforts will be well supported if you also earnestly set about impressing the right people.

Taken: Be caring and considerate. Put shared interests ahead of personal aims.

Single: Your social prospects have improved so you should enjoy life a bit more.

Lucky Numbers: 2, 31, 38, 41, 46, 47

SCORPIO: Oct 23 – Nov 22

Your Week: Set about redoing, altering and transforming significant spheres of your life.

You have learnt important lessons and been greatly enlightened – and now know what should be done to effect overdue

improvements. Concerns can be resolved.

Taken: Your romantic relationship is the all-round winner during this session.

Single: You must get your feelings under control in order to make wise choices.

Lucky Numbers: 5, 12, 17, 22, 24, 34

SAGITTARIUS: Nov 23 – Dec 21

Your Week: So you want to go places and do things.

Travel is favoured if you have planned ahead. If not, do some serious thinking about it and make proper preparations for a really special journey.

Then you will have a fine goal to work towards.

Taken: This could be a happy and fulfilling round if you try to be more loving.

Single: Life should be quite varied and amusing. You may be socially successful.

Lucky Numbers: 6, 14, 26, 35, 43, 44

CAPRICORN: Dec 22 – Jan 20

Your Week: You can make very good headway by attending to your duties and fulfilling your obligations.

Go out of your way, if necessary, to strengthen your connections with people in authority. Positive self-projection leads to business success.

Taken: Enjoy a session in which understanding and generosity feature strongly.

Single: You can flourish romantically and socially so make time for having fun.

Lucky Numbers: 7, 9, 11, 25, 27, 48

AQUARIUS: Jan 21 – Feb 19

Your Week: You have reached a stage wherein you are a lot more responsive to new people appearing on your social scene - consequently fresh friendships can be formed, and group activities could change your outlook and broaden your perspectives.

Taken: You will fare well in matters of the heart providing you are thoughtful.

Single: You will get obvious signs that someone attractive is interested in you.

Lucky Numbers: 7, 18, 28, 34, 37, 44

PISCES: Feb 20 – Mar 20

Your Week: Anticipate a busy time with good possibilities for personal advancement. Your enthusiasm for fresh achievements is your key to success.

However, you really must pace yourself sensibly so as to make the best of your time and vitality.

Taken: Be more affectionate and caring if you want to be well-loved in return.

Single: Let your imagination guide you in finding ways to improve your love life.

Lucky Numbers: 1, 11, 17, 22, 38, 49

WE at **people** magazine believe in the small business enterprise as a driver of our economy. We are strong supporters of individuals who exhibit an entrepreneurial spirit and who are creating jobs. And that's why we want to give them our full support.

KEEP your Small Business eyes on the enterprise. BY ROBERT CLUNIE

KidXKatz Clothing SA

KATLEGO MAMPURU, 23, is the founder and owner of KIDXKATZ Clothing SA. KidXKatz derives its name from 'Kid as Katlego' and was conceived as something stylish, fashionable and creative. KidXKatz is a company that includes different types of T-shirts, caps, shorts and trousers and hoodies and was established in December 2016, when Katlego realised she had a passion for fashion and wanted to make her dreams come true. She drew inspiration from an international designer by the name of Tots who owns one of the best clothing brands around, GALXBOY.



What Do They Do?

KIDXKATZ Clothing SA specialises in different types of clothing designs for both winter and summer time. They give you a great taste of fashion and offer quality clothing in the best designs. Katlego wants people to wear her brand and emulate her. She wants to be a good role model to the youth and show them that you can achieve your dream at any age.

Where Are They Based?

KIDXKATZ Clothing SA is located in Pretoria in the quiet residential suburb of Mamelodi Gardens, only a few kilometres away from the Mams Mall.

Who Benefits?

ANYONE and everyone who loves new fashion and a taste of style. It's very popular amongst the people of Mamelodi, but other South African communities have also grown to love the clothing line. KidXKatz Clothing SA is one of the best brands in the hood. "Be fashionable, be the option!"

Contact Details:

Telephone/WhatsApp: 061 752 8241
E-mail: KatlegokidxkatzMampuru@gmail.com
Instagram: Kidxkatz_C_sa
Facebook: Kidxkatz Clothing SA



WhatsApp us on 060 858 1086



HAVE a small business you'd like us to feature? Contact Robert Clunie at robertc@caxton.co.za and fill us in on your entrepreneurial venture.

Celeb Birthdays

Steven Tyler – March 26, 1948

Mariah Carey – March 27, 1970

Lady Gaga – March 28, 1986

Ewan McGregor – March 31, 1971

MOVING

Mansion

Décor
BY CARLI PRINSLOO

IT'S not
your typical
expensive
mansion.

ONE of the biggest threats from global warming to cities around the world is rising sea levels, caused by the expansion of water at higher temperatures and melting ice sheets on the north and south poles. If you've recently come into a large amount of money and are sick of worrying about climate change, why not invest in a home that lets you ride out the sea-level rise in style? Arkup LLC's liveable yacht allows you to enjoy freedom and variety of scenery, all within complete comfort and luxury in total independence. Make your life between the sea, the sky and the city. The yacht will set you back around R84-million, but owners won't have to pay any property taxes in most cases and utility bills are no more, thanks to rainwater harvesting and solar power generation. Sign us up! Take a look at ways you can decorate your house on the water.

THE
YACHT



1

2



3

4



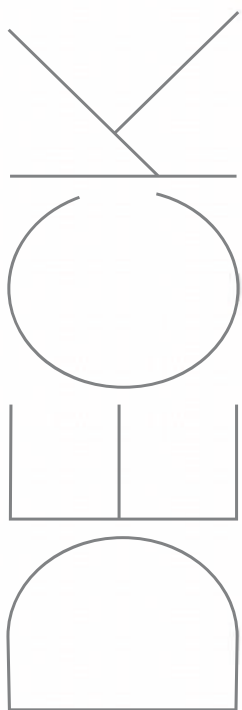
5



1. Dorothy Coffee Table: R6 995, Loft Living
2. Grey Sea Scatter Cushion: R199, Volpes
3. Cream Layla Corner Sofa: R22 995, Block And Chisel
4. Sophia Artificial Plant: R199, @Home
5. Cheryl Side Table: R2 995, Block And Chisel



PICS: ORION



ARKUP livable yachts combine the best attributes of yachts, floating houses and waterfront villas, with the added benefits of being self-sufficient, sustainable and environmentally friendly. It can be docked in a metropolitan marina or anchored in a tranquil bay. The vessel is as stable as a house, and immune to the action of the waves. The livable yacht was conceived to be sustainable and 'future-proof', from its ability to withstand or avoid extreme weather, to its self-contained systems that allow fully off-the-grid living.

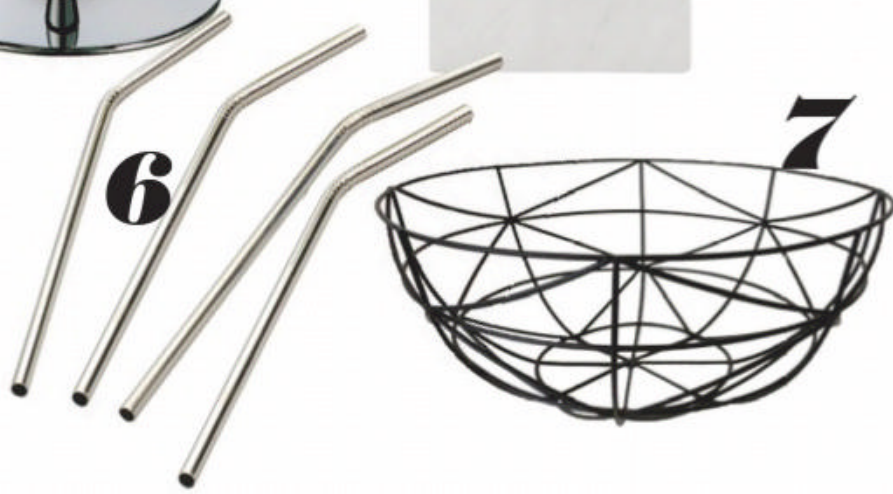
1. Provence Cantilever Umbrella: R1 199, Makro
2. Lilly Dune Lounger: R4 990, The Patio Warehouse
3. Ferrara Swivel Chair: Price On Request, Mobelli
4. Giant Outdoor Pool Bean Bag: R1 699, Creative Living
5. Glass Lantern With Stand: R899, Zara Home

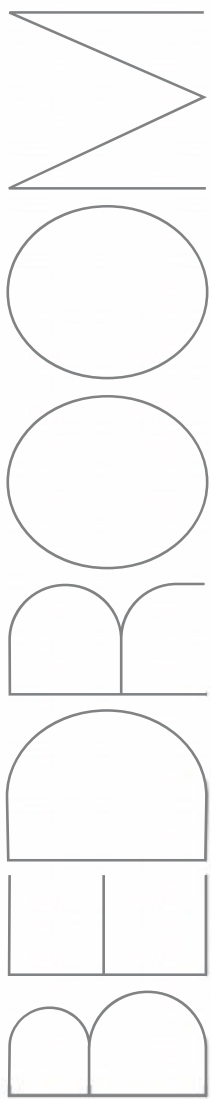


KITCHEN & DINING ROOM



1. Milan Glass 6 Seater Dining Table: R2 500, Mr Price Home
2. Champagne Bucket: R169, Home Etc.
3. Moya Champagne Flute Glasses (Set Of Two): R899, By LSA International Yuppiefchef
4. Waterfall Adjustable Stool: R1 545, Chair Crazy
5. Tabletop Clock With Marble Stand: R799, Zara Home
6. Stainless Steel Straw (Set Of Four): R169, By Nicolson Russell, Yuppiefchef
7. Pythag Bowl: R380, Knus

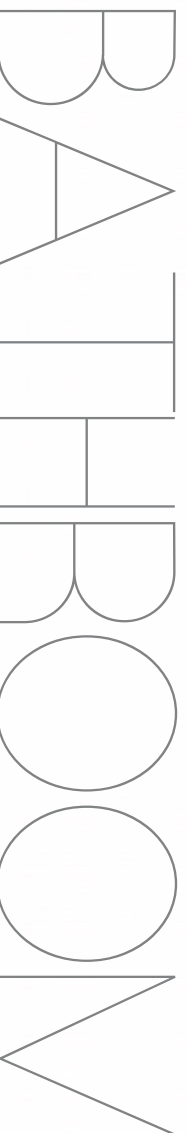




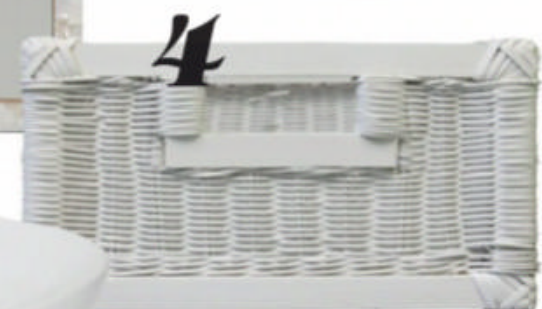
THE collection used in the unique home represents a design perspective that incorporates an eclectic series of individual products that blend together seamlessly. Strong angular profile lines for seating and tables are softened by woven natural materials that wrap and curve around cushions, chairs and surfaces – mixing materials is at the heart of their design approach. Stainless steel, rattan, linen, leather, exotic woods and glass are joined in perfect symmetry. The high quality of raw materials used in production and the exquisite finishes are both hallmarks of Artefacto products.



- 1. Washed Cotton Duvet Cover Set Rose Queen**
Size: R1 049, Volpes
- 2. Haiku Headboard:**
R8 950, Weylandts
- 3. Black Latvia Planter:**
R849, By Grey Gardens, Superbalist
- 4. Light Grey Square Storage Ottoman:** R1 299,
By Sixth Floor, Superbalist
- 5. Zenobia Mirror:** R1 495,
Loft Living



- 1. Mother Of Pearl Mirror:** R450, Poetry
- 2. Laundry Basket Round Collapsible White:** R499, @Home
- 3. Forli White Oval Counter Top Basin:** R899.90, CTM
- 4. Cane Basket:** R425, Neat Freak
- 5. Wafer Hand Towel:** R79.95, Edgars
- 6. Mati Marble Candle Holder:** R230, Knus



G	D	Z	M	V	K	A	K	A	P	O	T	V	D	S	T	O	R	K
G	Y	R	F	A	L	C	O	N	E	G	R	E	T	V	Q	E	W	P
B	X	D	U	Q	U	A	I	L	M	X	R	N	R	W	D	N	Y	L
B	R	O	O	D	P	K	F	P	O	V	A	N	U	N	I	U	E	Y
J	A	Y	V	M	Q	T	B	F	C	Z	Z	C	A	B	N	N	A	G
G	K	I	W	I	O	D	I	I	K	R	O	G	O	A	C	C	G	F
F	O	U	B	R	R	A	R	N	I	O	R	R	E	K	U	B	L	C
M	P	E	R	I	E	E	D	C	N	O	B	E	A	K	B	I	E	L
T	D	A	V	M	S	N	O	H	G	K	I	B	V	N	A	N	D	U
H	P	V	S	W	A	N	F	B	B	U	L	E	E	T	T	I	W	T
R	B	O	H	E	E	C	P	N	I	N	L	R	S	V	E	S	M	C
U	E	C	P	H	K	E	A	S	R	R	U	L	H	X	Y	Y	P	H
S	I	E	K	W	P	I	R	W	D	H	D	O	V	E	Y	R	N	V
H	C	T	A	I	V	D	A	I	R	C	D	E	R	P	A	I	E	R
L	C	H	N	A	L	E	D	F	A	Z	R	P	R	G	U	N	S	O
C	R	S	E	N	A	R	I	T	I	Y	S	A	D	G	O	X	T	O
L	O	O	N	C	R	E	S	T	L	O	H	E	N	G	E	O	K	S
R	W	O	E	U	K	Y	E	F	K	I	T	E	M	E	Q	G	S	T
Q	U	E	T	Z	A	L	W	M	A	G	P	I	E	U	F	T	G	E

Can you find the listed words in the box of letters? They may read horizontally, vertically and diagonally, either forwards or backwards, but always in straight lines.

- | | |
|------------------|-------------|
| AUK | KITE |
| AVES | KIWI |
| AVIAN | LARK |
| AVOCET | LOON |
| BEAK | MACAW |
| BIRD OF PARADISE | MAGPIE |
| BIRDER | MOA |
| BROOD | MOCKINGBIRD |
| CLUTCH | NANDU |
| COOT | NENE |
| CRANE | NEST |
| CREST | OSPREY |
| CROW | OWL |
| DOVE | PARROT |
| DUCK | PENGUIN |
| EAGLE | QUAIL |
| EGG | QUETZAL |
| EGRET | RAIL |
| EIDER | RAZORBILL |
| EMU | RHEA |
| FINCH | ROBIN |
| FLY | ROOK |
| GANDER | ROOST |
| GOOSE | SHOULDER |
| GREBE | STORK |
| GULL | SWAN |
| GYRFALCON | SWIFT |
| HARPY | SYRINX |
| HAWK | TAIL |
| HEN | TERN |
| IBIS | THRUSH |
| INCUBATE | VIREO |
| JAY | WING |
| KAKAPO | WREN |

TV QUIZ!

1. Which Television producer created *The Punisher* TV series?
2. True or False: Netflix cancelled the series after two seasons.
3. Which actor stars as Frank Castle?
4. Filming of the series takes place in which US state?
5. Which American actor plays David Lieberman/Micro?
6. Name the actress who plays Dinah Madani.
7. At the 2018 Saturn Awards, the series won an award for which category?
8. The character of The Punisher made his first appearance in the pages of *The Amazing Spider-Man* in February of what year?
9. At the end of the first episode, what is it Micro says?
10. In *Resupply*, who tries to connect with Lewis?



CELEB QUIZ!

1. Which actors won a lawsuit over unpaid profits from their show?
2. Which *Rhythm City* actress is pregnant?
3. What is Robin Thicke and April Geary's child called?
4. Who wore custom made Birkenstocks to the Oscars?
5. What has AKA changed his stage name to?
6. What is Shakira appearing in court for?
7. Who is local singer Moonchild Sanelly an ambassador for?
8. How long ago did Proverb release his debut album?
9. True or false: Krysten Ritter is pregnant with her second child.
10. What is John Legend's song Preach about?

TRIVIA QUIZ!

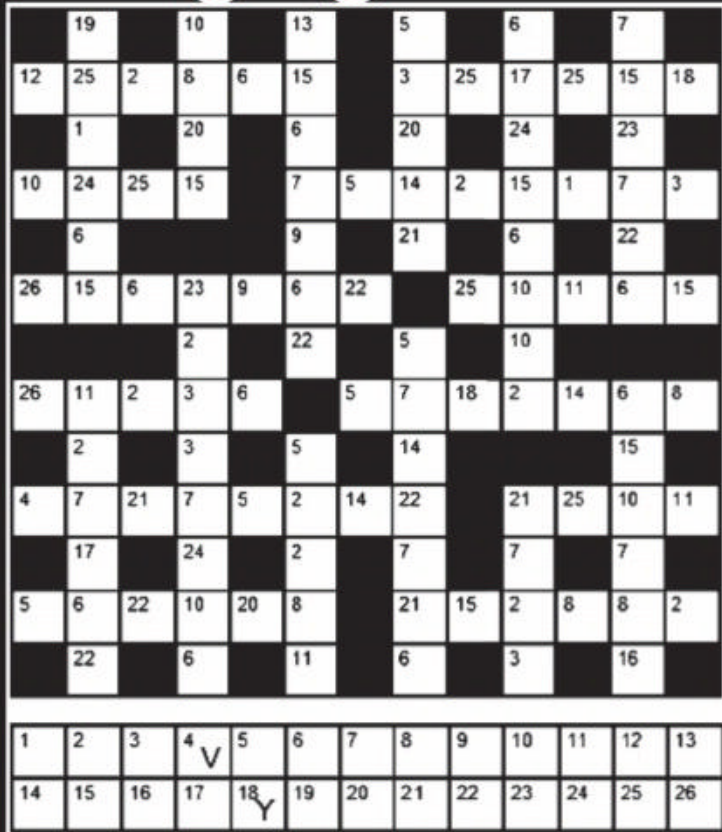
1. Which planets in the solar system are known as the gas giants?
2. What is the most common collective noun for a group of frogs?
3. What is the tiny plastic covering of the tip of a shoelace called?
4. What is the capital city of the country of Georgia?
5. Which animal swallows large stones and uses them as ballast?
6. What is the world's most popular first name?
7. Which common spirit, instead of mercury, was used in thermometers during the 17th Century?
8. What was the carburettor of the first Harley-Davidson, built in the 1903, made of?
9. In *The Simpsons*, what is the name of the beer served in Springfield?
10. When was the euro introduced as legal currency on the world market?

The Punisher is available for streaming on Netflix.

Codebreaker

CODEBREAKERS require inspired guesswork. They are crosswords without clues. Every letter of the alphabet is used (you might find it useful to cross out the letters located by the grid as you find them) and each letter has its own number. In this puzzle '4' has the letter 'V' so a useful start is to insert 'V' in all the boxes that contain the number '4'. Vowels appear at least once in a word but letters such as

X and **Z** are few.



Across

3. Granddaughter of **Elvis Presley**, whose films include *Under The Silver Lake*, *Mad Max: Fury Road*, *Logan Lucky* and *American Honet* (5,6)
7. Cindy Campbell in the *Scary Movie* films in played by this US actress, whose films include *Overboard*, *The House Bunny* and *The Dictator* (4,5)
8. Harry Wormwood in *Matilda*, Vincent Benedict in *Twins*, Gavin D'Amato in *The War Of The Roses* and Penguin in *Batman Returns* are film roles played by this US actor (5,6)
9. *Gladiator*, *Mission To Mars*, *One Hour Photo*, *Basic*, *The Hunted* and *The Ice Harvest* are films in which this Danish actress starred (6,7)
10. Sam Seaborn in the TV series *The West Wing* was played by this US actor, whose films include *St. Elmo's Fire* and *Wayne's World* (3,4)

Down

1. Academy Award winning US actor whose films include *Wild Wild West*, *Silverado*, *The Big Chill*, *A Fish Called Wanda* and *Dave* (5,5)
2. Susan Plummer in *The Equalizer* and *The Equalizer 2*, Alice Ward in *The Fighter* and Reverend Mother in *Novitiate* are film roles played by this US actress (7,3)
4. *Apollo 13*, *The Truman Show*, *The Rock*, *Enemy At The Gates* and *The Hours* are films in which this Academy Award nominated US actor starred (2,6)
5. Scottish actor whose films include *The Bourne Identity*, *The Bourne Supremacy*, *X2*, *Braveheart*, *Rushmore*, *Rise Of The Planet Of The Apes* and *Troy* (5,3)
6. *My Bodyguard*, *Little Darlings*, *You, Me and Dupree*, *Rumble Fish*, *The Outsiders* and *The Flamingo Kid* are films in which this US actor starred (4,6)

Numbersearch

WITHIN this grid are hidden the numbers below. They are found horizontally, vertically, diagonally and back-to-front.

0	5	5	4	6	1	4	2	4	6	1	1	7	6	8
3	7	2	9	7	0	6	2	6	0	8	4	8	1	9
9	2	3	6	4	2	5	1	8	2	6	5	2	6	0
2	9	8	8	3	3	3	2	5	7	2	5	8	3	6
8	0	0	6	4	9	9	7	1	7	0	7	5	6	9
4	2	2	3	0	6	2	1	3	6	8	9	4	5	8
3	8	1	9	9	1	8	8	3	0	6	8	2	8	2
7	8	5	2	2	6	7	1	7	1	5	4	4	7	3
8	5	2	9	5	9	1	4	2	8	8	6	2	4	1
5	8	2	3	3	6	1	3	6	6	2	5	7	7	4
8	1	4	3	5	8	8	5	7	8	8	3	4	9	9
3	4	0	1	3	7	5	5	1	5	9	7	0	2	0
9	0	4	2	5	7	5	9	2	7	1	8	9	9	1
9	4	9	0	0	6	8	1	4	4	8	9	2	6	7
3	1	5	5	1	0	5	2	8	2	7	0	7	7	0

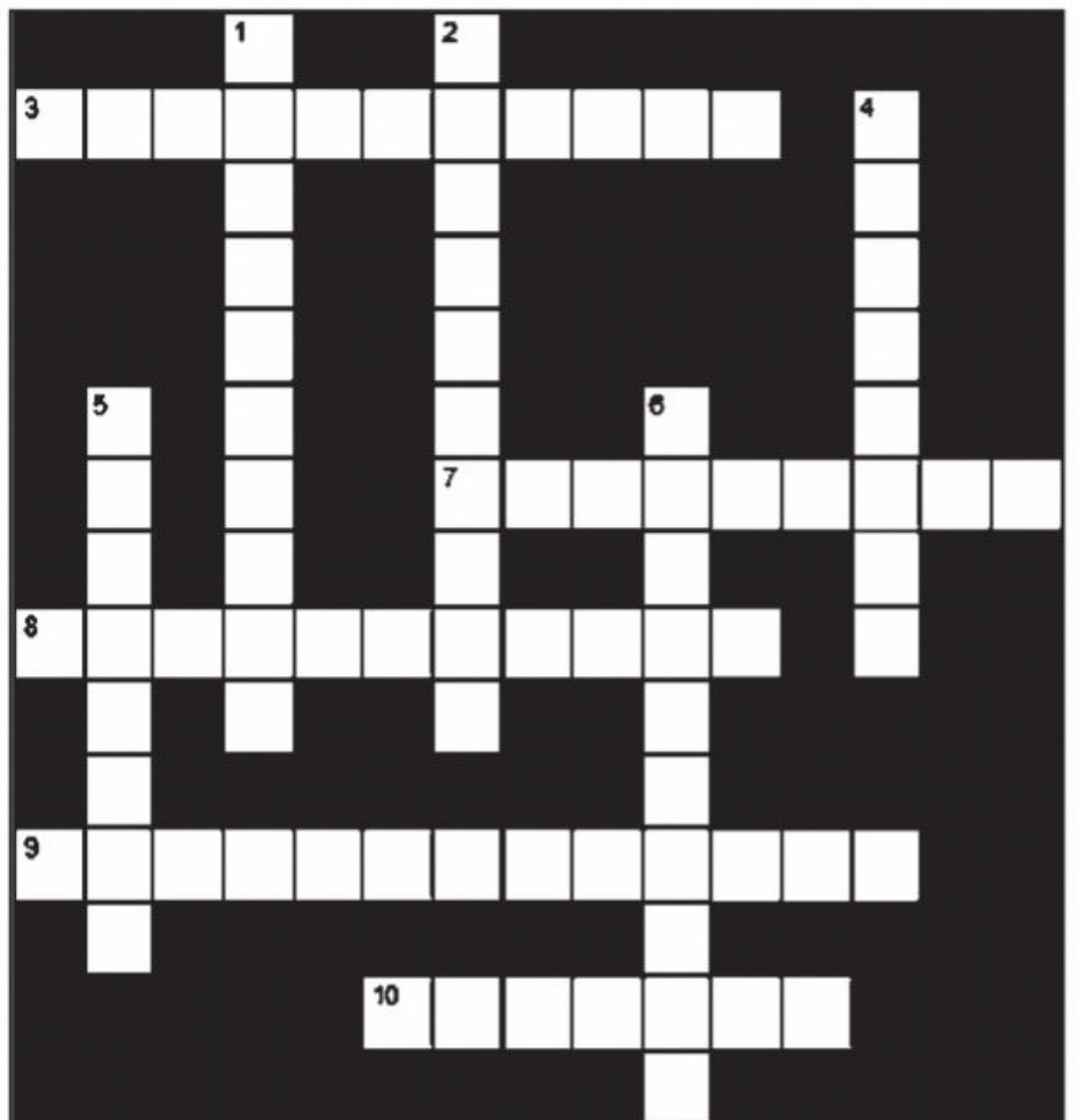
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1693201	5885788349
2240495	6365874792
2458131934	6851337267
2495839584	685868
25343188	7109413289
2585272	78583993
2898647106	815753283
32896098	8583993
4279	8846281980
46281980	89267
489267	9006814489
5021339293	92997
5057832169	9385873482
5266316332	9657071799

Number Crunch

STARTING from the left with the given number, work your way across each of the puzzles, applying the instruction in each cell to your number.

9	0	-	4		7	=	2	3	
+				-				+	
1		4	+		2	=	1		6
8	2		-		2	5	=	3	9

Celeb Crossword...



Jumbo Crossword

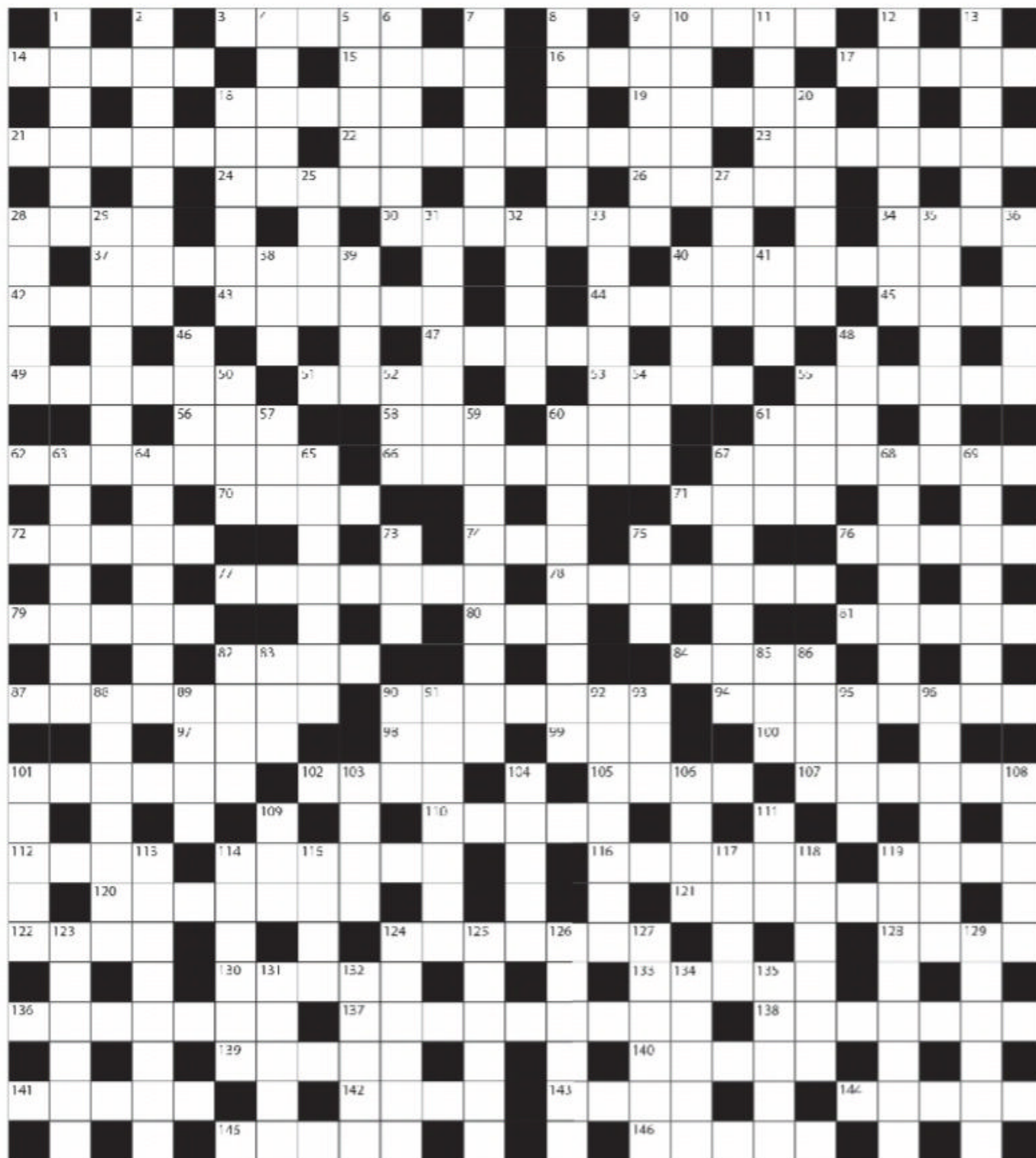
Across

3. Get rid of
9. Sailing vessel
14. Wanderer
15. Golf club
16. So be it
17. Isle on the Gulf of Naples
18. Stringed instrument
19. Belarus's capital
21. King Arthur's realm
22. Major Iraqi river
23. Rest a while (4,3)
24. Requires
26. At no time
28. In addition
30. Set of kettledrums
34. Actor's part
37. Ocean inlet
40. Strew
42. Friends
43. Used car deal
44. Stick
45. Period of time
47. Waterway
49. Online messages
51. British nobleman
53. Thought
55. Horrified
56. Objective
58. Pinnacle
60. A person
61. Bullring cheer
62. Poisonous shrub
66. Put in order
67. Travel document
70. Harrow's rival
71. Poi base
72. Begin
74. Bovine bellow
76. Shade of green
77. Bram Stoker novel
78. Transcendent state
79. Heartbeat
80. Rocky peak
81. Lower oneself
82. Killer whale
84. Close
87. Lingerie item
90. Odd
94. Shrouded in mystery
97. Undergarment
98. Garden tool
99. Word of wonder
100. Memorable time
101. Breed of dog
102. Unique person or thing
105. Soviet gymnast, ... Korbuto
107. Actress, ... Kidman
110. Lowest point

112. Lost blood
114. Black Sea peninsula
116. Scuttlebutt
119. Without delay
120. Italian rice dish
121. Remorseful act
122. *Dragonwyck* author, ... Seton
124. Mail deliverer
128. Turkey neighbour
130. Founder of the Ottoman Empire
133. Atelier prop
136. Snappy comeback
137. Took apart
138. North African port
139. 1912 Peace Nobel, ... Root
140. Greek letter
141. Prepared
142. Jane Austen novel
143. Hautboy
144. Keen
145. Party
146. Author of *The Candidate*, Alex ...

Down

1. Spud
2. Slapdash
4. Greek island
5. Troubled
6. French novelist, Marcel ...
7. National song
8. Largest desert
9. Sana'a citizen
10. Ouzo flavouring
11. More ... less speed
12. Author of Old West novels (4,4)
13. Trying period
18. Agree
20. Martial art
25. Jug handles
27. Immorality
28. Canada's national tree
29. Let go
31. By mistake (2,5)
32. Irritate
33. Approaching
35. Herb
36. Marsh bird
37. Irish airline, ... Lingus
39. Type of lock
39. Footwear
40. Noah build it
43. Blueprint
48. A long time
50. Musical, *West ... Story*

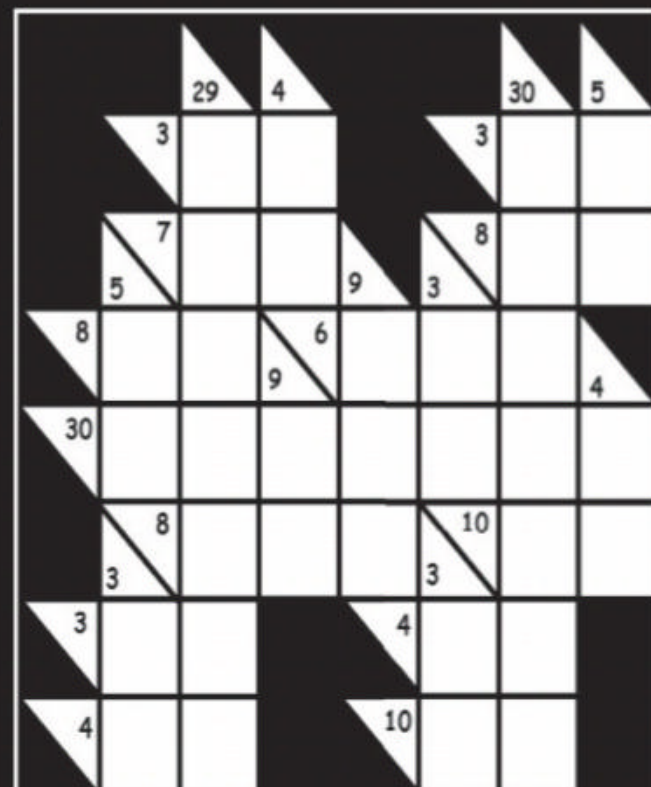


52. Japanese outcast class
54. Scottish river
55. As well
57. Encountered
59. Too early
60. Homer put one on Marge's finger when he proposed (5,4)
61. Rowing tool
63. Romaine
64. Spray can
65. Movie genre
67. Dashing style
66. Choice of colours
67. Pasta dish
70. Wet soil
75. Curved line
82. Folklore monster
83. *Citizen X* actor, **Stephen** ...
85. Take advantage of
86. Ripped
88. Exhibition hall
89. Sacred bird of Egypt
90. That lass
91. Violent storm
92. *Gone With the Wind* locale

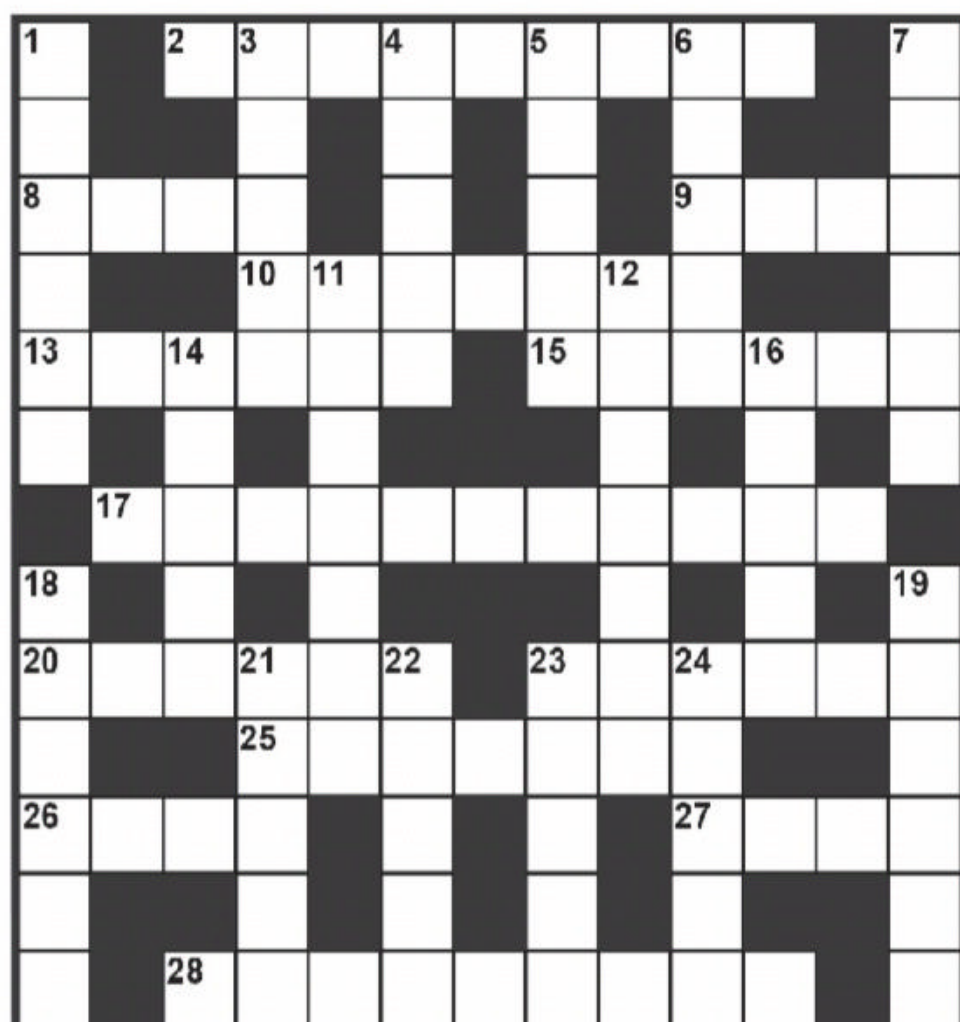
93. Conger
95. Plane part
96. Chanticleer
101. Hooded snake
97. Nautilus captain
98. All grown up
106. Catch one's breath
108. Boy's name
109. Atelier display
111. Transgression
113. Song, ... *Are A Girl's Best Friend*
114. Wolf's kin
115. Piece of merchandise
117. Puts down
118. Spanish rice dish
119. Curved sword
123. Sounds
124. Of the lungs prefix
125. Egyptian beetle
126. Grazing site
127. Actor, **Liam** ...
129. Reached an understanding
131. River in northern France
132. Pale
134. Goodbye
135. American singer, ... **Doyle**

Kakuru

FIT only the numbers 1 to 9 into the grid so that each horizontal run of white squares adds up to the total above the diagonal line to the left of the run, and so that each vertical run of white squares adds up to the total below the diagonal line above the run. No number can be used more than once in any run.



Cryptic Crossword



Across

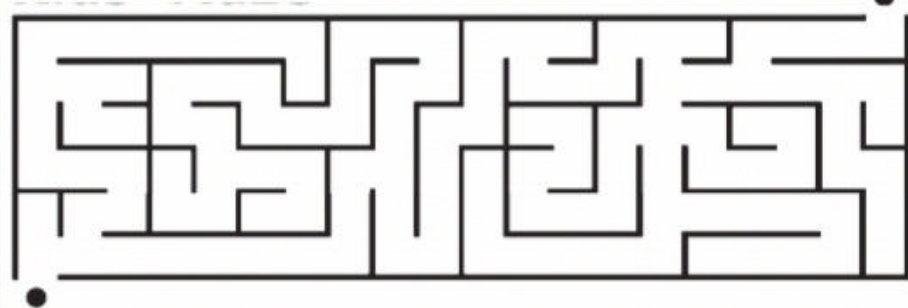
2. Caps it off with music from the Red and the Green ones (9)
8. I go with a new view of money-changing (4)
9. It's the furniture of South Australia (4)
10. Lay on the back and reline it for 100 (7)
13. You can see how it disturbs the spiritualists (6)
15. Lend it to the sun-god, you weed! (6)
17. Bury those strange walkers - the intruders! (11)
20. Put nothing in prison rooms but the highly strung (6)
23. The princess meets the gangster and goes all hot and cold (6)
25. Any log has a certain resemblance to something else (7)
26. Bearing it from the mine (4)
27. It's telling on Heather in the end (4)
28. You need forcible control to take a rest in a train (9)

Down

3. A painful spot on a tree? (5)
4. The bookie gets a treat that adds piquancy (5)
5. Drink from it and I'd love to be with him (5)
6. It's a promise remembered by someone who's a bit stingy (5)
7. Bleats about a place needed in which to keep his horse (6)
11. Lee Chon makes the grade (7)
12. Here's PN aping about and taking a sleep (7)
14. How you can nullify it partly when you abolish it (5)
16. Change your ways, senor! Speak Norwegian! (5)
18. To end a prayer, you see, takes quickness of perception (6)
19. A little feather isn't heavy in the air (6)
21. Such a weapon makes a clean break (5)
22. Boast about wearing it like a French peasant – on the foot (5)
23. It needs a rota to control such a blood-vessel (5)
24. Worn by a lady? Only to a point! (5)

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KIDS MAZE



Magic Maze

F B Y W T E R P M E K I F D B
Y W U S Q O P M P K I F D B Z
E X A U T O T Y P E S E T W U
M P S E Q I T O T N L J H F D
I C Y A P O N I E O Y W V T S
S Q P T L Y R (T Y P E F A C E)
T N L O O W T K Y I Y R H F E
Y C H B E G Z C E P Y T E R Y
P D E P Y T O N E G E W B T V
E P Y T O N I L U S R Q P U S
N T S A C E P Y T M L J I H S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Autotype
Ectype
Genotype
Holotype

Linotype
Logotype
Mistype
Retype

Stereotype
Subtype
Tintype
Typed

Typeface
Typeset
Typewrite

Monster Sudoku

COMPLETE the grid so that every row, column and 4x4 box contains 0, 1, 2, 3, 4, 5, 6, 7, 8 and 9 and a, b, c, d, e and f.



NO.
766

Celeb Blockword

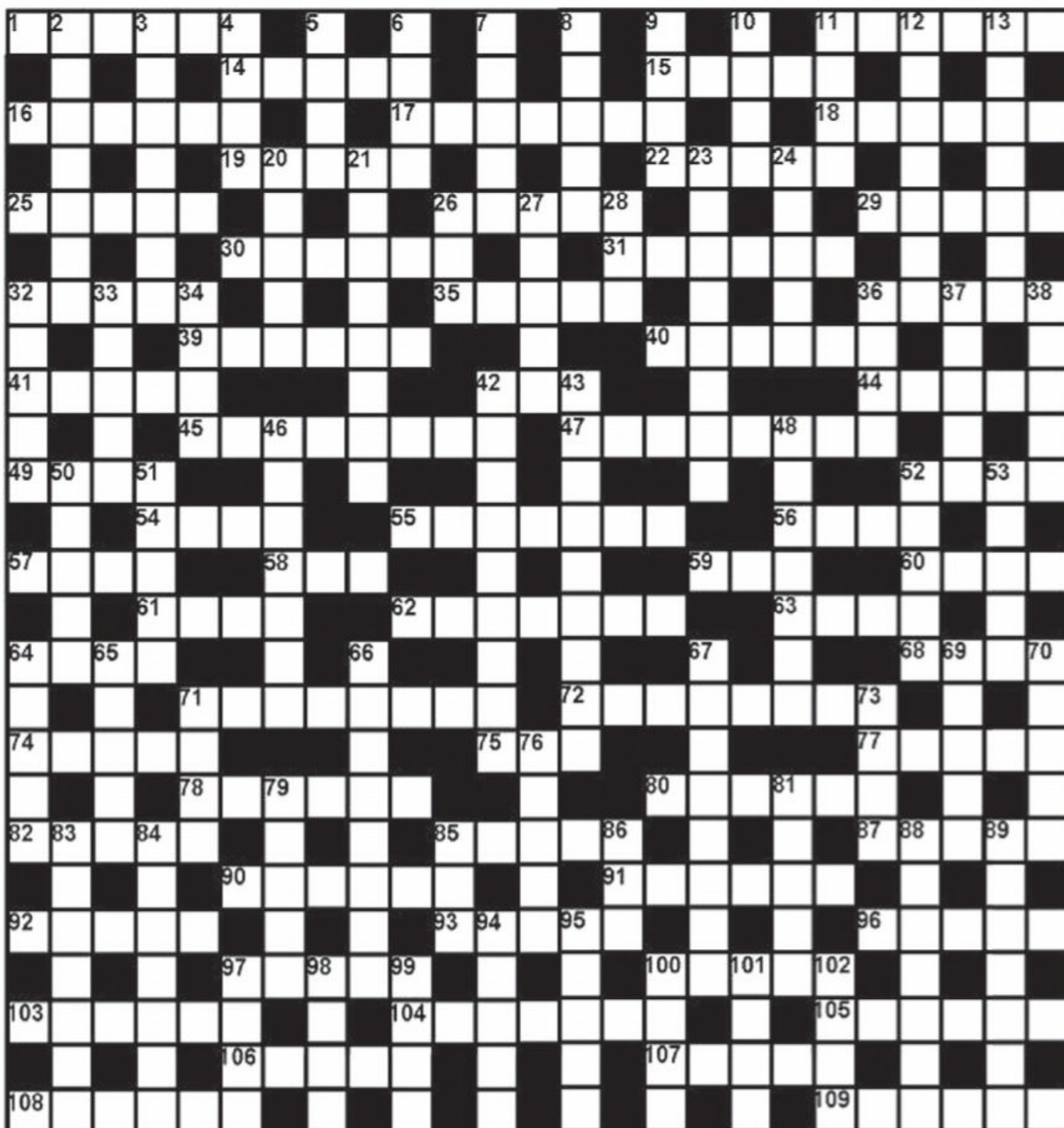
BY JOHN WHIFFIN /
PICS: WWW.ELITEPHOTOAGENCY.COM

TO ENTER our CELEB BLOCKWORD, all you have to do is finish the grid. When completed, the circled letters will spell out the name of a celebrity whose films include *The Rich Man's Wife* and *Gosford Park*. SMS 48408 with the answer, your name and surname, and e-mail address (if you have one), as well as **people**/Celeb Blockword No. 766. Be sure to SMS before April 15, 2018. By doing this, you stand the chance of winning R1 000. Winner of No. 762: Stephanie Martin. Answer: Susan Sarandon. SMSes charged at R1.50 and free SMSes do not apply. Terms and conditions apply.

WIN
R1 000

CATCH OR DRAW -BACK					LAND WHERE AN INTERMITTENT LAKE FORMS		INFERIOR-THING BEYOND HOPE OF RECOVERY				YELLOWISH GREEN CITRUS FRUIT				UNIT OF WEIGHT USED FOR GEMS
			EXPANSE OF SALT WATER SCOPE						RELATING TO SELF-EVIDENT TRUTHS						
					TRAINED ASSASSIN IN FEUDAL JAPAN						TITTLE-TATTLE MATERIAL				
									ALASKAN ISLAND CHAIN INDISPENSABLE						
	FINE FABRIC FACE COVERING METHOD							CONVEYANCE WITH RUNNERS FOR GOING ON SNOW			APPROACH NIL		LARGE RODENTS TYPE OF ARACHNID		RANK BETWEEN (PREFIX)
SOLDIERS' DINING HALL		NARROW COUNTRY ROADS THROUGH (PREFIX)		ANGRY WEIRD					U.S. STATE, CAPITAL AUGUSTA SUMMIT			COLLECT OVER TIME SATIRICAL SKETCH			
						SECURE FOR EMPLOYMENT UP-TO-DATE	ADULT MALE			SPECIALIST BREATHE IN SHARPLY			ASSAIL TAKE A SEAT		UNDERGROUND CELL OR CHAPEL
					MAKE PRE-PUBLICATION AMENDMENTS					COUNTRY, CAPITAL FUNAFUTI					SCULPTOR, MAYBE
					PLACE TO SIT		IN A FRENZY SPANISH 'VALLEY'			POORER					
										STEVE _____? OCTAVIUS IN THE 'NIGHT AT THE MUSEUM' FILMS		CUT OFF THE OUTER LAYER OF PAST STYLE			
BREEDING FARM		CAUSE TO INCREASE RAPIDLY MOUNTAIN PASS		RELATING TO EYES				FANATIC CRICKET IMPLEMENT	NUCLEAR (SLANG) BACKWARD FLOW OF THE TIDE			ATMOSPHERE	REFEREE		STEAL FROM
					EXACTLY MATCHING INVIGORATING MEDICINE	JOHN _____? ROB GORDON IN 'HIGH FIDELITY' (2000)	MUSLIM DEVOTIONAL LEADER'S TERRITORY							_____? PIKE. MIRANDA FROST IN 'DIE ANOTHER DAY' (2002)	
	UNUSED WAY OF SPEAKING OR PRONOUNCING											UNFRUITFUL	ON A SINGLE OCCASION		
					BACKLESS SEAT		OPPRESSIVE DAZZLING LIGHT		TIME OF AN EVENT				IN THE NEAR FUTURE SENTIMENTAL SINGER		
WOODEN FASTENING ROD		COHERENT BODY OF MATTER					IN A SUBMISSIVE MANNER					CONVEY OR BEAR LUBRICATING			
								RELATING TO A WOMAN GETTING MARRIED		MALE PIG STANDARD				NEITHER THIS _____? THAT PARISIAN RIVER	REFUSE TO ACKNOWLEDGE
ARTIFICIAL SWEETENER		OVER A DISTANCE (PREFIX)	FILM THEATRE BARGAIN	INDIAN OR ATLANTIC? INFORMAL AGREEMENT					IN A HATEFUL MANNER						
								ENVIRONMENTAL CONCERN (PREFIX)	REFERENCE (AB)		MEAN SINGLE				UNDERSEA REEF MATERIAL
FRANK IN STATING CONTROVERSIAL OPINIONS						OF THE KIDNEYS	SEA BETWEEN GREECE AND TURKEY				BEFORE (POETIC) ONE FROM CHENNAI?				
					OBJECT OF HISTORIC INTEREST							TRIHYDRIC ALCOHOL USED TO TREAT DRY SKIN		YIN AND _____?	
HIDDEN						DEPARTMENTS (AB)	OFTEN (POETIC)			EVIDENT					GLUTTONY

Crossword



Across

- 1) Drops lower (6)
- 11) Defeated (6)
- 14) Upper atmosphere layer (5)
- 15) Without a companion (5)
- 16) Receptacle for documents to be worked on (6)
- 17) Truthful (7)
- 18) Sea nymph (6)
- 19) Take on as ones own (5)
- 22) Deserve (5)
- 25) Start (5)
- 26) Let down (5)
- 29) Horizontal access shafts (5)
- 30) Symbol for a number (6)
- 31) Put money into (6)
- 32) Blacksmiths bench (5)
- 35) Unnamed object (5)
- 36) Small fruit (5)
- 39) Fished with a line (6)
- 40) Resembling wool (6)
- 41) Group of choral voices (5)
- 42) Writing implement (3)

- 44) Subject (5)
- 45) Clothing container (8)
- 47) Likely to erupt (8)
- 49) Belonging to that woman (4)
- 52) Single item (4)
- 54) Communion bread (4)
- 55) Inclined to act on an urge (7)
- 56) Biblical garden (4)
- 57) Mid-length skirt (4)
- 58) Finish (3)
- 59) Listening organ (3)
- 60) Incises (4)
- 61) Sound like a lion (4)
- 62) City nation in Italy (7)
- 63) Rear-end appendage (4)
- 64) Mischievous prank (4)
- 68) Oriental direction (4)
- 71) Horse-riding event (8)
- 72) Make longer (8)
- 74) Object locating system (5)
- 75) Solid covering (3)

- 77) Over the top of (5)
- 78) Declare persistently (6)
- 80) Religious beliefs (6)
- 82) Move quietly (5)
- 85) Small airship (5)
- 87) Give way (5)
- 90) Relating to God (6)
- 91) Gain a charge at the atomic level (6)
- 92) Ground up meat (5)
- 93) One tenth of an income (5)
- 96) Small piece of wood (5)
- 97) Gemstone (5)
- 100) Any large animal (5)
- 103) Make less in volume (6)
- 104) Legal crime (7)
- 105) Yearly (6)
- 106) Faint (5)
- 107) Month of the fool (5)
- 108) Confirm (6)
- 109) Cricket team number (6)

Down

- 2) Light giver (7)
- 3) 007 cocktail (7)
- 4) Meat-substitute bean (4)
- 5) Done alone (4)
- 6) Lift (4)
- 7) Computer instruction (5)
- 8) High-sounding wind instrument (5)
- 9) Soothing oil (4)
- 10) Room entrance (4)
- 11) Crooked (4)
- 12) Shorten (7)
- 13) Device that gives out (7)
- 20) Moving towards the end of life (5)
- 21) Frugality (8)
- 23) Letter container (8)
- 24) Give out (5)
- 26) Allow (3)
- 27) Grumble peevishly (5)
- 28) Drilling structure (3)
- 32) Covered with water (5)
- 33) Participant in an election (5)
- 34) Scottish girl (4)
- 36) Unit of computer storage (4)
- 37) Become mature (5)
- 38) Sailing vessel (5)
- 42) Lasting for ever (9)
- 43) Left without care (9)
- 46) Time between events (7)
- 48) Resistance to change (7)
- 50) Plant of the heath family (5)
- 51) Avoid work (5)
- 52) Parent's brother (5)
- 53) Seizure (5)
- 64) Song words (5)
- 65) Raised land formation (5)
- 66) Tell off (8)
- 67) Proclaim (8)
- 69) Love greatly (5)
- 70) Pattern on a tyre (5)
- 71) Hold fast (4)
- 73) Simple (4)
- 76) Stupid person (5)
- 79) Reflect light (5)
- 81) Thinks a lot (5)
- 83) Garment (7)
- 84) Leave out (7)
- 85) Gamble (3)
- 86) Covered filled pastry (3)
- 88) Very concentrated (7)
- 89) Produce milk (7)
- 94) Suggest (5)
- 95) Bee product (5)
- 97) Joke (4)
- 98) Tree product (4)
- 99) Extensive (4)
- 100) Necklace piece (4)
- 101) Surrounding light (4)
- 102) Story (4)





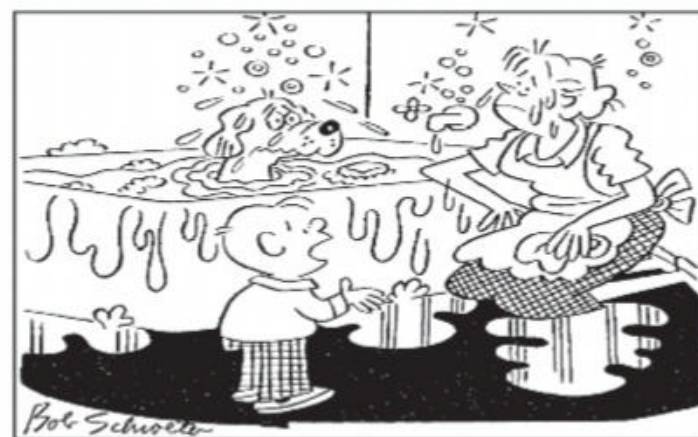


Even Exchange

EACH numbered row contains two clues and two answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-----------------------|-------------|---------------------|-------------|
| 1. Impart knowledge | T _ _ _ _ | Get hold of | R _ _ _ _ |
| 2. Abductor | _ _ P _ _ _ | Twin to Pollux | _ _ S _ _ _ |
| 3. Small blanket | _ _ _ _ W | Heart pulsation | _ _ _ _ B |
| 4. Warning in chess | _ _ E _ _ | Coop baby | _ _ I _ _ _ |
| 5. Portuguese capital | _ _ _ B _ _ | Boxer Sonny | _ _ _ T _ _ |
| 6. Earth's neighbor | _ _ _ U _ | Lets off steam | _ _ _ T _ |
| 7. Composer Cole | _ _ R _ _ _ | Post office picture | _ _ S _ _ _ |
| 8. Gleam | S _ _ _ _ | German river | R _ _ _ _ |
| 9. Lure | _ _ _ _ C _ | All-inclusive | _ _ _ _ R _ |
| 10. Striped feline | _ _ G _ _ | Stopwatch | _ _ M _ _ |

Scramblers



"Can we trade him in for a cat?"

They're self- _____.

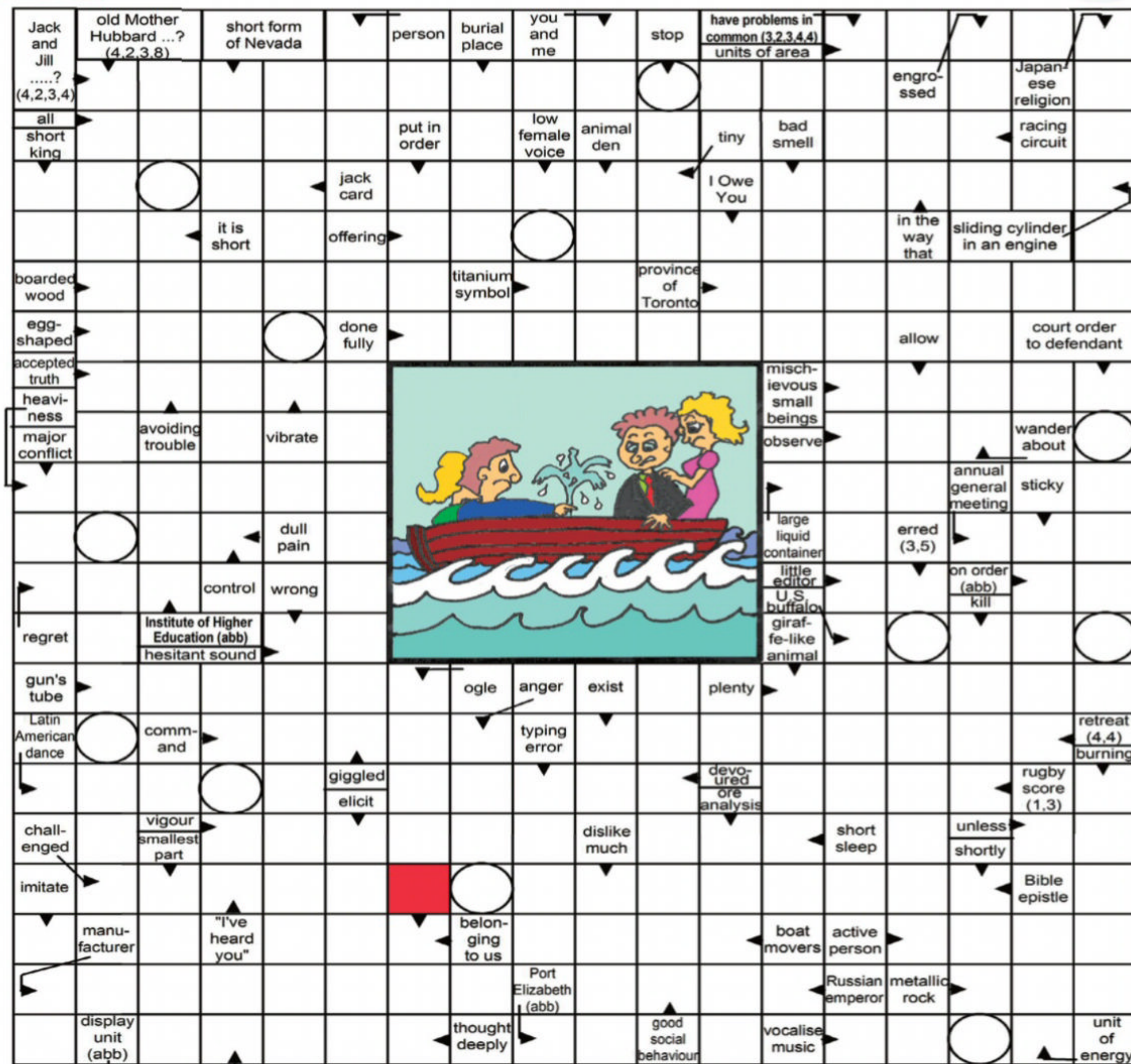
785 NO.

Blockword

BY BARRIE THOMSON

TO ENTER this BLOCKWORD, all you have to do is finish the grid, and the ringed areas will make up one word. The clue to the answer is: Canoe hulling can get you seeing things. SMS 48408 with the answer, your name and surname, e-mail address (if you have one), and **people**/Blockword No. 785. Be sure to SMS before April 15, 2018. By doing this, you could win R500. Winner of No. 781: Gisela Kosser. Answer: Alternative. SMSes charged at R1.50 and free SMSes do not apply. Terms and conditions apply.

WIN
R500



Unscramble the letters within each rectangle to form four ordinary words. The rearrange the boxed letters to form the mystery word.

Blend
LEMING

Blunt
TRICED

Invent
TRACEE

Sniff
HEALIN

TODAY'S WORD

Sudoku

PLACE a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

2			5	4			3	
		8	6			4		
	5				8			7
		1			9			8
8				1		2	5	
	6		2				9	
9	1		8			6		
		6		5				2
7					3		8	

Tatami

TATAMI is a 6x6 grid logic game played with the numbers 1 to 3. Each 3x3 slab must contain all the numbers 1-3 with no duplicates. Adjacent slabs cannot contain the same number, i.e. the number 3 cannot be placed next to another number 3. Each row and column must contain a double set of numbers (two 1s, two 2s and two 3s).

				2	
2		1			
					1

Go figure

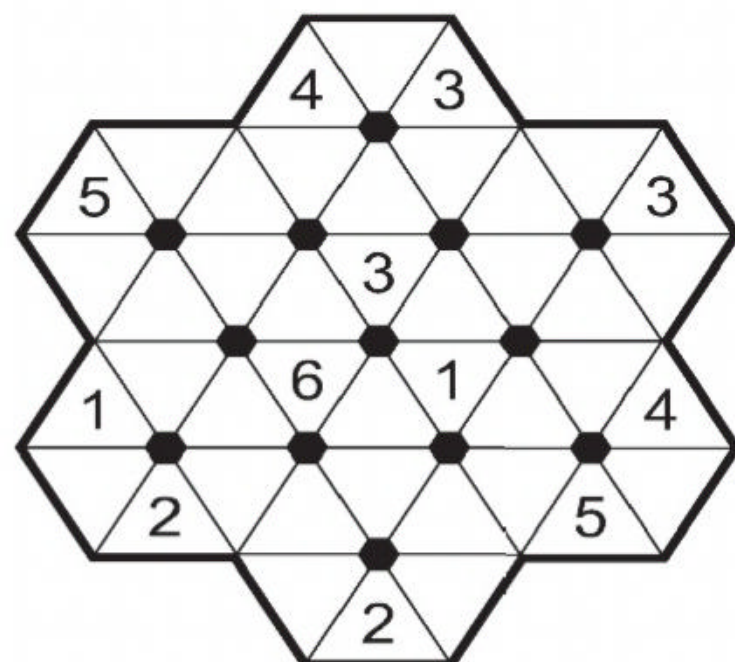
THE idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram – by following the arithmetic signs in the order they are given (from left to right and top to bottom). Use only the right numbers below the diagram to complete its blank squares, and use each of the nine numbers only once.

	÷		+		7
–		–		+	
	–		+		11
×		×		–	
	×		–		6
6		5		3	

1 2 3 4 4 5 6 8 9

Snowflakes

THERE are 13 black hexagons in the puzzle. Place the numbers 1 – 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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Arrow Word

Copied	Mild sickness	Chemical substance	Linking word	Plant with purple flowers	Count up	Azure, eg	Version	Pleasant, enjoyable	Ever poetically (1'2)
Homeric epic	Pummet dough	Sally	Front part of the leg	Forms	Loyal vassal	Hidden gunman	Female deer	Amusing story	Wheel mark
Write out of one's will					Elder				
Seering apparatus		Standard golf score	Huge extinct reptile	Entourage	... Madrid, Spanish football team	Damaged by use	Magician		
Praying ... insect	Retrain	Put off	South African language	Fabled gold city (2,6)	Metal ring for laces	Toy gun banger	Foreign office official	Writer Capote's initials	Garden plant with bright flowers
President Lincoln's nickname	Very thin				Terminus			US song stress	
Bread-grilling device					French nobleman		Feminine pronoun		Roman numeral for 2000
Unexpected treat	Melodious			Negative vote	Of the rank of a duke			Obscure	
In a bad nervous state						516 sheets of paper			

Melting Pot Blockword

Cuts meat into slices	Husks of grain sifted from the flour	Female fowl Winners	Desert lynx of N Africa and S Asia								Nova (Canadian province)	Two-dimensional	Slender stick	Japanese buddhism
				At this moment				Inner roof of a room		Frightens				
Upkeep										Crown or crown-like structure				
			Rowing blade	Placed facing east										At a distance
Metal, symbol 'Zn'	Athlete, maybe					Lion's call Grilled bread							Country, capital Abuja	Utter
					In a foreign country One who fishes					Mark of an old wound High up				
					Liquid waste or residue from mining	Go on a journey					Plant yielding agave fibre	Norm or standard		
			Refracting part of the eye	Stable			Shelters for doors, windows Encountered		Requires		Feather (prefix)			
	Friendly	'The States'				Append notes Team sport, union or league					Make a mistake Map-book		Naked	
						Comes into view	Scottish capital	One from Rome?						Trojan city
	Acting parts Alter slightly					Blood-feud							Classical musical drama Painting medium	Vein containing metallic ore
Slumbering	Liberated							Revolved	Attempt Slight sideways flight	Computer storage capacity of 10 ¹² bytes	Assail with a torrent of missiles			
			Offensive to sight Unfermented soy bean curd							Equality Joined by treaty				
Kitchen sideboard with a high back and shelves							Average (abbr)	Attack					Perpetual	
		Rascal Fib	Extremely hot		Present in a favourable light by devious means			Chatter		Small, grey long-eared horse family member	Point in dispute			
Achievement or exploit				Woman who has visions of the future					Topical theatrical show of sketches			Hard lump on the skin caused by a virus		Border
								Specific gravity gauge Horseman or -woman		Method of organization Attend as assistant				
	Section for play on a bowling green	Snare				Object aimed at	Title of the former Russian emperors				Flashily dressed Before deductions	Players trying out for top teams Volition	Lake by which Cleveland, Ohio stands	Due
						Grassy treeless plain Age					Yours (archaic)			Coloured part of the eye
Jump on one leg	Edges along in a furtive or ingratiating manner						Nightfall				Young goat			
					Repulse Speed					—? Lisa (da Vinci painting)				Smallest orchestral stringed instrument
Encroach upon	Handicraftsman		In cricket, an over with no runs off the bat				Close				Water grass Lower limbs			

Mega Maze



Find-A-Word

H	C	A	E	B	I	K	I	K	I	A	W	C	T	G
S	U	G	A	R	C	A	N	E	R	H	R	L	N	F
S	V	P	S	L	E	T	O	H	O	U	O	I	A	S
N	O	S	I	A	N	A	L	L	O	I	F	M	N	C
A	L	E	E	N	P	I	I	B	A	R	O	A	S	E
I	C	E	U	W	E	D	R	K	U	U	E	T	R	N
S	A	R	T	A	A	A	O	S	S	C	C	E	E	E
E	N	T	O	Y	H	L	P	A	O	A	H	U	W	R
N	O	M	U	L	O	I	O	P	I	U	A	M	O	Y
Y	E	L	R	M	L	S	I	O	L	E	I	S	L	R
L	S	A	I	A	U	A	K	N	H	E	P	A	F	O
O	E	P	S	E	S	I	D	A	R	A	P	L	A	T
P	W	A	T	E	R	F	A	L	L	S	K	O	L	S
L	E	N	S	D	N	A	L	S	I	D	O	H	U	I
D	A	E	H	D	N	O	M	A	I	D	R	A	H	H

- Aloha

Climate

Diamond Head

Famous

Flowers

History

Holiday

Hotels
- ‘Hula’

Islands

Kahoolawe

Kauai

Lanai

Leis

Maui

Molokai
- Niihau

Oahu

Ocean

Palm Trees

Paradise

Pearl Harbour

Pineapple

Polynesians
- Scenery

Sugar Cane

Surfing

Tourists

Volcanoes

Waikiki Beach

Waterfalls

MISSING LINKS

CALCULATE the results and actions. Fill the missing links from the top.

RESULT		ACTION	
	63	x	
=		+	73
=	766	-	
=		x	9
=	792	÷	
=		+	27
=	63	x	
=		+	42
=	924	÷	
=		-	5
=	39	÷	
=		x	29
=	377		

Sticklers

Here’s a “trickledown” puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

CHORD

STATE

Wordoku

THERE are 9 letters used within the puzzle, each letter must be used (but never repeated) in every row, column and 3x3 square.

		P						F
				P			G	
		Z			D	S	A	
		D	S				L	
Z					F	O		
O	F		L					
	D				O			
	S			D	G	L		
		F						

General Knowledge



10 sided polygon		Creative subject		Front matter		Worshipper		Holiday spot Rule (India)		Donkey Pig pen	
				Put right Myanmar money							
		Mound Crinkled paper				Hops kilns Bone					
'Glass' actress (4,6-3)										Bring to an end In favour of	'Split' star (5,6)
		Painting tool		Rear				Positive electrode		Vanua Levu is there	
Compass point Monarch's chair					Fortune-telling packs Platters	Of sound mind Appeal humbly to					
					Sharp weapons			Teaspoon (abbr)		Unlawful act	
Points of view		Not far		Computer key		Not fitted Aura				Series (abbr) Technetium (symp)	
					Wood chopper Month			Deepest parts Wrap in a cercloth			Oil tanker Managing Director
Intelligent		Life insurance statistician				Containing vinegar Foe				Utah (abbr)	
				Taunt				To one side Collection Desist from		University College Infection	Rinsing machine
Daisy-like flower		Not DC Rowing blade			Mistake Customised cars (3,4)	Performer of rock music (4,4)					
				Film worker Destructive wave					It breaks ice (3,4) Asian	Roman 6 Solemn promise	
			Not these Gull-like bird				Ridicule with satire Great respect				
					Dainty crowns	Fleur-de-llys Who is			Speaks Singing pairs		
		Security officer Ever (poetic)				Not used Leave out		Capital of Norway			Prepare text
'Falcon' in 'Ant-Man' (7,6)					Chinese currency Siesta	Ontario (abbr)			Cinema worker Uncooked		
		Mothers (informal)								'Rebecca' in 'This Is Us' (5,5)	
						Immunizing unit (abbr)			Towards Cash dispenser		
		Terrestrial lizards			Drink gingerly					Drinking tubes	

WIKIPEDIA / WWW.TELEGRAPH.CO.UK / WWW.NATIONALGEOGRAPHIC.COM

MATHS QUIZ

- ACROSS

1. ... 41×3

4. ... $899 - 58$

7. ... $243 - 21$

10. ... $2724 \div 4$

12. ... $1650 \div 6$

14. ... $801 \div 9$

15. ... $250 + 224$

17. ... 3×4

18. ... $220 - 10$

20. ... $705 \div 5$

23. ... $2324 \div 7$

25. ... $1060 \div 4$
27. ... $457 + 299$

29. ... 17×5

30. ... 225×3

32. ... $25 - 9$

33. ... $6174 \div 9$

34. ... $3500 \div 7$

DOWN

2. ... $241 - 20$

3. ... 4×8

5. ... $3798 \div 9$

6. ... $1104 \div 3$

8. ... $233 - 16$

9. ... $49 + 503$
11. ... $6244 \div 7$

13. ... $736 - 25$

15. ... $320 \div 8$

16. ... $3304 \div 8$

19. ... 25×5

22. ... $4396 \div 7$

23. ... $2082 \div 6$

24. ... $186 - 20$

26. ... 82×8

28. ... $4590 \div 9$

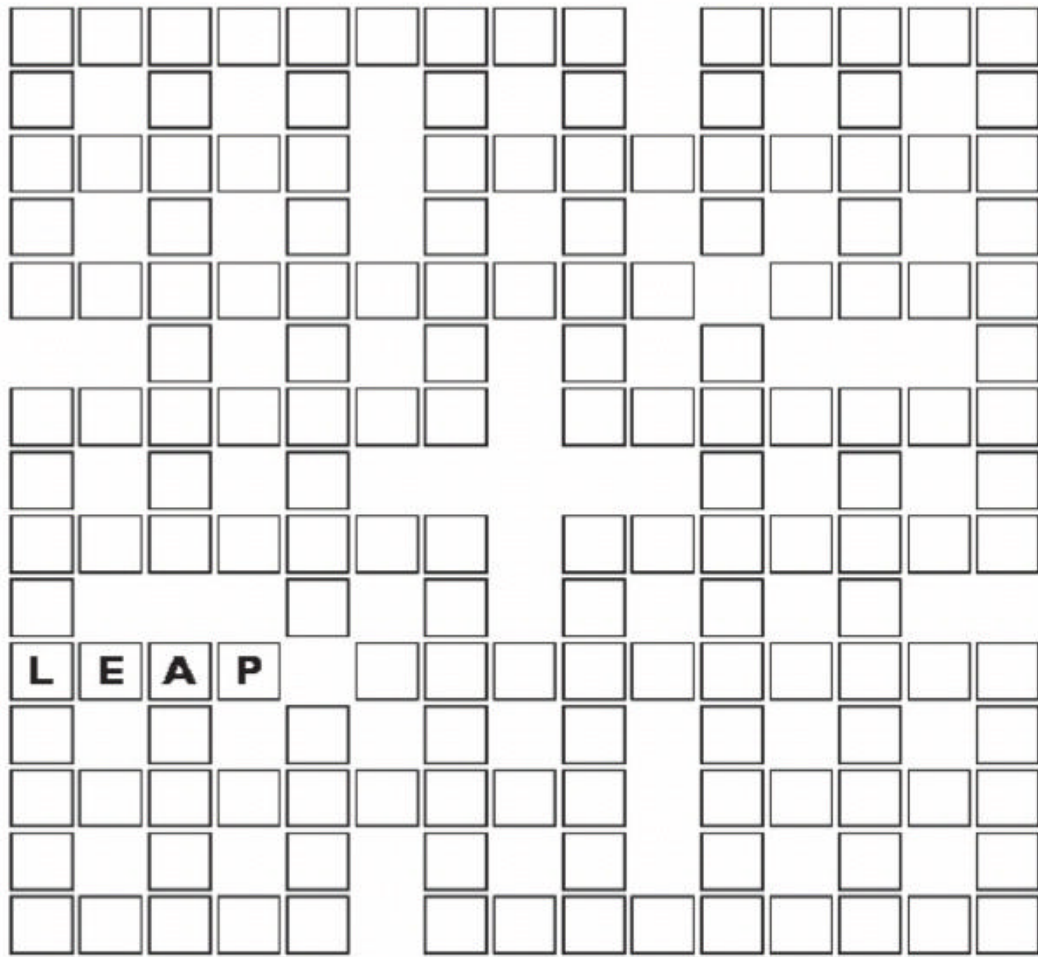
30. ... 33×2

31. ... $385 \div 7$

	1	2	3		4	5	
6		7		8			9
10	11					12	13
14			15		16		17
	18	19			20	21	
22				23			24
25	26					27	28
29			30		31		32
	33				34		

Turn to page 76 for answer grids.

Crisscross



4 LETTERS
DEAR
HEEL
~~LEAP~~
MINT

5 LETTERS
ALONE
BLURB
DARED
DATES

TREAT
TWICE
UNDER
UTTER

7 LETTERS
CHEROOT
COMMENT
DUSTMAN
GARBLES
GLINTED

NOVENAS
PACKETS
SEALANT

9 LETTERS
ASTOUNDED
BUTTERCUP
CUDDLIEST
EMOTIONAL
MECHANISM
SIMULATED

SUSPENDED
TATTINESS

10 LETTERS
BRIGHTENED
CARICATURE
EARTHWORMS
OVERVALUED



ON SALE NOW!

Celeb Wordmatch

FIND A WORD that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the name of a celebrity can be read from top to bottom in one of the lines.

HEAD							TIME
METEOR							HEAD
SOFT							PAPER
SIGNIFICANT							WOMAN
FREE							AWAY
CLIMATE							OVER
SIDE							IMAGE
POCKET							TOWER
RED							RING
SISTER							HAMMER
CARBON							AGENCY
SHARK							DOG

Wishing Well

HERE is a pleasant little game that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

7	5	7	2	8	2	7	5	3	8	3	7	4
B	Y	E	B	Y	R	U	O	S	O	P	N	A
7	8	2	5	8	7	5	4	5	6	2	8	4
D	U	E	U	G	E	A	N	R	S	A	A	E
5	7	5	2	8	7	6	7	8	5	7	8	6
E	R	A	K	I	S	P	T	N	P	A	S	E
7	5	7	5	2	8	6	2	4	5	6	7	8
N	P	D	L	B	T	C	A	W	A	I	I	R
5	7	2	3	4	3	7	2	8	6	2	8	5
U	N	D	E	P	N	G	H	E	A	A	N	D
3	2	5	6	8	6	2	8	3	6	8	5	6
D	B	E	L	G	E	I	T	W	V	H	D	E
3	2	3	4	2	3	4	3	6	3	6	4	4
I	T	S	R	S	E	I	L	N	Y	T	Z	E

Spot The Difference

CAN you find the six differences between the two pictures?



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Not A Nice

Woman

BY all accounts Betty Dunevant was quite a character; a real party animal who enjoyed drinking, dancing and men. In 1952 she married Robert Bransen – she was 15. It was a rocky marriage from the start, but lasted for 17 years and produced six children before ending in divorce.

Betty was drinking heavily and living on welfare when she met Billy Lane. They were married in July 1970. It was another rocky union. During one of their frequent brawls, Lane broke Betty's nose. In retaliation, she shot him. Betty was arrested for attempted murder, but after Lane admitted he'd threatened to kill Betty, the charges were dismissed. Soon thereafter, the couple divorced.

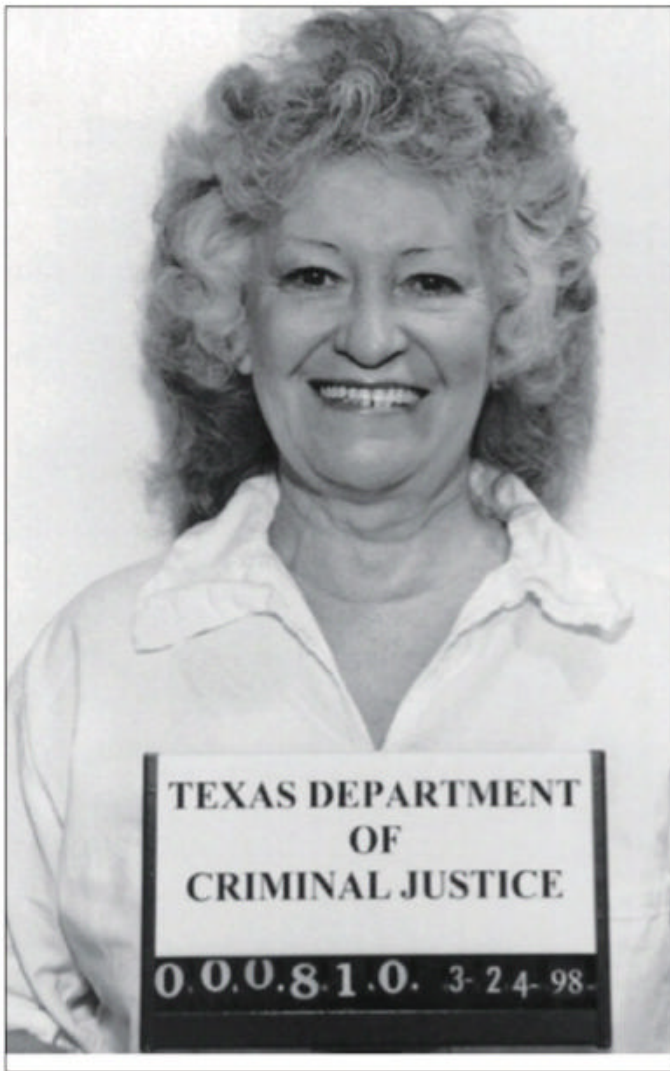
They remarried in 1972, but the marriage lasted only one month before ending in divorce again. A year later, Betty began dating Ronnie Threlkold. Taking things a little slower this time, she didn't marry him until 1978. History still repeated itself. The relationship was filled with knock-down drag-out fights; during one Betty tried to run over Threlkold with her car.

By 1979, the fourth marriage was over. Betty, who was 42 at the time, took a job in a topless bar to make ends meet, but ended up being arrested for public lewdness and spent 30 days in jail.

Not much is known about Betty's fifth marriage to Doyle Barker other than her claims that he was abusive and had a string of affairs. We can't even be sure if they got divorced, as Betty claimed Barker 'disappeared', supposedly with another woman, in October 1981.

By 1982, however, Betty, had married for the sixth time.

SHE shot one spouse, tried to run over another and killed husbands five and six, all the while claiming she was a victim of domestic abuse.



Her new husband was retired firefighter Jimmy Beets. Betty had a lot of bad things to say about her ex-husbands, but Jimmy's friends said he was a good guy who treated Betty like a princess, despite her verbal and physical abuse.

On August 6, 1983, Betty contacted the police at Cedar Creek Lake, Texas, to report her husband missing. She claimed he went fishing and never returned. His boat was found drifting at Redwood Beach Marina on August 12. But a search of the area and the lake by divers failed to turn up any signs of Beets.

Needless to say, this made the police suspicious, but they had no evidence to refute Betty's story. Then, two years later, an anonymous tip sent detectives to Betty's home with a search warrant. In due course, the bodies of Doyle Barker and Jimmy Beets were found buried in the garden.

During interviews police learnt Betty had told her son Robert Branson that she intended to kill Beets to collect his life insurance and retirement benefits. Betty's daughter, Shirley, revealed the reason behind Barker's death – Betty did not wish to lose the trailer home they owned in a divorce action.

On February 24, 2000, Betty Beets declined a last meal or the opportunity to make a final statement before being executed by lethal injection.

HAVE YOU SEEN THEM?

THE largest number of missing children worldwide are runaways, then family abductions, being lost or injured, and non-family abductions.

IN South Africa alone, almost 1 000 children are reported missing every year. The actual figure is probably much higher. Currently the police have an 82 percent success rate finding the children. Ideally they'd like to achieve a 100 percent success rate. But they need your help! Have you seen any of these people?



MPHO RANKOE
Disappeared: November 27, 2018
Age: 14
MPHO left his home in Evaton and never returned. He was wearing a blue tracksuit and blue sports shoes.



TSHEPISO PROMISE CHIVURE
Disappeared: November 27, 2018
Age: 15
TSHEPISO left her home in Ekangala and never returned. She was wearing blue jeans, a white and navy blue shirt, grey and pink cap and blue sandals.



MBALI MOTAU
Disappeared: January 23, 2019
Age: 17
MBALI was last seen by her aunt in Dobsonville and never returned home. She was wearing black trousers, a black shirt and a black jacket.



THULASIZWE IGNATIUS NTSANGASE
Disappeared: November 9, 2018
Age: 20
THULASIZWE was last seen leaving his home in Olievenhoutbosch. He has been missing ever since.

IF you think you've seen any of these people, or would like to report a missing person, contact the Bureau For Missing People on (012) 393-2005, or fax (012) 393-2012. Missing people can contact the bureau to let them know they're alive and well – even if they don't want to get in touch with family.

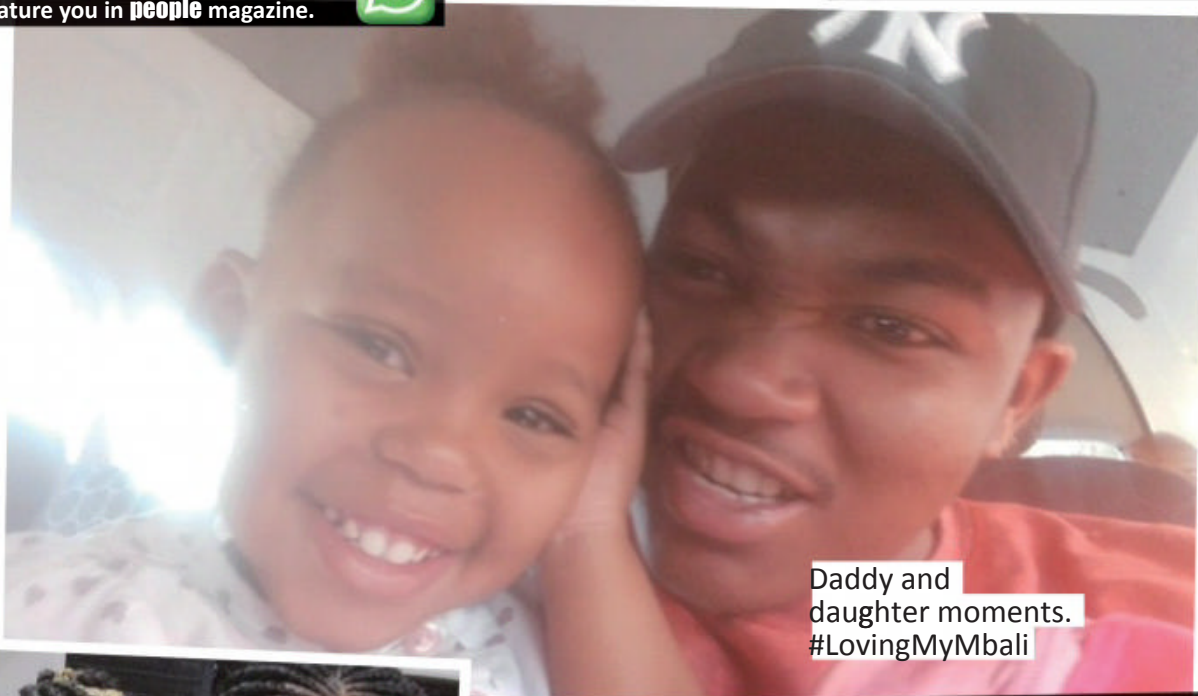
HELPLINES

- | | | |
|---|---|--|
| People Against Women Abuse: Telephone: (011) 591-6803
E-mail: info@powa.co.za / Website: www.powa.co.za
Rape Crisis (021) 447-1467 / E-mail: info@rapecrisis.org.za
Lifeline (011) 0861 322 322/ (011) 422-4242
Childline 0800 055 555 / E-mail: admin@childlinesa.org.za
SAPS Family Violence, Child Protection And Sexual Offences Unit (FCS) (012) 393-2107 / (012) 393-1000 | Teddy Bear Clinic (011) 484-4554 / Soweto: (011) 980-8160
Aids Helpline 0800 012 322, or (011) 880-0405
Tara Eating Disorder Unit (011) 535-3000
Cansacare Centres: 0800 226 622 / E-mail: info@cansa.org.za
SA Depression & Anxiety Support Group (SADAG)
0800 567 567 / Counsellors: (011) 234-4837
Alcoholics Anonymous South Africa 0861 435 722 | SANCA (011) 892-3829
Gamblers Anonymous 060 624 7140 / 071 377 2746 (Office hours)
LGBT Out Services (012) 430-3272 / 066 190 5812
Legal Aid Advice Line 0800 110 110
Crime Stop Line 0860 10111
Corruption Watch Hotline 0800 023 456
Pink Ladies For Missing Children 072 214 7439 / 083 378 4882 |
|---|---|--|

Hi everybody! Send only one pic to dearpeople@caxton.co.za with your name and a caption, and put the photo category in the subject line. WhatsApp us your picture on 060 858 1086 and we will feature you in **people** magazine.



Olwethu, Axolile and our son. Lizalise



Daddy and daughter moments. #LovingMyMbali



Indiphile Mthintsilana – she's five years old.

My granddaughter, Zayaan



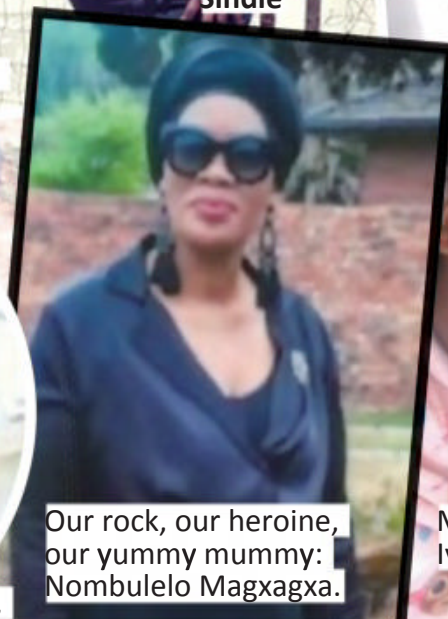
Sunny day ♥ Sindie



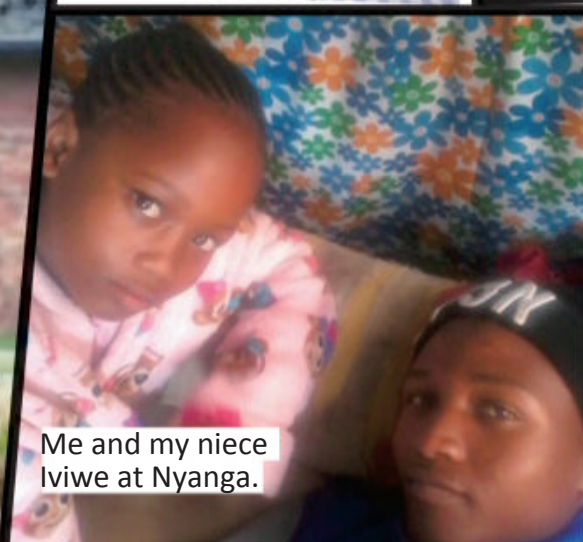
Kay and Latoya



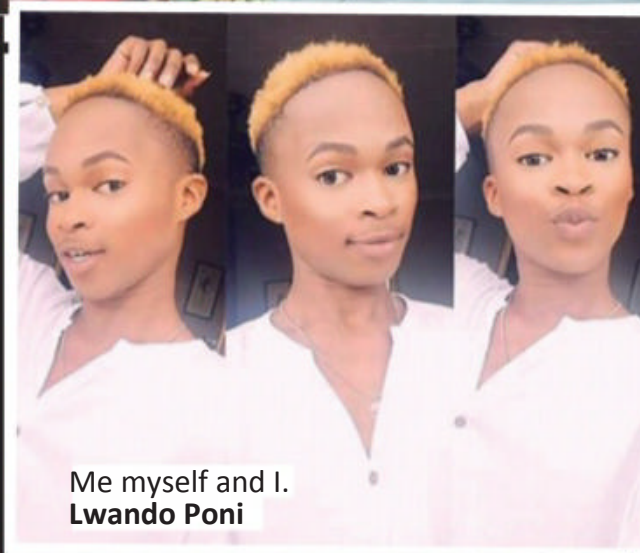
My son Denvil's party.



Our rock, our heroine, our yummy mummy: Nombulelo Magxagxa.



Me and my niece Iviwe at Nyanga.



Me myself and I. Lwando Poni



What Is Your Car Worth?

John Lennon's Rolls Royce Phantom V

WITH over-indebted consumers trying to survive in a tough, sluggish economy, many readers are having to sell their wheels.

FEELING the pinch of debt? Thinking of selling your wheels to fatten up your bank balance? Steve McQueen's old 911 Turbo Porsche sold for R28-million. John Lennon's Rolls Royce Phantom V fetched R33-million. Paul Newman's Riley Chevrolet Corvette pulled in R4-million and Frank Sinatra's 1970 Lamborghini Muira SV snatched an impressive R2.1-million. But before you sell your car, you need to have a realistic idea of what you can get for it. And before you commit to a purchase, know what to look for in a new car.

There are many factors that determine the value of a vehicle.

"If you're wondering what your car is worth, there is no one answer that could apply to every vehicle," say William Miller and Renaldo de Jager, co-founders of new online auction platform Auction.co.za. "Even if you're looking at 10 vehicles of the exact same make and model, there are countless variables involved. Whether you are buying or selling a car, there are many factors and circumstances to be considered."

William and Renaldo share their advice on the ins and outs of buying or selling a car:

Don't Get Caught Out: Consumers often get caught buying vehicles online without knowing the full history. This can be a

dangerous scenario, potentially leaving the buyer out of pocket with ownership of a car that is worth very little without a lot of work, and money, put into it.

"We had one guy come to us for an inspection after buying a car. He didn't know when he bought it that it had been written off by insurance. Consumers get caught like this all the time," says Miller. The moral of the story is that just because something seems like a great deal, doesn't mean it is. You should always do your research.

Protect Yourself: When you buy a house, you don't sign any paperwork or part with your money before doing solid research into what you are buying. You investigate house prices in your desired area, the selling price in past few months, as well as what work has been done on it. Likewise, with a car, you should look at everything that has happened to the vehicle in its lifespan to determine its true worth. Even if the vehicle in question has a roadworthy certificate, this doesn't guarantee that it is problem-free (just that it meets the *minimum* safety requirements).

Determine The Real Value: To do this, you need to look at a range of factors. It is essential to strip down to the nitty-gritty details of that exact car, where it's been, what work has been done to it, whether it's been in an accident, the vehicle's mileage, parts that

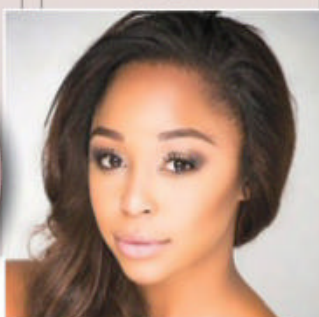
have been repaired or replaced, how much it will cost to keep it on the road, and whether there is any debt attached to the vehicle. A vehicle will depreciate by around one percent each month but it is all of these factors taken into consideration that will determine any one vehicle's real value.

Look After Your Asset: While a car may not be an investment, as it depreciates in value over time, it is an asset that will remain valuable if you look after it well. If you'd like to sell your car one day, there are things you can do from the time of purchase to ensure that its value does not take a nosedive in the time you own it. Make sure you keep up to date with services, repair or replace anything that is damaged or broken, investigate any niggling noises that may be cause for concern, change your oil regularly, and keep an eye on and replace tyres when needed. It's also as simple as getting the upholstery cleaned occasionally. These may all feel like painful expenses at the time, but they will all be worth it when you are able to sell your car for its true worth down the line.



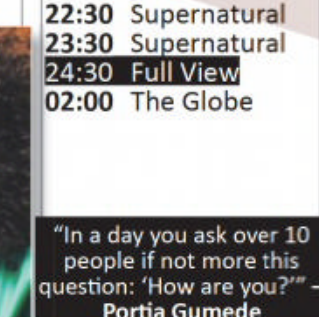
William Miller and Renaldo de Jager, co-founders of Auction.co.za

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
06:30 The Lion Guard 07:00 YO.TV 07:30 Takalani Sesame 08:00 Isidingo 08:30 Generations: The Legacy 09:00 Muvhango 09:30 Skeem Saam 10:00 Velaphi 10:30 Daily Thetha 11:30 Lip Sync Battle 12:00 Sports 13:00 News 13:30 Mam' Sakhile's Story House 14:00 Selimathunzi 14:30 Teenagers On A Mission 15:00 Skeem Saam 15:30 YO.TV 16:30 Daily Thetha 17:30 Siswati/ Ndebele News 18:00 One Mic 18:30 Skeem Saam 19:00 Xhosa/Zulu News 19:30 TBA 20:00 Generations: The Legacy 20:30 Uzalo 21:00 One Day 22:00 Mzansi Insider 23:00 Yilungelo Lakho 00:00 Koze Kuse	06:30 Sportsbuzz 07:00 YO.TV 08:00 Isidingo 08:30 Generations: The Legacy 09:00 Muvhango 09:30 Skeem Saam 10:00 Velaphi 10:30 Big Up 11:00 TBA 11:30 Live Amp 12:00 Imizwilili 13:00 News 13:30 Mam' Sakhile's Story House 14:00 SANDF Career Guidance 14:30 Teenagers On A Mission 15:00 My Night 15:30 YO.TV 16:30 Daily Thetha 17:30 Siswati/ Ndebele News 18:00 Lip Sync Battle 18:30 Skeem Saam 19:00 Zulu/Xhosa News 19:30 Live Amp 20:00 Generations: The Legacy 20:30 Uzalo 21:00 TBA 23:00 Imizwilili 00:00 Koze Kuse	05:00 Geleza Nathi 06:00 Bonisanani 06:30 TBA 07:00 TBA 07:30 TBA 08:00 YO.TV 09:00 Imizwili 10:00 Mzansi Insider 11:00 Generations: The Legacy (Omnibus) 13:30 Sports Stars Uncovered 14:00 Soccer 411 14:30 Build Up 15:30 Laduma 17:30 Roots 18:00 Friends Like These 18:30 Xhosa/Zulu News 19:30 The Real Goboza 20:00 TBA 22:30 IKB 23:30 Selimathunzi 00:00 Koze Kuse	05:00 Geleza Nahi 06:00 City Ses'la 06:30 City Ses'la 07:00 Loxion Lyric 07:30 Loxion Lyric 08:00 YO.TV 08:30 Siyakholwa 09:00 Gospel Avenue 10:00 Mzansi Insider 11:00 Reno Race 11:30 TBA 12:00 Uzalo (Omnibus) 14:30 Build Up 15:00 ABSA Premiership 15:30 Laduma 17:30 Gospel Unplugged 18:00 The Remix 19:00 Xhosa/Zulu News 19:30 TBA 20:00 Emjidini 21:00 13th Warrior 23:00 Friends Like These	06:30 Timon & Pumbaa 07:00 YO.TV 08:00 Isidingo 08:30 Generations: The Legacy 09:00 Muvhango 09:30 Skeem Saam 10:00 Velaphi 10:30 Daily Thetha 11:30 The Real Goboza 12:00 Yilungelo Lakho 13:00 News 13:30 Mam' Sakhile's Story House 14:00 Making Moves 15:00 Soul Buddyz 15:30 YO.TV 16:30 Expressions 17:00 SANDF Career Guidance 17:30 Swati/Ndele News 18:00 Now Or Never 18:30 Skeem Saam 19:00 Zulu/Xhosa News 19:30 Thandeka's Diary 20:00 Generations: The Legacy 20:30 Uzalo 21:00 Expressions 21:30 Cutting Edge 22:00 Nyan'Nyan Chatroom 22:30 Ispani 23:00 Making Moves 01:00 Koze Kuse	06:00 Kids News 06:30 Marco Polo 07:00 Mam' Sakhile's Story House 07:30 Takalane Sesame 08:00 Isidingo 08:30 Generations: The Legacy 09:00 Muvhango 09:30 Skeem Saam 10:00 Velaphi 10:30 Daily Thetha 11:30 One Mic 12:00 Soccerzone 13:00 News 13:30 Mam' Sakhile's Story House 14:00 Ispani 15:00 Soul Buddyz 15:30 YO.TV 16:30 Daily Thetha 17:30 Swati/Ndebele News 18:00 Nyan'Nyan 18:30 Skeem Saam 19:00 Zulu/Xhosa News 19:30 Selimathunzi 20:00 Generations: The Legacy 20:30 Uzalo 21:00 Expressions 21:30 Cutting Edge 22:00 Nyan'Nyan Chatroom 22:30 Ispani 00:00 Koze Kuse	06:00 Kids News 06:30 Jabu's Jungle 07:00 YO.TV 08:00 Isidingo 08:30 Generations: The Legacy 09:00 Muvhango 09:30 Skeem Saam 10:00 Velaphi 10:30 Daily Thetha 11:30 Gospel Unplugged 12:00 The Chatroom 12:30 Identity 13:00 News 13:30 Mam' Sakhile's Story House 14:00 Khumbul' ekhaya 15:00 Soul Buddyz 15:30 YO.TV 16:30 Daily Thetha 17:30 Swati/Ndebele News 18:00 Reno Race 18:30 Skeem Saam 19:00 Zulu/Xhosa News 19:30 MYV Shuga 20:00 Generations: The Legacy 20:30 Uzalo 21:00 Khumbul' ekhaya 22:00 Sport 23:00 Soccer 00:00 Soccer 03:00 Soccer



"Don't be afraid to dream big!!! People will call you crazy, try to demotivate you but wena just be strong and focus. 'A dog doesn't bark at a parked car.' - Zulu proverb" - Minnie Dlamini

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
06:00 Morning Live 09:00 Thabang Thabong 09:30 Ba Kae 10:00 It's For Life 10:30 Grand Masters 11:00 Doc McStuffins 11:30 YO.TV 12:00 Go Jetters 12:30 Mara The Only One 13:00 7de Laan 13:30 Uzalo 14:00 Skeem Saam 14:30 Muvhango 15:00 Mickey And The Roadster Racers 16:00 Words And Numbers 16:30 Hectic Nine-9 17:00 Bleach 17:30 Venda/Tsonga News 18:00 7de Laan 18:30 Nuus 19:00 Musiek Roulette 20:00 Setswana/ Sesotho News 20:30 Visionaries 21:00 Muvhango 21:30 Speak Out 22:00 When Duty Calls 22:30 It's For Life 23:00 Mara The Only One 23:30 Bleach 00:00 Full View 03:00 The Globe	06:00 Morning Live 09:00 Thabang Thabong 09:30 Ba Kae 10:00 Noot Vir Noot 11:00 Doc McStuffins 11:30 YO.TV 12:00 Go Jetters 12:30 Mara The Only One 13:00 7de Laan 13:30 Uzalo 14:00 Skeem Saam 14:30 Muvhango 15:00 Mickey And The Roadster Racers 15:30 YO.TV 16:00 Black Hole High 16:30 Hectic Nine-9 17:00 Bleach 17:30 Venda/Tsonga News 18:00 7de Laan 18:30 Nuus 19:00 The Bantu Hour 20:00 Setswana/ Sesotho News 20:30 Majakathata 21:00 Muvhango 21:30 The Legend Of The Hidden City 22:00 The Legend Of The Hidden City 22:30 TKO Boxing Magazine 23:30 Bleach 00:00 Full View	06:00 Inside The Baobab Tree 07:00 Morning Live 08:30 Muvhango (Omnibus) 11:00 Giyani (Omnibus) 12:30 Restyle My Style 13:00 Black Hole High 13:30 Dtv 14:00 Living Lang 14:30 It's Africa's Time 15:00 The World's Strictest Parents 16:00 Man Of The House 18:00 Nuus 19:00 Collectors Candy 20:00 Setswana/ Sesotho 20:30 Ga Re Dumele 20:56 Lotto Draw 21:00 Mother's Love 23:00 Afro Café 00:00 Full View 03:00 The Globe	05:00 Galooby 05:30 Words And Numbers 06:00 Simcha 06:30 The Light 07:00 Morning Live 08:30 7de Laan (Omnibus) 11:00 Psalted 11:30 Psalted 11:30 Issues Of Faith 12:30 It's Gospel Time 13:30 Beyond Boundaries 14:00 Athletics Alive 14:30 Swimming Magazine 15:00 American Ninja Warrior 16:00 Rowwe Diamante 18:00 Fokus 18:30 Nuus 19:00 The Big Debate 20:00 Setswana/ Sesotho News 20:30 TBA 21:30 It's Gospel Time 22:30 Supernatural 23:30 Supernatural 24:30 Full View 02:00 The Globe	05:30 Takalani Sesame 06:00 Morning Live 09:00 Thabang Thabong 09:30 Vetkoekpaleis 10:00 Blue Planet 11:00 Doc McStuffins Sotho 11:30 YO.TV 12:00 Numtums 12:30 Mara The Only One 13:00 7de Laan 13:30 Uzalo 14:00 Skeem Saam 14:30 Muvhango 15:00 Raggs 15:30 YO.TV 16:00 Epic Hangout 16:30 Hectic Nine-9 17:00 Bleach 17:30 Venda/Tsonga News 18:00 7de Laan 18:30 Nuus 19:00 The Joey Rasdien Show 19:30 Kliphard 20:00 Setswana/ Sesotho News 20:30 Leihlo La Sechaba 21:00 Muvhango 21:30 Giyani 22:00 Grandmasters 22:30 Issues Of Faith 00:00 Bleach 00:30 Full View 03:00 The Globe	06:00 Morning Live 09:00 Thabang Thabong 09:30 Ukuthetha Nenkonde 10:00 Pasella 10:30 Ladies Club 11:00 Doc McStuffins 11:30 YO.TV 12:00 Numtums 12:30 Mara The Only One 13:00 7de Laan 13:30 Uzalo 14:00 Skeem Saam 14:30 Muvhango 15:00 Raggs 15:30 YO.TV 16:00 Epic Hangout 16:30 Hectic Nine-9 17:00 Bleach 17:30 Venda/Tsonga News 18:00 7de Laan 18:30 Nuus 19:00 Roer Jou Voete 20:00 Setswana Sesotho News 20:30 Nhlalala Ya Rixaka 21:00 Muvhango 21:30 Giyani 22:00 It's Gospel Time 23:00 Mara The Only One 23:30 Bleach 00:00 Mara The Only One 00:30 Full View	06:00 Morning Live 09:00 Thabang Thabong 09:30 Kliphard 10:00 Health Talk 11:00 Doc McStuffins Sotho 11:30 YO.TV 12:00 Go Jetters 12:30 Mara The Only One 13:00 7de Laan 13:30 Uzalo 14:00 Skeem Saam 14:30 Muvhango 15:00 Mickey And The Roadster Racers 15:30 YO.TV 16:00 Restyle My Style 16:30 Hectic Nine-9 17:00 Bleach 17:30 Venda/Tsonga News 18:00 7de Laan 18:30 Nuus 19:00 Geure Uit Die Vallei 19:30 Pasella 20:00 Setswana/ Sesotho News 20:30 Ngula Ya Vutivi / Zwa Maramani 20:56 Lotto Draw 21:00 Muvhango 21:30 Giyani 22:00 The Big Debate 23:00 The Big Debate



"In a day you ask over 10 people if not more this question: 'How are you?'" - Portia Gumedde

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
05:00 Hectic On 3 06:00 Espresso 09:00 Democracy Gauge 09:30 Eishsaan 10:00 Keeping Score 10:30 7de Laan 11:00 Isidingo 11:30 Generations: The Legacy 12:00 Air Wolf 13:00 On Point 14:00 Lauren Lake's Paternity Court 14:30 Jay Leno's Garage 15:00 George Of The Jungle 15:30 George Of The Jungle 16:00 Hectic On 3 16:30 Afternoon Express 17:30 The Bold And The Beautiful 18:00 Eishsaan 18:30 Keeping Score 19:00 Isidingo 19:30 Making A Model With Yolanda Hadid 20:30 The Scoop 21:00 News 21:30 McMafia 22:30 Trending SA 23:30 Parliament TV	05:00 The Kids From Seagull Street 05:30 Whip The Chef 06:00 Espresso 09:00 Democracy Gauge 09:30 Eishsaan 10:00 Keeping Score 10:30 7de Laan 11:00 Isidingo 11:30 Generations: The Legacy 12:00 Miami Vice 13:00 On Point 14:00 Lauren Lake Paternity Court Show 14:30 The Scoop 15:00 George Of The Jungle 15:30 George Of The Jungle 16:00 Hectic On 3 16:30 Afternoon Express 17:30 Democracy Gauge 18:00 Eishsaan 18:30 Keeping Score 19:00 Isidingo 19:30 Guys With Kids 20:00 Funny You Should Ask 21:00 News 21:30 TBA 22:30 Late Night Talk 23:30 Base 3	05:00 Judge Lauren Lake Paternity Court Show (Omnibus) 07:30 Life With Boys 08:00 Fangbone 08:30 Bushwhacked 09:00 Restyle My Style 09:30 Keeping Score (Omnibus) 11:30 The Longest Date 12:00 The Longest Date 13:00 Bride And Prejudice 14:00 Making A Model With Yolanda Haddi 15:00 Premier League 18:00 Top Billing 19:00 Funny You Should Ask 19:30 Funny You Should Ask 20:00 EFC 21:00 News 21:30 TBA 23:30 Base 3	05:00 Special Assignment 05:30 An Nur 06:00 Psalted 06:30 A New Day 07:00 Sadhana 07:30 Chuck's Choice 08:00 Polly Pocket 08:30 The Kids From Seagull Street 09:00 Whip The Chef 09:30 Isidingo (Omnibus) 12:00 Dil Dhadakne Do 15:00 Mela 16:00 Just Cooking 16:30 WAGS 17:30 Top Billing 18:30 Safari Live 19:30 Pilgrim 20:30 Unfiltered 21:00 News 21:30 Special Assignment 22:00 TBA 00:00 Base 3	05:00 Fangbone 05:30 Bushwhacked 06:00 Espresso 09:00 Democracy Gauge 09:30 Eishsaan 10:00 Keeping Score 10:30 7de Laan 11:00 Isidingo 11:30 Generations: The Legacy 12:00 Magnum 13:00 On Point 14:00 Lauren Lake's Paternity Court 14:30 Unfiltered 15:00 George Of The Jungle 15:30 Kuu Kuu Harajuku 16:00 Hectic On 3 16:30 Afternoon Express 09:30 Cricket: SA Vs Sri Lanka 17:30 Democracy Gauge 18:00 Eishsaan 18:30 Keeping Score 19:00 Isidingo 19:30 Longest Date 20:30 Quit Your Day Job 21:00 News 21:30 House Of Cards 22:30 Trending SA 23:30 Parliament TV	05:00 Chuck's Choice 05:30 Polly Pocket 06:00 Espresso 09:00 Democracy Gauge 09:30 Eishsaan 10:00 Keeping Score 10:30 7de Laan 11:00 Isidingo 11:30 Generations: The Legacy 12:00 A-Team 13:00 On Point 14:00 Lauren Lake's Paternity Court 14:30 Guys With Kids 15:00 Kuu Kuu Harajuku 15:30 Kuu Kuu Harajuku 16:00 Hectic On 3 16:30 Afternoon Express 17:30 Democracy Gauge 18:00 Eishsaan 18:30 Keeping Score 19:00 Isidingo 19:30 Premier League Review 20:30 Jay Leno's Garage 21:00 News 21:30 House of Cards 22:30 Trending SA 23:30 Parliament TV 03:30 A-Team 04:30 Isidingo	05:00 Restyle My Style 05:30 Life With Boys 06:00 Espresso 09:00 Democracy Gauge 09:30 Eishsaan 10:00 Keeping Score 10:30 7de Laan 11:00 Isidingo 11:30 Generations: The Legacy 12:00 Knight Rider 13:00 On Point 14:00 Lauren Lake's Paternity Court 14:30 Quit Your Day Job 15:00 Kuu Kuu Harajuku 15:30 Kuu Kuu Harajuku 16:00 Hectic On 3 16:30 Afternoon Express 17:30 Democracy Gauge 18:00 Eishsaan 18:30 Keeping Score 19:00 Isidingo 19:30 Bride And Prejudice 20:30 Just Cooking 21:00 News 21:30 Bedford Wives 22:30 Trending SA 23:30 Parliament TV



Never give up on a dream because of the time it will take to accomplish it. The time will pass anyway. – Oskido

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
06:00 The Late Late Show With James Corden 07:00 AGT: The Champions 08:00 Grey's Anatomy 09:00 New Amsterdam 10:00 FBI 11:00 Murphy Brown 11:30 The Big Bang Theory 12:30 The Big Bang Theory 13:00 Young Sheldon 13:30 American Idol 15:30 Carte Blanche 16:30 Suits 17:30 Modern Family 18:00 Family Food Fight 19:00 The Bachelor South Africa 20:00 NCIS: Los Angeles 21:00 Bull 22:00 American Horror Story 23:00 The Late Late Show With James Corden 00:00 Escape At Dannemora 01:10 True Detective 02:15 Red Sparrow 04:40 Rack Pack	06:00 The Late Late Show With James Corden 07:00 Family Food Fight 08:00 Station 19 09:00 Bull 10:00 This Is Us 11:00 The Kids Are Alright 11:30 Family Food Fight 12:30 American Housewife 13:00 NCIS: Los Angeles 14:00 The Voice South Africa 15:30 The Bachelor South Africa 16:30 Suits 17:30 Modern Family 18:00 Family Food Fight 19:00 American Idol 21:00 A Million Little Things 22:00 Arrested Development 22:40 It's Always Sunny In Philadelphia 23:15 The Late Late Show With James Corden 00:15 American Horror Story 01:20 Counterpart 02:30 Escape At Dannemora 03:40 Tiger House	06:40 Tom & Jerry 08:00 American Housewife 08:30 The Line Chefs 09:00 The Line Chefs 09:30 New Amsterdam 10:30 Bull 11:30 Magnum PI 12:30 NCIS: Los Angeles 13:30 Station 19 14:30 Grey's Anatomy 15:30 Isle Of Dogs 17:10 Maya The Bee 17:30 The Kids Are Alright 18:00 American Housewife 18:30 Murphy Brown 19:00 American Idol 20:00 Riverdale 21:00 Marrowbone 22:00 Super Troopers 2 23:40 My Brilliant Friend 00:40 Arrested Development 01:20 It's Always Sunny In Philadelphia 01:50 9-1-1 02:45 A Million Little Things 03:40 TBA 05:50 Aurora Teagarden: The Disappearing Game	06:30 Signed, Sealed, Delivered 08:00 The Line Chefs 08:30 The Line Chefs 09:00 American Idol 11:00 American Idol 13:00 Smurfs: The Lost Village 14:30 Arthur And The Minimoys 15:00 The Kids Are Alright 15:30 American Housewife 16:00 Murphy Brown 16:30 The Bachelor South Africa 17:30 The Voice South Africa 19:00 Carte Blanche 20:05 Game Night 22:00 Last Week Tonight With John Oliver 22:45 My Brilliant Friend 23:45 True Detective 00:55 American Horror Story 02:00 Vice	06:00 The Late Late Show With James Corden 07:00 Family Food Fight 08:00 Young Sheldon 08:30 The Big Bang Theory 09:00 Magnum PI 10:00 Station 19 11:00 The Kids Are Alright 11:30 Family Food Fight 12:30 Murphy Brown 13:00 NCIS: Los Angeles 14:00 Carte Blanche 15:00 The Voice South Africa 16:30 Suits 17:30 Modern Family 18:00 Family Food Fight 19:00 Grey's Anatomy 20:00 New Amsterdam 21:00 This Is Us 22:00 Get Shorty 23:15 The Late Late Show With James Corden 00:15 Riverdale 01:15 Close Up With The Hollywood Reporter	06:00 The Late Late Show With James Corden 07:00 Family Food Fight 08:00 The Bachelor South Africa 09:00 NCIS: Los Angeles 10:00 This Is Us 10:55 Murphy Brown 11:30 Family Food Fight 12:30 New Amsterdam 13:30 Grey's Anatomy 14:30 Bull 15:30 Magnum PI 16:30 Suits 17:30 Modern Family 18:00 Family Food Fight 19:00 Station 19 20:00 9-1-1 21:00 FBI 22:00 Counterpart 23:10 The Late Late Show With James Corden 00:10 Get Shorty 01:15 Riverdale 02:10 Vice 04:35 Rescue Dogs	06:00 The Late Late Show With James Corden 07:00 Family Food Fight 08:00 This Is Us 09:00 Grey's Anatomy 10:00 Bull 11:00 American Housewife 11:30 AGT: The Champions 12:30 Station 19 13:30 The Chefs Line 14:00 The Chefs Line 16:30 Suits 17:30 Modern Family 18:00 Family Food Fight 19:00 Young Sheldon 19:30 The Big Bang Theory 20:00 Whiskey Cavalier 21:00 Billions 22:00 The Affair 23:10 The Late Late Show With James Corden 00:00 9-1-1 01:00 FBI 02:10 Counterpart 03:25 Riverdale 04:25 A Little Game



FUN FACT: GAME NIGHT
 PRIOR to filming the cast members had their own 'game night' so they could get to know one another and prepare for the film. They played Cluedo and Joking Hazard.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
05:30 America's Funniest Home Videos 06:00 The Morning Show 08:00 Judge Judy 08:30 Qubooi Hai 09:30 Days Of Our Lives 10:15 Infomercial 10:30 Gebroke Harte 11:35 Rhythm City 12:00 Scandal 12:30 Imbewu: The Seed 13:00 eNews 13:30 The Wild 14:00 The Big Bang Theory 14:30 Kids Programmes 16:25 America's Funniest Home Videos 16:50 Couples Court 17:15 Days Of Our Lives 18:00 The Wild 18:30 The Big Bang Theory 19:00 Rhythm City 19:30 Scandal! 20:00 eNews 20:30 Hawaii Five-0 21:30 Imbewu: The Seed 22:00 The Fixer 23:00 Playing For Keeps 00:55 One In The Chamber	05:30 America's Funniest Home Videos 05:55 e-Insert 06:00 The Morning Show 08:00 Couples Court 08:30 Qubooi Hai 09:30 Days Of Our Lives 10:15 Infomercial 10:30 Gebroke Harte 11:30 Rhythm City 12:00 Scandal! 12:30 Imbewu: The Seed 13:00 eNews 13:30 The Wild 14:00 The Big Bang Theory 14:25 Infomercial 14:30 The Boxtrolls 16:20 e-Insert 16:25 Family Feud 16:50 Judge Judy 17:15 Days Of Our Lives 18:00 The Wild 18:30 The Big Bang Theory 19:00 Rhythm City 19:30 Scandal! 20:00 eNews 20:30 NCIS Los Angeles 21:30 Imbewu: The Seed 22:00 Getaway 23:50 London Has Fallen 01:40 Judge Judy	06:30 Lego Friends 06:45 Miss Moon 07:00 Be Cool, Scooby Doo! 07:30 Voltron: Legendary Defender 08:00 Sistahood 08:30 Marvel's Ultimate Spider-Man 09:00 Marvel's Ultimate Spider-Man 09:30 Scandal (Omnibus) 11:20 Imbewu (Omnibus) 13:10 Infomercial 13:25 Family Time 13:30 eShibobo 14:00 Ultimate Braai Master 14:55 Space Dogs: Adventure To The Moon 16:30 A Birder's Guide To Everything 18:00 eNews 18:05 Minute To Win It USA 19:00 eNews 19:30 The Karate Kid 22:25 Unbreakable 00:25 Infinity	06:30 A-List Lifestyle 07:00 Grassroots 07:35 Hillsong 08:00 Peppa Pig 08:05 Jake And The Never Land Pirates 08:30 Lego City 09:00 Phineas And Ferb 09:30 Miss Moon 09:45 Robin Hood: Mischief In Sherwood 10:00 Rhythm City (Omnibus) 12:00 The Karate Kid 14:40 Whispers: An Elephant's Tale 16:00 Ultimate Braai Master 17:00 Steve Austin's Broken Skull Challenge 18:00 eNews 18:05 Little Big Shots 19:00 eNews 19:30 Modern Family 20:00 The Hangover Part III 22:05 eKasi: Our Stories 03:05 Unbreakable	05:30 Family Feud 06:00 The Morning Show 08:00 Judge Judy 08:30 Qubooi Hai 09:30 Days Of Our Lives 10:30 Gebroke Harte 11:30 Rhythm City 12:00 Scandal 12:30 Imbewu: The Seed 13:00 eNews 13:30 The Wild 14:00 The Big Bang Theory 14:30 Kids Programmes 16:25 America's Funniest Home Videos 16:50 Judge Judy 17:15 Days Of Our Lives 18:00 The Wild 18:30 The Big Bang Theory 19:00 Rhythm City 19:30 Scandal! 20:00 eNews 20:30 Chicago Med 21:30 Imbewu: The Seed 22:00 Mistresses 23:00 The Hunt For The I-5 Killer 00:40 Judge Judy 01:05 Chicago Med 01:55 Mistresses	06:00 The Morning Show 08:00 Judge Judy 08:30 Qubooi Hai 09:30 Days Of Our Lives 10:30 Gebroke Harte 11:30 Rhythm City 12:00 Scandal! 12:30 Imbewu: The Seed 13:00 eNews 13:30 The Wild 14:00 The Big Bang Theory 14:30 Kids Programmes 16:25 America's Funniest Home Videos 16:50 Couples Court 17:15 Days Of Our Lives 18:00 The Wild 18:30 The Big Bang Theory 19:00 Rhythm City 19:30 Scandal! 20:00 eNews 20:30 MacGyver 21:30 Imbewu: The Seed 22:00 Checkpoint 22:30 Almost News With Chester Missing 23:00 Presumed Dead In Paradise 00:35 Couples Court 01:00 MacGyver	05:00 Cool Catz Legacy 05:30 America's Funniest Home Animals 06:00 The Morning Show 08:00 Couples Court 08:30 Qubooi Hai 09:30 Days Of Our Lives 10:15 Infomercial 10:30 Gebroke Harte 11:30 Rhythm City 12:00 Scandal! 12:30 Imbewu: The Seed 13:00 eNews 13:30 The Wild 14:00 The Big Bang Theory 14:30 Kids Programmes 16:25 America's Funniest Home Videos 16:50 Judge Judy 17:15 Days Of Our Lives 18:00 The Wild 18:30 The Big Bang Theory 19:00 Rhythm City 19:30 Scandal! 20:00 eNews 20:30 Seal Team 21:30 Imbewu: The Seed 22:00 Power 23:10 Church Girl 02:10 The Karate Kid

Memes



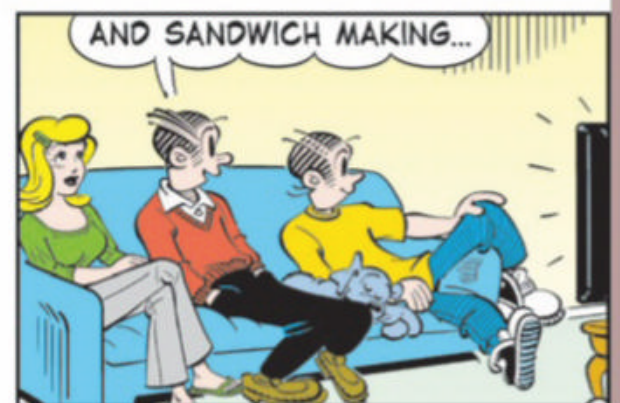
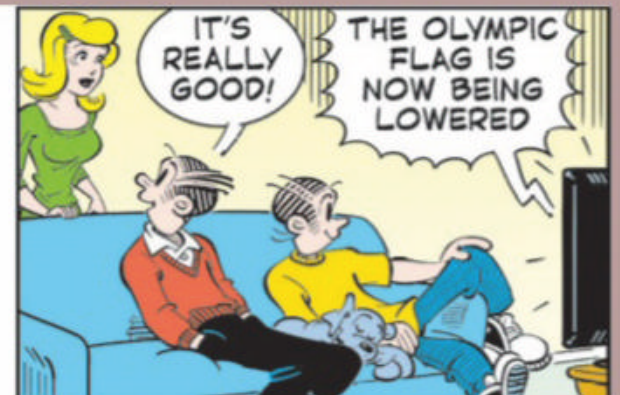
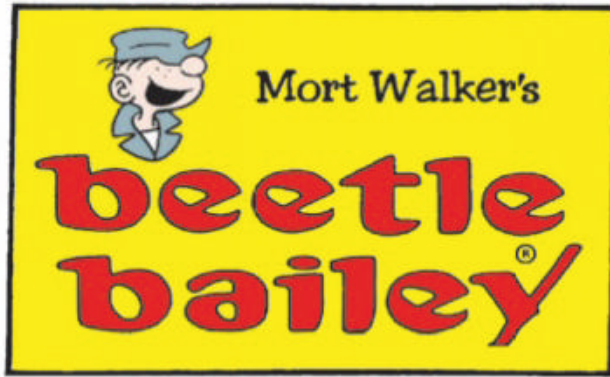
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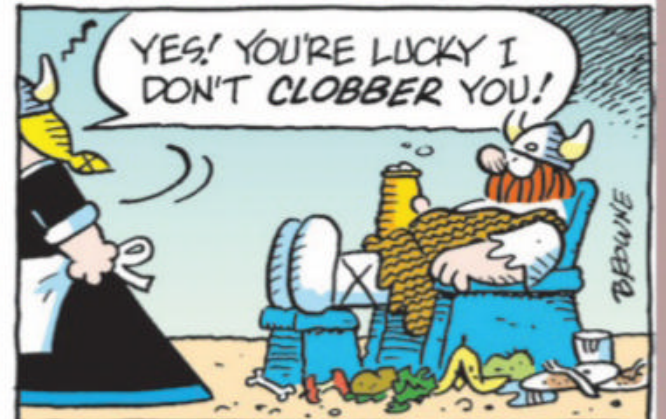
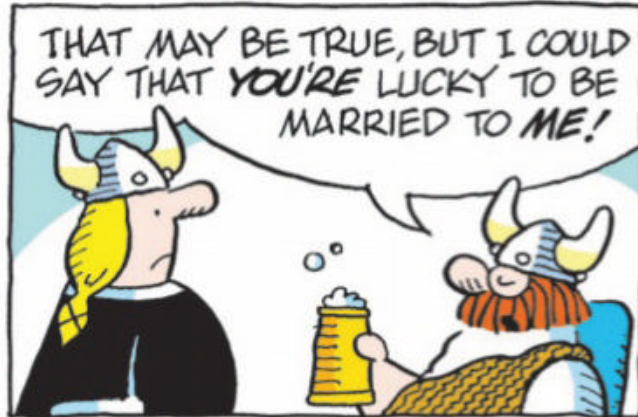
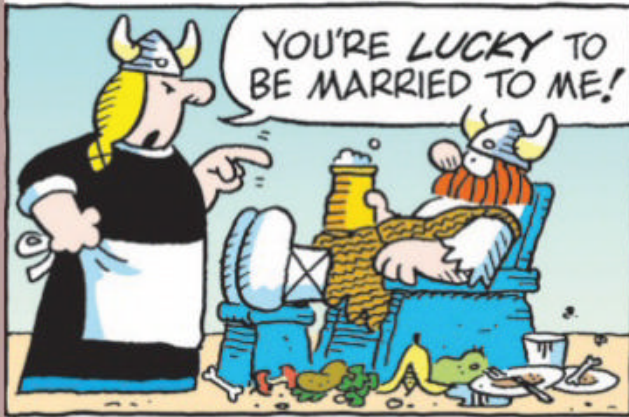
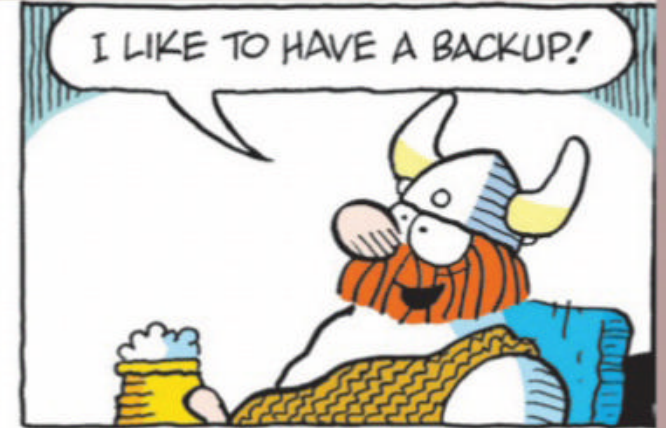
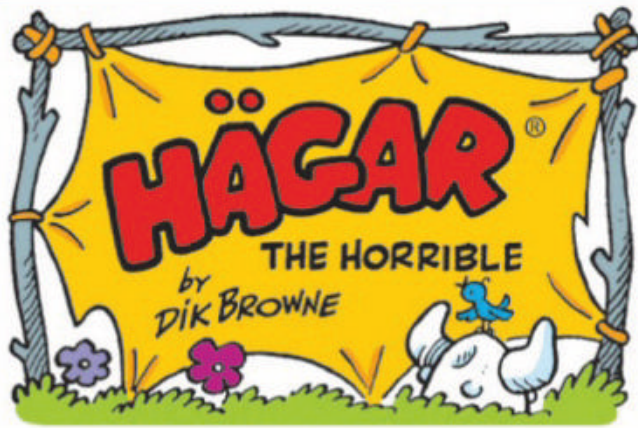
MEME!

BRINGING you giggles and tummy aches!

EVERY now and again we need a good laugh... And if our comics section wasn't enough to tickle your funny bone, we've put together some Internet memes that'll have you in stitches.







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THE LOCKHORNS

BY BUNNY HOEST & JOHN REINER



"I PUT DOWN 'BLOODSHOT' FOR YOUR EYES."



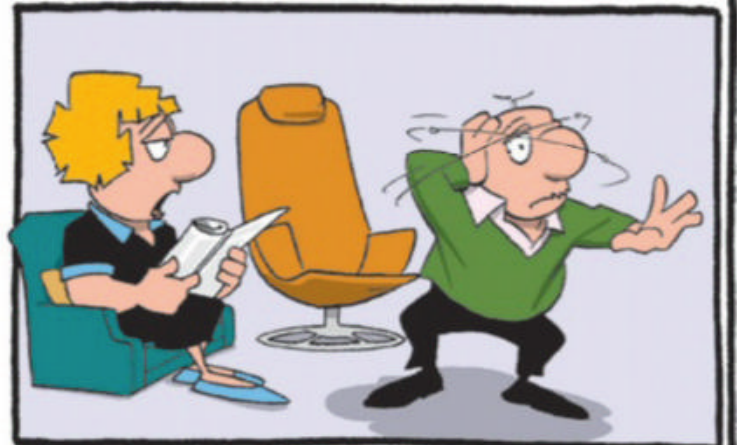
"WHY DOES YOUR HIGH-FIBER MEAL TASTE LIKE CORDUROY?"



"WHEN YOU ADDRESS THAT CARD TO YOUR BROTHER, DON'T FORGET TO INCLUDE HIS CELLBLOCK NUMBER."



"LEROY'S GOLF STORIES WERE FAKE NEWS BEFORE IT WAS POPULAR."



"I WARNED YOU NOT TO GET A SWIVEL EASY CHAIR."

BY EL BROIDE

JORDYN'S NEXT MOVE

JORDYN WOODS is still trying to pick up the pieces with the KarJenner family after her cheating scandal with **Tristan Thompson** tore their relationship apart.

Sources tell us that she's looking to star in a brand-new reality show but is nervous that **Kris Jenner** may try to block her.

"**Jordyn** is currently fielding several offers from every big network to appear on different TV reality shows," a source close to **Jordyn** says. "A lot of producers want to add her to currently running shows or add her to new shows in production.

Kris will be watching closely for **Jordyn's** next move.

While **Jordyn** should be able to do other shows on other networks as an added character, if she decides to do her own show, that is where she may have a conflict of interest with **Kris** and the family. Any new show starring **Jordyn** alone may be perceived as a spin-off of the **Kardashians**. Then **Kris** would take issue as **Jordyn** may be in violation of existing contracts." So, **Jordyn** needs to make sure that she does her research and treads lightly as she plans her next move – meaning her own reality show probably wouldn't be a good idea right now.

"It will be much easier for **Jordyn** to appear as a player on a bigger show," the source continues. "Then she must not discuss the **Kardashians** on a new show or series and not reveal any family secrets in order for **Kris** and the family to not take any action blocking **Jordyn** from continuing to work on TV."

That's not to say **Kris** doesn't have plans for **Jordyn** – she does, and they involve a reconciliation, which is bound to bring millions of viewers in for the upcoming season of *Keeping Up With The Kardashians*.

"**Kris** and her *KUTWK* cameras are already planning to shoot a possible tearful, apologetic reunion scene where **Jordyn** pours her heart out to **Kylie**," another source says. "Until they shoot that scene, **Jordyn** and **Kylie** are communicating minimally, but staying in contact – a text here and there and not much more, for now."



KIM ZOLCIAK-BIERMANN FREAKS OVER DAUGHTER BRIELLE'S SURGERY WISHLIST

DOES the drama ever end? In a recent interview, **Brielle Zolciak-Biermann**, the 22-year-old daughter of *Real Housewives Of Atlanta* star **Kim Zolciak-Biermann**, said that she will probably 'redo' her whole body, face and 'everything'. Despite having undergoing plastic surgery herself, her mom isn't having any of it!

"Oh my God.

She's out of her mind...**Brielle's** out of her mind," **Kim** says.

Kim admits she's gone under the knife, but says, "I didn't do anything else to my body until after I had [my kids] when I had a breast lift after I breastfed all six kids," adding, "And I had to fix a hernia, so I said you might as well just try to make everything perfect."

But while **Kim** isn't thrilled that her young daughter is expecting to go under the knife, she will still support her no matter what.

"At the end of the day, like with her lips, I wasn't happy about it, but when she turned 18, I had no control over it, so I had two options. Either I tell her to go figure it out on her own, or I take her to the best place, and that's what I did."



ON THE BOX THIS WEEK



The Real Housewives Of Orange County, Thursdays At 18h00 On 1Magic

ANOTHER week, another dramatic episode of this hilarious *Real Housewives* series – and this time we catch up with recently divorced **Shannon** and **Kelly**, who bond on a wild night out. **Tamara** feels left out, though – and she's not taking it well.



Rich House, Poor House, Thursdays At 21h00 On ITV Choice

EVERY week we meet both a wealthy and a poor British family who have to swap lives, homes and budgets for an entire week. Some thrive with the change; others realise just how good they have it.



Family Food Fight, Weekdays At 18h00 On M-Net

IT'S one of the most exciting culinary reality shows on TV right now, where six families go head-to-head in a cooking competition that tests their skills and creativity in front of an esteemed panel of judges.

From Queen Back To Machine

SPOTTED recently were Oscar-award-winner Rami Malek and Christian Slater on set for Season Four of *Mr Robot* in New York. The stars were seen having a chat in the cold, during a break and Malek, who's been scooping accolades left, right and centre for his role in, *Bohemian Rhapsody*, isn't taking a breather even after having bagged himself the ultimate prize in Hollywood; he's wasted no time in getting the ball rolling. The new season does not yet have an exact release date but will begin airing in 2019.



Show 'Em Who's Moss!

IF this is **Elisabeth Moss** in a pretend rage we'd hate to see what happens when she gets ticked off for realies. The 36-year-old showcased her range of acting abilities while filming an intense scene as June for *The Handmaid's Tale*'s second season at Toronto's City Hall, screaming at one of her fellow handmaids who looked like her tale might just get an abrupt end. We'll be honest, though – we get the same when we're hangry.

Shooting For Magnum PI's Season Two

PICTURED here was the cast of *Magnum PI* in a remote Hawaiian jungle fully loaded and ready for action while filming Season Two of the modern remake of the 1980s series. Present were actors **Jay Hernandez**, **Perdita Weeks**, and **Stephen Hill** and it's clear Season Two (coming out in mid-2019) is going to be full of excitement.



YOUR backstage pass to the best movie and TV sets.

Seen On Set

BY MICHAEL SEKHU



HELEN DESBOIS

FIFTEEN years after the release of her debut **SAMA**-nominated single *Anything*, Helen Desbois made a musical comeback with her smash hit single *Like I Need You* back in 2016. This was subsequently followed by *Wind Up Girl* in 2017 and now **Helen** returns to her pop roots as she teams up with **Byron Keno** for her brand-new single *The Start Of Something Good*. We chat to the radio DJ and pop star as she opens up about the new track.

What inspired *The Start Of Something Good*?

The song is inspired by the title of the song itself – which was the first thing I came up with when sitting down to write the song. It’s about the excitement of doing something new, fresh beginnings and feeling good. My aim was for the song, music and lyrics was simply to make people happy.

How do you feel you’ve grown as an artist since you released your debut single *Anything* 15 years ago?

It’s been quite a ride since the release of *Anything* and I have had a diverse career in the greater entertainment industry since then too, with roles on television, film and, of course, radio. I always, however, come back to my music. It is who I am. It has been fun working with different producers, collaborating and tweaking my ‘pop’ sound since then. As a songwriter and recording artist I believe it is important to stay true to your sound, but it is okay to push the boundaries too.

You worked with Byron Keno on the track. How did that collaboration come about?

Byron Keno and I have been friends for a long time and we had always planned to release some music together. We started this song a little while ago and the whole writing process was actually pretty easy. **Byron** has such amazing melodies and ideas for beats – it is a match made in heaven. We really get each other from a creative and artistic point of view and **Byron** understood exactly what vibe I wanted for the song. With **Byron** living in Australia now, it has been a bit of a challenge not to be in the same studio together, but, we did it!

How does your work as a radio presenter and voice over artist by day effect you when it comes to creating music?

Being on radio every day, plus getting the opportunity to interview and support other artists on that platform, increases my passion for music tenfold. I am so lucky that I get to be surrounded by music and talent on a daily basis. It is inspiring.

WE chat to musicians making waves in the SA music scene!



Who are your biggest influences when it comes to creating music?

Everyone who knows me knows that **Madonna** is my number one queen. But I also have a very diverse array of influences from a singer/songwriter point of view. **Pink** is off the charts with her lyrics and I also respect **Jess Glynne**’s work at the moment. I have become a bit of an EDM lover too and find inspiration in **David Guetta** and our very own **Black Coffee**.

You’re off on a rather big and exciting adventure soon. Tell us more about that.

It’s an exciting time for me as I am off to Dublin at the end of March! I don’t see it as leaving South Africa – only adding a new destination onto the journey of my life. I am going to continue some of my commitments there too and also plan to release *The Start Of Something Good* in Europe for the summer, representing South Africa all the way, of course. I have already made connections with a few musicians and producers there and another little collaboration is on the cards for later this year.

What does the rest of the year hold for you?

This year has already started with a bang and I am excited to take my brand international, with plans to be on radio and TV and immerse myself in the media too. A couple of films I shot in 2017 and 2018 are also due for release this year, so I am looking forward to that. It doesn’t matter where one is in the world – if one has passion and hustle, the possibilities are limitless, I believe.

Between The Lines

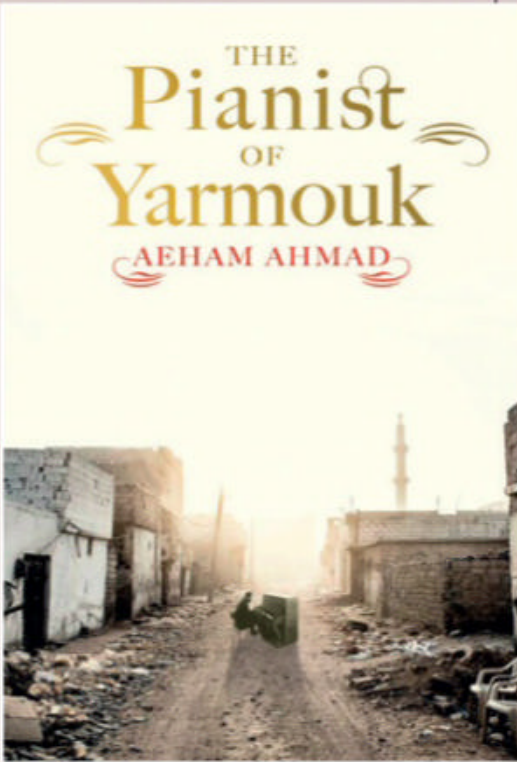
BY EL BROIDE

The Pianist Of Yarmouk
Aeham Ahmad

★★★★★

IN this exceptional book Aeham Ahmad shares a tender and poetic account of a time which fundamentally changed his life. One morning, while walking on the outskirts of war-torn Damascus, Aeham and his friend can’t believe what has become of their city. After witnessing the town’s destruction, Aeham turns to the only comfort he has left and pushes his piano into the street to play a song of hope to his fellow Syrians. Little does he know that this will change his life forever,

as well as the lives of the Syrians living in the demolished town. Aeham opens up about losing his city, friends and family, about leaving his country and finding safety, and this is a gripping portrait of a man’s search for solace and of a country that has been fiercely torn apart.



Interview

BY MICHAEL SEKHU

TUMI VOSTER TALKS LIFE AFTER YO.TV

SHE’S a television presenter, radio host, content producer and currently marketing manager for Universal Music Group, but can you believe that once upon a time Tumi Voster was entertaining kids on YO.TV? Here we chat to the ambitious personality about starting out as a child star, quotes she lives by, and her plans for the year.

You’re currently the marketing manager for Universal Music Group – had it always been your plan to go into that career field after your YO.TV days?

Yes, I studied BA Marketing Communications at the University of Johannesburg after I left YO.TV and always knew I had a huge interest growing my career and experience within the marketing space. Because I was on radio, I was influenced by music and it made sense when the opportunity presented itself to explore marketing in a music setting, and so Universal Music was the perfect place for me to grow.

What’s the one thing you wish you’d known as a child star that you know now?

That the entertainment industry is a challenging space to be in. It’s very competitive, and also keeping your private life is sometimes extremely hard. But I have managed to learn and through experiences become smarter about how I handle myself.

What advice do you have for artists starting out in the industry at a young age?

Make sure you are passionate about what you do. Have a strong support system. Don’t compare your journey



This Land
Gary Clark Jr

★★★★★

GARY CLARK JR

has made quite the

statement with his music since he burst onto the scene back in 2001; however, it’s with his fifth studio album *This Land* that the star really proves he’s a visionary. The record is titled after the project’s lead single which is has been called a ‘Trump-era protest song’ and the singer has a lot to say. **Gary** is unapologetic on this record and sings about various important issues accompanied by smooth rock and roll instrumentals. This is an album with meaning and is definitely his best work to date. In fact *This Land* will go down as a career-defining album for the star.

El’s Favourite Track: This Land



Harverd Dropout
Lil Pump

★★★

LIL PUMP

is back with his second studio album *Harverd*

Dropout, and while it has some incredible singles on it, the overall work is disappointing. The 16-track record fails to tell audiences anything of value and there’s only so much one can rap about being rich and sleeping with women before the content gets stale. While **Pump** does deliver when it comes to flow, it feels like the rapper didn’t even try to create something of value on this record. The star really should stick to releasing singles if he doesn’t have a concise message to share on an album. This could become one of the biggest hip-hop disappointments of 2019.

El’s Favourite Track: Esskeetit



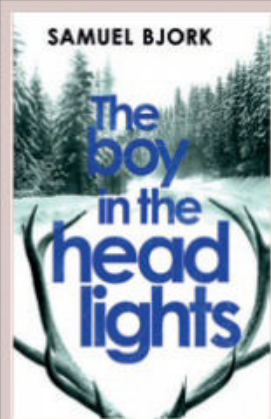
’n Duisend Keuses
Samantha Leonard

★★★★

AFTER coming third in the

second season of *The Voice South Africa*, Samantha Leonard has come out with her debut studio album – and she’s given us everything we’d hoped for. **Samantha** has certainly put in a lot of work when it came to the creation of this project. The star is incredibly comfortable in the sound she has decided to settle on and it shows off her brilliant vocal ability – with her giving some impressive performances in both ballads and up-tempo tracks. There are some heartfelt stories on the 13-track record – eight of which Samantha wrote herself – and it’s obvious that she has the potential to be an all-rounder. This is an impressive debut album.
El’s Favourite Track: ’n Duisend Keuses

THE books you should be reading right now.

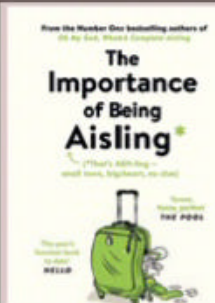


The Boy in the Headlights
Samuel Bjork

★★★★

THE year is 1999 and while driving home one evening an old man spots what appears to be an animal in his headlights. However, after slamming on breaks, he discovers that it's a young boy with a set of deer antlers strapped firmly to his head. Fourteen years later a body is found in a mountain lake, which makes three murders in the space of three weeks, and each time the killer has left a clue, inviting Special Investigations

Detectives Munch and Krüger to play a deadly game. As they set out on a mission to catch the killer, the detectives need to dig deep into their past. Samuel Bjork does an incredible job with this intense murder mystery. Everything from the writing to the plot twists to the character development is on point, making it a solid crime novel fans of the genre will enjoy.



The Importance Of Being Aisling
Emer McLysaght And Sarah Breen

★★★

AISLING has transitioned from a country girl into a true city queen. She loves the sophistication of unlimited Pinot Greej and brunch, though smashed avocado still mystifies her. She is a great planner and her life seems to be heading in the direction she had always dreamed of. But when her job and relationship disintegrate, Aisling (after a trip to Vegas) heads back home to live with her mother. There, she makes both new friends and rivals and finds her eye caught by a very handsome but very unavailable new man, and while moving back home isn't without drama, it could be the answer she's needed. This is your typical romantic novel which will make you both laugh and cry. It's light-hearted and fun – a really good escape. We enjoyed this one.

to anyone else's and remain true to who you are and always have something special that constantly reminds you why you started in the first place for those challenging days.

What quote do you live by

"Never a failure, always a lesson."

What is your favourite television series at the moment and why?

Insecure – I think more than anything I love Issa Rae and her success story. It's so inspiring to see a young woman breaking boundaries in the TV space.

What is your biggest pet peeve?

LOL, at the moment I would say when someone blue ticks me on WhatsApp! (I think most can relate.)

Any other projects you'll be taking on in 2019?

I will be focusing on my GLR PWR series and growing the business side of the platform and brand.

PRINCE WILLIAM PENS FOREWORD IN

New Local Wildlife Book



poets, activists and rangers – this book tells the story of the continent's elephants and the danger they face. The narratives are supported by images selected from among Africa's finest wildlife photographers.

Prince William is incredibly passionate about bringing awareness to these shocking figures and his love for the gentle giants had him eager to write the foreword for this publication. "When I was born, there were 1-million elephants roaming Africa. By the time my daughter **Charlotte** was born in 2015, the numbers of savannah elephants had crashed to just 350 000. At the current pace of illegal poaching, when **Charlotte** turns 25 the African elephant could be gone from the wild," **William** writes. "I am not prepared to be part of a generation that lets this iconic species disappear and have to explain to our children why we lost this battle when we had the tools to win it."

THE British royal family has always been very outspoken and supportive when it comes to Africa, and while they've donated millions of pounds to various charities around the continent, they're also incredibly passionate

about wildlife preservation. No surprise, then, that Prince William has given his support to Don Pinnock and Colin Bell's moving new book *The Last Elephants*, for which he's written the foreword.

In the book it's revealed that the Africa-wide Great Elephant Census report of 2016 produced shocking findings and saw elephant numbers on the continent plummet over the past few years. In fact, today, an elephant is killed on average every 15 to 20 minutes.

Through the eyes of over 40 writers – researchers, conservationists,



The Last Elephants is available in book stores nationwide.

THE LAST ELEPHANTS
Compiled by Don Pinnock & Colin Bell

Where YOU should be seen.

KERRY-ANNE ALLERSTON has been in the music industry for 18 years and her passions include travel, film, food and music! She is a presenter on Mix 93.8 FM on Saturdays and Sundays from 13h00 to 16h00 as well as the presenter for Balcony TV Johannesburg, Marshall Music consultant.

Wednesday, April 3, 18h00

Rudimental: Toast To Our Differences SA Tour
Sun Arena, Time Square Casino, 209 Aramist Ave, Pretoria.

R195 – R495

Tickets at: www.webtickets.co.za

Thursday, April 4 To Saturday 6, 20h00

Marc Lottering In Not A Musical
Die Boer, 6 Chenoweth Street, Durbanville, Western Cape.

R140

Tickets at: www.dieboer.com

Friday, April 5, 18h00

Rudimental: Toast To Our Differences SA Tour
Kirstenbosch Gardens, Cape Town

R465

Tickets at: www.webtickets.co.za

Friday, April 5 19h00

Chunda Munki Live
Rafters, Blesbok & Garsfontein Rd, Mooikloof Pretoria.

R60 at the door / www.rafterspub.co.za

Saturday, April 6, 20h00

Kingsley Presents Fam Fest
With gourmet food, designer cocktails, live entertainment and kids zone.
Rietvlei Zoo Farm, 101 Swartkoppies Road, K554, Johannesburg.

R150 at the gate or e-mail: famfestsa@gmail.com

The Hangout

BY KERRY-ANNE ALLERSTON

APRIL 3 – 7

Saturday, April 6, 12h00

Alex Music Festival For Charity
With Kabza da Small, Jazzpipes, Zola and more.
Alexandra Stadium, 68, 12th Avenue, Alexandra, Johannesburg.

R100 – R250

Tickets at: www.computicket.com

Saturday, April 6, 14h00

Chiawelo Vibration Festival
Featuring Ramzeey, Prifix, Mizo Phyll and more.
Tshiawelo, Ramashia St, Soweto.

R40 – R80

Tickets at: 076 699 677/083 528 4535

Saturday, April 6, 18h00

Soulful Night With Eric Benet Live In SA
Sun Arena, Time Square, 209 Aramist Ave, Pretoria.

Tickets from R190 at www.computicket.com

Saturday, April 6, 20h00

JMS Concert 4 Cap De Classique Trio – Piano, Flute & Cello
Johannesburg Music Society, Linder Auditorium, St Andrews Road, Johannesburg.
Tickets at: 083 228 2917

Sunday, April 7, 20h00

Come As You Are – A Tribute To Nirvana
Barnyard Theatre, Emperors Palace, 64 Jones Road, Kempton Park.

R120

Tickets at: www.barnyardtheatre.co.za

Kerry-Anne also emcees and DJs at events.

www.balconytv.com/Johannesburg/
www.mixfm.co.za/kerryannesgigs@gmail.com/ Twitter @Kallerston

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PHOTO: VAN LEEUWEN

'Our Love Is Stronger Than Fate'

FALLING in love has never had more meaning.

SOURCE: SPOT FEATURES



Silke and Didier are now balloon artists with a company called Canniballoon

Take Note!

Go To www.peoplemagazine.co.za
For More Real Life...

SILKE PAN was accustomed to flying high. She wasn't nervous standing on her husband's hand as he dangled from a trapeze four metres in the air without a safety net. She flipped from his hand and he caught her left leg just in time for her to curl the other one around her lovely torso. It was their signature 'Jungle Joke' act, and spectators at the amusement park in Rimini, Italy were wowed by their every move.

Outfitted in a glittery silver lamé, Silke glanced at her husband, Didier Dvorak. She smiled to herself as she saw how strong and convincing he looked clad in a gorilla outfit they'd designed together. She was dressed as Queen of the Jungle. As he hung one foot on a rope meant to simulate a tree branch, she did the flip. Somehow, Didier missed her leg and she fell, head first. The crowd gasped. Her mangled body lay like a motionless doll on the dirt ground. She fractured her skull and broke her back. At age 34, at the height of her career she learnt that she'd never walk again.

"My life was shattered from one moment to the next," explains Silke, now 45.

She can't remember the moment she plunged to the ground or the weeks after the accident in a coma. All she recalls is a splitting headache and seeing her mother and Didier next to her. Silke tried to get up from bed. "Please, don't move," the doctor warned, as he gently held her down by the shoulders. When he left, Silke cried; her legs wouldn't move.

Fearful that the life she'd known – that all her years of training were in vain, Silke lay in bed for days in shock. No one actually spelled out that she was paralysed.

"It was terrible at first," she recalls. "There were seven months of rehab and I've been in a wheelchair ever since."

Didier's support was boundless. He moved his trailer home in front of the hospital to be with Silke around the clock. He helped her exercise, massaged her muscles, held her hand, brought her favourite foods, talked and read to her.

"He was immensely helpful," she says, adding, "I couldn't have made it without him."

Didier, who still refuses to speak about the accident, was grateful that Silke didn't cast any blame. "She's a wonderful person," he says. "She's never uttered a word about it. Never."

She wasn't interested in finger pointing.

"It's never been a question of who was at fault," she says. "What's important to me is how we move forward. Our love is stronger than our fate."

If she felt sorry for herself, she looked around at other rehab patients.

"They taught me never to lose hope – to remain positive," she says. But it took years for her to adjust to her new self. She'd always relied on her physical strength and dexterity to feel successful. Now, she'd have to depend on her ingenuity and intellect.

As a child Silke practised daily to be a gymnast and moved like a dancer by age 11.

"When I told my trainer how much I loved it, she said, 'What about becoming a circus trainer?' I never forgot her suggestion."

During school breaks she attended circus workshops, and after graduating from high school she convinced her parents to let her attend the National Ballet School and School of



Silke had been immensely skilled in acrobatics



Their love is as strong as ever, despite the tragedy



The 'Jungle Joke' act that went horribly wrong



Silke now uses a bike that allows her to pedal with her arms

Circus Artists in Berlin. Shortly after, she met Didier. She was 19.

The tall, muscular 30-year-old lived in a trailer home, earning a living as a clown and acrobat. He wanted to diversify his act, so he spread word that he was looking for a light-weight female partner for a new routine. When he met Silke, he offered her the job. They did five 15-minute shows at theatres, hotels and circuses.

"It was great, but I started to worry about being too dependent on Didier," she says. At age 21 she struck out on her own; she and Didier remained friendly. As a solo act, she performed daring handstands, and worked as a contortionist and acrobat. She became such an adept acrobat that she worked with seasoned Chinese trapeze artists from 1994 to 2000. By age 28 she was ready for something new. "When I met Didier again, I told him that I wanted to partner again. He was great with his hands and we worked very well together, so we decided to stay together – forever. We fell in love. Didier really understood me. I'd come up with ideas and he'd design the set to carry them out."

Their careers took off. They toured Switzerland, France, Germany, Italy, Spain and Tunisia, performing in variety shows, circuses, amusement parks, hotels and cruise ships. In 2005, three years after reconnecting, they created their infamous 'Jungle Joke' act, which they first performed at an entertainment park in Rome. A huge success, the nail-biting show was watched in silent amazement by audiences. They performed it at least 300 times. Then September 2007 happened. Silke suspects that the heat inside the gorilla costume made Didier sweat so profusely that 'it limited his movements'.

"His hands became sweaty and slippery. Behind the mask, which was made of plastic, there were only small openings for his eyes and the sweat clouded his vision even further. On top of that, the big hot lights under the tent made him perspire more."

She's sad that she'll never again fly on a trapeze, but believes it wasn't in vain.

"My training taught me to overcome difficulties, to persevere no matter the odds, to never give up, continue," she remarks.

"Smile, even though it may hurt inside. That's my mindset, what I've kept from my past life."

The couple initially struggled when she returned home in a wheelchair.

"At first, we didn't know what to do with our lives," says Silke, adding "How would we earn a living?"

What about balloons, Didier suggested. Before they became an act, he decorated stages and events with inflatable balloons that dazzled the public. Now together as balloon artists, they use compressed air to fill thousands of balloons for public spaces and call their company Canniballoon.

Silke still craves excitement. On the Alps she uses a bike that allows her to lie down while pedalling and steering with her strong hands and muscular arms, and competes in races. And sometimes she dreams she can walk again.

"When I wake up and realise that I can't, I go on my hand bike. It's like I've got my whole body back and I can accept who I am."

With Pain Comes

Strength

BY VANESSA PAPAS

AFTER her daughter's brutal rape this mom had to find a way to be strong for her child.

IN 2014 Mabusang Malotane's teen daughter was brutally raped. The emotional scars caused by the trauma were enormous for then 18-year-old Neo, who slipped into depression and tried to kill herself. Realising what she had to do, Mabusang put her own anger and pain aside to focus on helping her child heal.

"My daughter has always been a free-spirit but towards the end of her matric year her personality began to change. She became very withdrawn and depressed," says Mabusang. "It was only two months later that she finally told me that she had been raped by a friend she trusted, who was helping her study for her end-of-year exams. When I heard what happened I was gutted. There are no words that can describe that feeling – I felt numb and helpless, but boiling with anger. All I wanted was justice for my child but before we were able to open a case my focus shifted from my child's rapist to my child's pain. Neo tried to commit suicide and I was forced to leave karma to deal with 'him' so I could concentrate on her. My only goal at that time was to be there for my daughter and make sure that she was okay." Asking that we don't go into details of how Neo attempted suicide, Mabusang says that while in hospital, Neo was initially diagnosed with depression, but despite anti-depression medication she didn't really get any better. Some four months later, she was re-diagnosed – this time with bipolar II – a mental health condition defined by periods of extreme mood disturbances.

"That's when I decided to pull out all the stops," says Mabusang. "I had to get all the help I could – for her and for me. It took a while to get her on the correct medication because psychiatric treatment takes time to get right. There's no one way to treat trauma and suffering. We managed to find her a great psychiatrist to assist with her meds, and a psychologist, who helped



Neo and Mabusang got matching tattoos

her get through the worst of it through sessions where Neo was able to talk about what happened. She and I also spoke about the rape together and attended spiritual counselling sessions, which helped. I soon discovered that rape victims will almost always find ways of blaming themselves for the assault by listing all the ways they could have fought differently, dressed differently, screamed differently, hit differently, or been somewhere different. For a long time, Neo blamed herself – I guess she was trying to find a sense of control again. I came to understand that it was a natural but unhealthy way for her to create a false sense of control over whether this could happen again. No, it wasn't her fault. This didn't happen because of anything she did wrong, or how she dressed, or where she was. It happened because a very sick and angry person made a terrible decision to do this to her. I had to keep reminding her that rapes happen because of the rapist, not because of the victim."

It took several months for Neo and Mabusang to work through what happened. Mabusang chose to forge a path of positive engagement. Instead of drowning in fear and rage, she fought back the negativity by learning how to meditate. She focused on her own health and undertook a routine yoga practice. Neo, meanwhile, focused on her studies and started painting as a means of expressing her emotions.

"Rape isn't something she can just 'get over'. The emotional effects can last for years, and unfortunately helpers like police, doctors, ministers, and lawyers can be insensitive. As Neo's mom I knew my child would need a

long time to grow strong again before she could discuss what happened with others. I had to be patient, open, and allow her to express her feelings at the time of her choosing. I also had to encourage and remind other members of our family to respect her privacy."

In order to recognise what they had been through and how far they had come, Mabusang and Neo both got tattoos on their chest, next to their hearts, that read '*avec douleur vient la force*', which means 'with pain comes strength'.

"We always wanted to get matching tattoos, but we were going to wait until Neo was 21 years old. After the rape we decided that it needed to be moved forward – we needed to find something that depicted what we had conquered. We decided to get 'with pain comes strength' as it spoke to the journey we had been on together and the dark cloud we had moved past in our lives. Neo and I are much closer now. This horrible tragedy actually strengthened our bond and relationship and we've learned to communicate better. I also learned more about bipolar and how to support her when she needs it most. I now know how to help her when her mood changes instantly and what she needs."

In 2018 Neo graduated from the 3D animation course she was doing and she is now setting her eyes on doing a Masters in 3D animation and gaming in the United States in 2020. Currently, she is the creative manager at Shai Boi Project Management – a boutique project management agency founded by Mabusang.

"I used to think I would kill the perpetrator, but now I pray to find forgiveness for him. I have come to learn that no amount of evil will change your destiny. You have the power to conquer whatever challenge you may be faced with. I love the young woman I see developing right before my eyes! I am so proud of her," says Mabusang.

Battle Of The Hulks

MUSCLE mania is the name of the game.



Sajad Gharibi, the Iranian Hulk



THE bodybuilder known as the 'Brazilian Hulk' has agreed to fight the 'Iranian Hulk' in an MMA contest, and has vowed to 'tear off' his head.

"Be brave and invite me to fight instead of hiding behind your sponsors. I am ready to fight you, show me what you've got to say in the ring." This was 27-year-old Sajad Gharibi's challenge to Romario dos Santos Alves, 29, which the latter initially rejected. Now it appears he's ready to take him on.

The Brazilian said, "I send a message to you, the Iranian Hulk who is challenging me: I will go up to 120 kilograms and you will go down to 120. I will tear off your head."

The huge Iranian reportedly weighs 175 kilograms at present, while Romario, who is 1.76m, started training seriously in 2009 and currently weighs 104 kilograms. He had previously made headlines in 2013 when he nearly lost an arm due to synthol oil injections, which caused a severe reaction.

The use of injected oil to enhance muscle appearance is common among bodybuilders despite the fact that synthol can

cause pulmonary embolisms, nerve damage, infections and the formation of oil-filled ulcers in the muscle.

Since his problems six years ago, the Brazilian Hulk has reportedly changed his lifestyle and now trains healthily.

As for Sajad, he became well known in 2016 when he announced that he was going to join the battle against ISIS, although this never happened.

The date for this mega battle has yet to be announced.



Romario Dos Santos Alves, the Brazilian Hulk



BY VANESSA PAPAS

HOW THE LOTTERY PIE IS SLICED

THE National Lotteries Commission says NGOs must not put all their eggs in one basket.

FEELING lucky? The odds of winning the first prize Lotto jackpot are one in 20 358 520, but that hasn't stopped thousands of South Africans from playing.

And with each ticket bought, a portion of the funds goes towards a selected charity. This is because non-profit organisations that uplift the community are eligible for funding from the National Lotteries Commission (NLC). Every year the NLC identifies priority areas and invites organisations to apply for grants. But how does the selection work? Why are some charities chosen and others not? Why is there no public participation allowed in deciding which charities get money? After all, it's the citizens of SA who are giving their own money for the lotto – shouldn't they have some say? Then there are the complaints of lengthy waiting periods for decisions on grants, as well as their distribution. In

addition are the allegations of a lack of transparency, with some saying it's very hard to find out how much money the NLC has, where that money is going and the decision-making processes behind grants. Another difficulty is that many small and new NGOs claim they have been excluded on account of complicated adjudication processes and high rejection rates.

Many of us remember the day then-SA president Thabo Mbeki launched the National Lottery on March 2, 2000 at a ticket terminal in Langa, Cape Town. The first live Lotto draw took place nine days later. Eighty organisations became the first beneficiaries of the National Lottery when 'emergency' disbursements worth R4.1-million were made. The beneficiaries were organisations that had been funded through scratch card competitions prior to the establishment of the lottery and who claimed experienced financial difficulty during the transition to the new lottery-based funding system.

A big challenge Lotto faced from the very start were fraudulent applications. The board reported in 2014 that it could have allocated nearly R300-million to fraudulent NPOs had they not verified the projects. Fraudulent financial statements, auditors' reports, physical addresses and the misappropriation of funding for profit-making businesses were among some of the board's findings. The NLC was launched on June 29, 2015 to regulate the National Lottery as well as other lotteries, including society lotteries to raise funds and promotional competitions. The NLC does not adjudicate applications for funding or make allocations to organisations.

This is done by committees known as distributing agencies, which are appointed by the minister of Trade and Industry. By 2018 the lottery contribution to National Lottery Distribution Trust Fund had reached an unprecedented R1.4-billion.

"While it sounds like a lot, in a country where the needs are so vast, our budget of around R1.4- to R1.5-billion per annum (which is 47 percent of the total budget) cannot realistically reach everyone," says the commissioner of the NLC Thabang Mampane. "To make sure our distribution is fair and impactful, we have dedicated priority areas we focus on each year. The focus area for 2017/2018 was 'helping vulnerable people and crime prevention'."

The NLC's 'priority areas' often cause a furore among certain welfare organisations. For the past 15 years, the SPCA (Society for the Prevention of Cruelty to Animals) and its branches across the country, for example, had received tens of millions of rands in funding from the NLC. But in 2017 that funding was cut after the NLC announced a shift in its focus to poverty relief. Many animal charities that depended on grants to survive were thrown in the deep-end when they were told they did not qualify.

"Each year, more than 14 000 applications are received from animal welfare organisations, requesting more than R10-billion in funding," Mampane explains. "The main reason charities get turned away is because they don't fall into the NLC's annual priority areas (which are listed on our website and which change each year). By their own admission, the NSPCA acknowledged that they have received funding every year since 2000, but yes, they were excluded in 2016. The reason they did not make the cut is simply because that year's priority area was 'early intervention, protection and



Thabo Mbeki





Thabang Mampane

supporting the vulnerable (such as the disabled, orphans, children of all ages, women and the aged/elderly) and 'crime reduction and prevention intervention and services'. Contrary to popular belief,

Mampane says the lottery has funded a number of animal welfare organisations, including The Emma Animal Rescue Society (TEARS), African Tails and the Animal Anti Cruelty League.

Another sector that feels it lags behind in the pickings is education. Since the NLC first started allocating grants, sport has received R6-billion compared to the R2.8-billion given to 5 768 mostly public schools during the same period. Of the R6-billion for sport, a

lion's share of R2.3-billion went to the South African Sports Confederation and Olympic Committee (SASCOC) and its affiliates. In a nutshell almost R2.5-billion was allocated under Sport & Recreation; Charities: R199-million; Arts, Culture & National Heritage: R158-million; and Miscellaneous was R9.9-million.

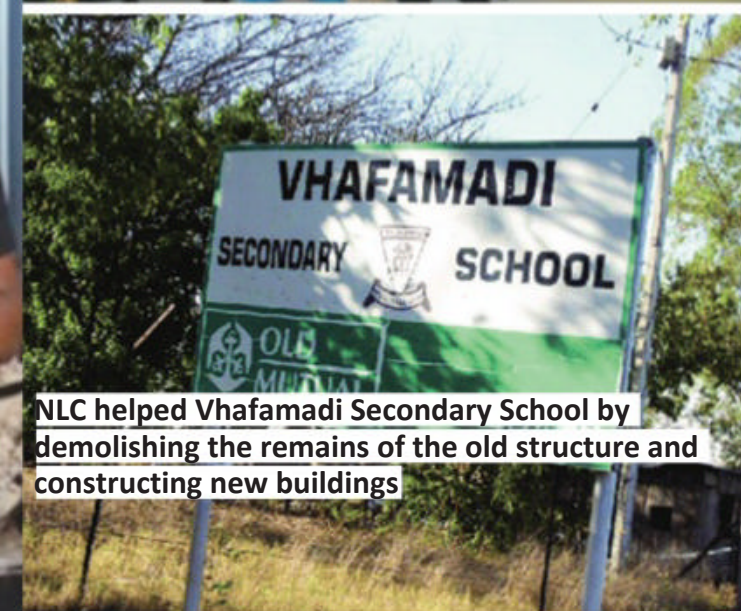
Mampane says that applications for funding have gone up to R40

billion – far exceeding the budget available for funding. This has resulted in many deserving organisations not being able to access funding – a concern which led to the 2015 regulations in terms of how funding is differentiated and distributed across the NGO sector to cover the nation's diverse pressing needs.

"NPOs cannot build a dependency and an entitlement to NLC funding because it cannot be guaranteed they will get grants every year," he warns. "A grant does not automatically guarantee future funding. The board was set up to assist South African NGOs and not to ensure their existence."



Phutadichaba Old Age and Disabled Care Centre



NLC helped Vhafamadi Secondary School by demolishing the remains of the old structure and constructing new buildings



Did You Know?

THROUGH funding distribution, the NLC has helped countless South Africans. As part of its support for 16 Days of Activism last year, R1.5-million was given to Izimvo and Soul City Institute for Social Justice respectively. The projects aim to fight the scourge of violence against women and children. That same month NPC visited the Phutadichaba Old Age and Disabled Care Centre in Alexandra to hand over a cheque for R2-million in proactive funding. The centre is run by Linda Thwala, who has been serving the community of Alexandra for over 50 years. The funds were used towards providing much-needed relief to Alexandra residents who were adversely affected by fires that ravaged the township and to provide sustainable care for senior citizens and people with disabilities whom it looks after. In 2016, NLC helped Vhafamadi Secondary School (a science school), by demolishing the remains of the old structure and constructing new classrooms, a library, and administration block including a computer centre and kitchen facilities. There were, however, defects with the new building but NLC did appoint engineers to provide quality assurance.

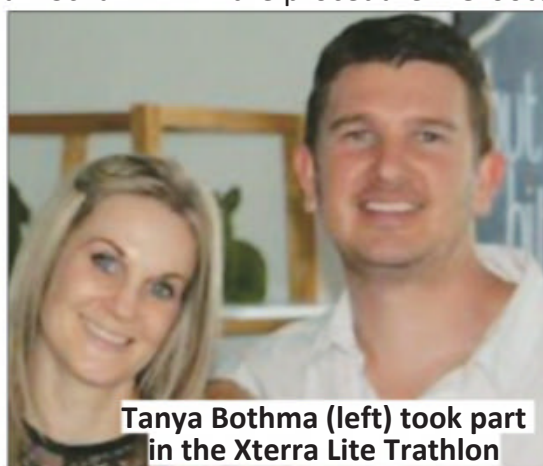
GIVE THE GIFT *Of life*

TWO years ago he was killed in a light aircraft accident but a part of Mark Hendra will always live on in the lives of others because he was an organ donor.

nothing they could do for him. Sadly, he was declared dead on the scene. Initial reports suggested Mark's glider suffered a malfunction but the exact cause behind the crash remains a mystery. The news of Mark's death came as a massive shock for his tight-knit family. "Everyone loved Mark," said his brother-in-law Schalk Bothma. "He had a big heart for his family, animals, children and the environment, and was somebody who committed fully to any project or hobby. He loved living his life and didn't hold back on anything.

someone else in need because we knew that was what Mark would have wanted," says Mark's sister Tanya Bothma, who herself is the recipient of a lung transplant. Tanya was diagnosed at a very early age with chronic lung disease and bronchiolitis obliterans and recently became the first person to receive a double lung transplant in Cape Town. What made Tanya's case so unique and special is that the hospital in which she underwent the procedure – Groote Schuur – became the

first hospital within the state sector nationally to perform a bilateral sequential lung transplant (this type of procedure was up until then only available in Gauteng, at a private hospital to patients on medical aid). Since her procedure, Tanya has faced a number of challenges. "In the beginning



Tanya Bothma (left) took part in the Xterra Lite Triathlon

Mark Hendra will always live on in the lives of others because he was an organ donor

ORGAN DONATION is made possible by heroes – people who voluntarily decide to donate their organs and tissue for transplantation. The best news is that anybody can make a difference and leave a lasting legacy through donation. One such hero was Mark Hendra.

At the age of 36, Mark had the world in the palm of his hand when a tragic and freak accident took his life. In July 2017 Mark, an IT businessman originally from Cape Town with an adventurous soul, headed off to Sunderland Ridge, Centurion, for a Sunday afternoon of paragliding. Mark was not new to flying by any stretch and incredibly proud after having obtained his microlight licence four years before.

Shortly after 17h00 Mark's powered paraglider spiralled out of control and he crashed to the ground. Grasslands Sports Club chairperson Andrienne Visser said a few people saw Mark tumbling from the sky and rushed to his aid within seconds. When paramedics arrived at the scene a bystander was performing CPR. They assessed Mark and found there was

Although Mark was not married and had no children of his own, he was very family-orientated and never missed a family celebration or birthday.

At the time of his death Mark was an organ donor with the Organ Donor Foundation of South Africa.

"Despite our overwhelming grief and loss, we as a family had absolutely no hesitation in agreeing to donate some of Mark's tissue for transplant purposes. We saw it as a privilege for us to consider helping

Important To Know

SOLID organs such as the heart, lungs, liver, kidneys and pancreas can only be donated if your loved one has been diagnosed with brain death and is on a ventilator in a hospital. In this case, upon receiving your call, the Organ Donor Foundation will pass on the information to the nearest transplant centre and soon thereafter a transplant coordinator will contact you. Tissue such as bone, skin, corneas and heart valves may be used if your loved one is either on a ventilator or has already passed away and their body is at the mortuary or undertakers. In this case, a representative from the Tissue Banks or Eye Bank will be in touch with you.

I suffered a heart flutter necessitating a stay in ICU, medication; a fungal infection in my lungs required another hospital stay, more medication to control the continuous nausea that made it difficult for me to eat and gain the necessary weight. But I have normal lung function for the first time in my life and I've increased my lung capacity from 400ml of air to 2L of air flow; I'm doing exercises with my pulmonary rehab that I could only dream about doing before! There are still a few challenges ahead but I'm especially and eternally grateful for the donor, and so painfully aware of the pain and grief experienced by the family and friends of the donor since I have experienced both sides of this incredible process called organ donation."

Pay It Forward

THERE are about 4 300 South African adults and children awaiting a life-saving organ and cornea transplant. The Organ Donor Foundation of South Africa (ODF) is a national non-profit and public benefit organisation established to address the critical shortage of organ and tissue donors in our country through awareness and education campaigns aimed at the public and medical professionals. The Hendra family are appealing to readers to consider registering as an organ donor. For more details, contact the Organ Donor Foundation on 0800 22 66 11 (toll free line during office hours), or 082 318 4376 (emergency line for after hours).

Bullied From Birth

THIS reader was taunted throughout school for something beyond his control.



“ WAS born In October 1993 to a correctional officer dad and a stay-at-home-mom. I am the youngest of six siblings. We are five sisters and one brother.

I have always been the quiet one, the shy one, the one who hides away from everyone or who feels like they can't breathe when there are too many people around them. What can I say? Being around too many people makes me nervous. Life has been a rollercoaster ride ever since I can remember. I was bullied from before I started attending school until my last year at school for something I cannot change, something I was born with. My one leg is slightly shorter than the other leg, causing me to walk differently – a slight limp In my walk as some people would say. I've been bullied about it, laughed at for it, and it has affected me, my mind and the way I see myself while growing up so much that I often just cried myself asleep because I could not understand why God would create me like this. I could not wrap my head around why I was created differently. It feels like just because you

Tell us your story. E-mail robertc@caxton.co.za. we print, we pay!
(Please keep all submissions to no more than 500 words.)

walk differently you are not good enough to be alive. The constant questions people asked did not make my life any easier, either. 'Are you normal? Are you disabled? Are you just pretending to walk around like that?' It had me at a point where I questioned myself and had me thinking that I could walk like everyone and that I may have subconsciously been pretending. It messed with my mind; if people didn't ask questions they said rude and hurtful things to me. The truth is that I was born different. A doctor told my mom not to have any more children after me or they could be born with Down's syndrome. At 25 years of age I'm only now starting to accept who I am at this stage in my life. So many people have pushed me down, including my family and close friends but I can and will and have already moved past their negativity and insulting words. I am not where I want to be in so many ways, mentally, physically, spiritually or financially, but I am happy for the first time in my life. Truly happy. I know God created me exactly the way I needed to be.

I am nowhere near perfect but I am different and I learnt that different is beautiful. Different is special. It's one of a kind. God makes no mistakes. God handpicked me to be me. He called my name. I just have to let my light shine and keep on growing and keep on being me. I have a limp that affects how I walk – yes, it is true, but I am so much more than just that. I am also made to love and care for others and just be a truly happy person. I won't let anyone or anything stand in my way of being truly me.”



PLEASE NOTE: These stories are sent in by readers and each is the opinion of the reader only. **people** magazine is not responsible for what is sent in or how actions/procedures have been followed. *Names have been changed.

Mnandi News

BY JACQUI THOMPSON

SPREADING feel-good news.

THANK YOU to Judy Thomson, a Virgin Active call centre agent who was so helpful when I had hassles getting the app to work on my phone. No one could help at the gym and she struggled to help me on the phone so said she would investigate and call back. She actually did and resolved it the same day. I loved her helpful, reassuring attitude.
Gym Bunny, Lenasia Ext 1

Want to say thank you? WhatsApp us on 060 858 1086 and we will feature your kind gesture.



WANT to say thank you? Got something positive to say about someone? Has a stranger done a good deed for you? Have you received outstanding service from a place or a person? We want to know about

WHEN you next book with Sorbet at Nelson Mandela Square be sure to ask for the lovely Ms Tebogo Masilela, one of the best beauty therapists there. The ladies work on commission so it is important for them to build up a rapport with their clients and you won't go wrong with her; she's both friendly and excellent at what she does.
Happy Customer, Dunkeld West

ANDILE from Telkom gets a big thumbs up from me. When I couldn't access the deactivation option for the voicemail on our landline, he spoke clearly and went step by step so even a dinosaur like me could

it. No kind deed should go unacknowledged. E-mail mnandinews@gmail.com or sms the word 'Mnandi' to 48408. Keep your message to about 50 words and include your name or pseudonym and area.

follow what needed to happen!
R Jenkins, Schweizer-Reneke

OUR much-loved African Grey Parrot escaped. A huge thank you to everyone who helped find him; this includes our community Whatsapp Group as well as social media pages. He is home safe thanks to caring people who found him and kept him safe. They also asked for proof of ownership which is a good thing. We are so blessed to have him home. Thank you to everyone in the Kensington and Bez Valley areas.
DF, Bedford Gardens

Putting The XXX In SpaceX

ARGENTINIAN porn star Sabrina Sabrok has been on a mission or two of late. Now she's on a mission to the moon, so to speak. Some time ago she let slip her plans to launch the 'Sabrok Legion', an occultist movement where she'd teach adherents black magic of sorts to enrich their lives. This, however, is only an Earth-bound project of hers. Now she wishes to visit that giant hunk of cheese in the night sky along with Japanese billionaire Yusaku Maezawa in 2023. The planned trip is called the '#dearMoon Project' and the six-day mission will see six to eight accomplished artists tag along; how Sabrok falls into the category of 'artist' remains a mystery. It will be operated by SpaceX and in preparation she contacted the company's founder, Elon Musk, for some odd advice. Sabrok has had over 50 cosmetic procedures, but the one that concerned her most is her enormous bust – all 5 000 cubic centimetres of it. She asked Musk whether it would be safe to travel into space with breasts that large. "Hey! Is it safe to travel to space with huge silicone implants?" she asked the eccentric entrepreneur. Sabrok also told local media, "If SpaceX tells me that it is possible, I will of course go. I will collect money from everywhere because my dream since forever is to travel to Mars." Er, she *does* know the difference between Mars and the Moon, right?

Did You Know?
ELON MUSK, along with his brother Kimbal, used to traverse wealthy suburbs of Pretoria as kids to sell sweets door-to-door. They sold their goods for more than 20 times what it cost to make.



SOURCES: WIKIPEDIA.COM, LAW STACKEXCHANGE.COM, THEPRUCETTS.COM / PICS: MAGAZINE FEATURES

Tipsy - Not High - Wire Act

ON February 20 footage emerged of an intoxicated Chinese man from Quanzhou City scaling one of the city's utility poles just so that he could traverse between the shafts using the electrical wires taut between them. His balance was astounding for somebody who'd had a drink or two and his accompanying speed on the power lines made it difficult for firefighters to shepherd him down while using a truck's aerial ladder. He eventually stopped to rest on a pole, but soon fell off into a tree – and, while tangled between its branches, fell asleep! It took rescuers another hour to free him. It seems as though the man was neither belligerent nor suicidal.

Did You Know?
DURING tightrope walking (or funambulism) a walker positions his or her centre of gravity over a wire or a rope. Most of the weight is shifted over the legs and this creates more stability over the sagittal plane.



This Is Huawei Can't Have Nice Things

MOST are familiar with the Huawei brand. Some of us even own a few of their products, and for the most part they produce quality mobile phones that are a little cheaper than those of the competition. But not everyone's a fan.

With the company planning to issue its handsets with 5G technology going forward, the US has criticised it because the Americans believe they will be a threat to national security. Huawei hit back in a rather bizarre way that sparked outrage from the public, which likened their move to the propaganda machine of North Korea. Hundreds of children, despite a Huawei spokesperson saying that the company

had nothing to do with it, were rounded up to sing 'Huawei the Beautiful'. The scene was dubbed 'an act of public benefit', but the lyrics were bizarrely worshipping of something as trivial as a phone: *Which is the most beautiful phone in the world? Huawei! The battery is durable and the appearance is good, with the most precious Chinese chip! Ranking first in the phone world, Huawei strives for innovation.*



Did You Know?
HUAWEI, pronounced 'wah-way', was found by former military technologist of the People's Liberation Army of China Ren Zhengfei in 1987. The word huawei, roughly translates to 'achievement'.

Teacher tells me to love my country, and to love our domestic brand Huawei! Huawei is good, Huawei is beautiful and Huawei wins glory for our country!

HAVE you seen something strange?
WhatsApp us on 060 858 1086.
Send us a short description and a picture.



Oh My (S)WORD!

THIS 1.54-metre-tall sword-swallowing heavyweight can handle three swords at once.

PROFESSIONAL sword swallower and performer Gigi DeLuxe, 38, started sword swallowing in 2014 after seeing the skill being done and wanting to challenge herself.

In the first year of trying it, Gigi landed herself in the Intensive Care

Unit (ICU) in hospital after ripping her oesophagus in three places, requiring stitches in her throat. Once she had healed, Gigi tried to sword swallow again, with caution.

She admits it was very difficult when she first started training, and it's taken her years to

reach the level of skill she has now. Gigi tries to do her sword swallowing on a daily basis, even trying up to three at once on some days, with the longest sword she's swallowed being 58cm long.

In addition to swallowing up to three swords at once, Gigi has mastered the skill known as 'The Human Blockhead' which entails pulling a narrow sword out of her nostrils. At first, sword swallowing was frightening for Gigi, but now she believes that it has helped her learn a great deal about herself and improved her approach in life because she no longer sees challenging tasks as impossible. "I first started sword swallowing about five years ago," explains Gigi. "I love that I am performing a 4 000-year-old art form and preserving the art for future generations to enjoy. In the beginning it was extremely difficult to do, and it took me several years to get to where I am now. At first I was fearful of doing it, but I had it all backwards. My thinking was all wrong because I was only thinking and worrying about what could go wrong, instead of focusing on how to do it properly." She adds, "Sword swallowing is basically learning to overcome fear and retraining the body to not do what it's naturally supposed to do. There is the added bonus of having a good understanding of the

anatomy alongside that too. I'm only 1.54 meters tall, and I'm also short-waisted, so I have to keep that in mind when I'm choosing my swords. I try to do it daily, even if I only do it with just the one sword. I try to do the doubles – that's using two swords at once – at least a few times a week. About a week after I started swallowing two swords efficiently, I then learned to swallow three swords at once. I don't use the special stacking swords which are super thin and flexible swords; I use regular and thicker solid steel swords. So, for now, three is my limit."

Gigi receives many amazed reactions to her videos and pictures on Instagram showing her talent, and she admits that some people don't even believe it's true and assume it's a trick. "People are always amazed and shocked when they see me sword swallowing. Most of the comments and reactions are positive overall. People are either quite fascinated by it or they think it's fake or a trick," she says. "When I do 'The Human Blockhead', the small sword I use was a lovely gift I received which is actually a vintage letter opener. Sword swallowing has taught me so much about myself and has changed how I approach everything in life. Once you swallow swords, everything else in life is a piece of cake. You can accomplish the impossible and anything you set your heart and mind to, you can do. Swallowing swords, overcoming addiction, whatever changes you want in your life are within your grasp. It all starts in the

mind."



She's only 1.54m tall – something she has to take into account when choosing her swords



Gigi can swallow up to three swords at once

**Tell us
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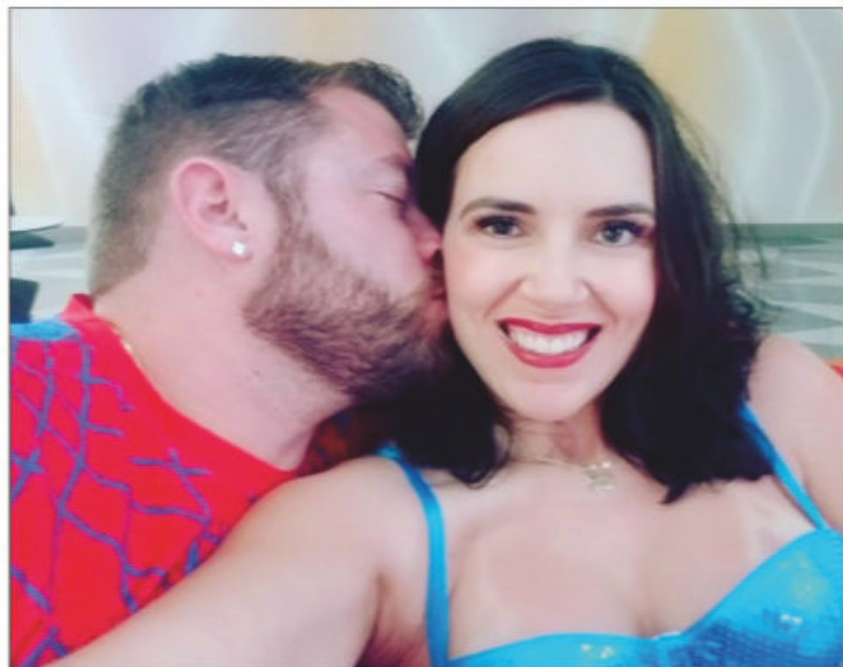
**We print,
we pay!**

**PEOPLE
EXCLUSIVE**

Feel That Love Vibe

A WOMAN who cheated on her husband for eight months claims it saved their marriage.

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RELATIONSHIP coach Rogue Pence, who once cheated on her husband for eight months, talks about the best way to reignite a spark in a relationship and feels that couples are not having enough 'mind-blowing sex' to keep their relationships alive.

Rogue, 34, and her husband Jeremy, 36, hit a rocky patch in their marriage after she lost her father to suicide, which plunged her into despair and depression. She began to blame her husband for her unhappiness which lead her to have an affair for eight months in 2015. They were on the verge of divorce when she realised her husband was fighting hard for her, and this became a wake-up call for her. She decided to change her ways and it reignited the passion in their relationship. This revelation inspired Rogue to open a coaching business designed to help other couples feel fully happy, loved and to teach them how to embody the feminine and masculine energy within their relationships. She says from her experience that there is more to sex than most people realise and that couples should become less boring in the bedroom.

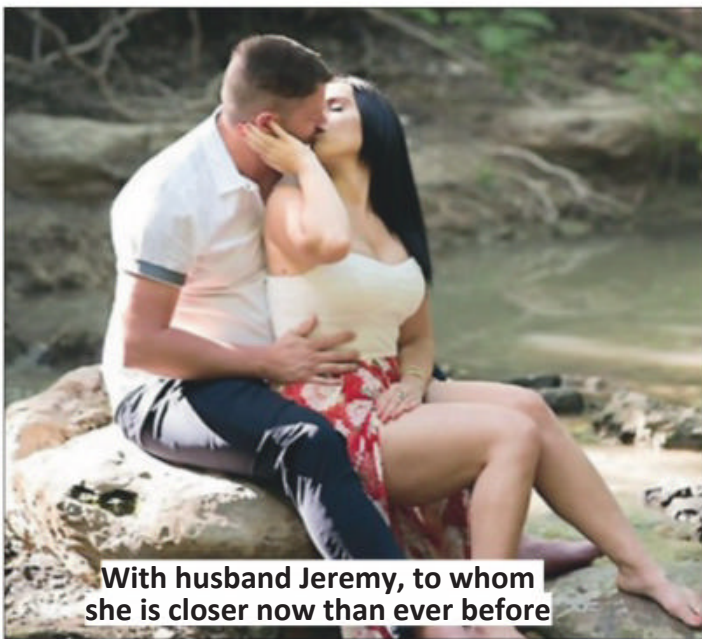
"My father had committed suicide seven years prior to the split between me and my husband; I lived many years just going through the motions, living in a fog and not being happy," explains Rogue. "I worked my life away hoping my days would go by faster so I could be with him again. I was miserable; I blamed my husband for my unhappiness. This resulted in me having an affair for eight months and leaving my husband. I didn't know what was going on with me, however I knew I needed to save myself and be happy one way or another."

She adds, "The affair brought about a false sense of happiness, but it felt real and it honestly saved my life. I don't regret it and I'm not sorry. I needed this event to happen to bring me to where I am today and make my life a much healthier and happy one. I wasn't being loved and happy in my own personal relationship, so I started learning as much as possible to fix what was going wrong with me and my husband. We were on the verge of divorce. Honestly, I think

SOURCE: SPOT FEATURES



Rogue gives classes on how couples can improve their relationships



With husband Jeremy, to whom she is closer now than ever before

my husband showed me that he was going to do whatever it took. He fought for me without him even knowing what was going on."

Rogue says, "It wasn't until I learned about feminine and masculine energy, how to speak my feelings, tap into my inner self and heal my inner wounds, that things really started to shift for the better very quickly. When I saw how quickly my own relationship turned around after a few little adjustments to how I did things, it was like a miracle happened and all I wanted to do was share this with others. Now things are amazing between us; complete peace and harmony in our relationship. I would say that we finally know each other on a deeper, more intimate level. Now during my coaching sessions I walk someone through the steps to being fully happy and loved within themselves and then by another person. I teach them how to embody their feminine and masculine energy. For a new relationship, I help them to increase their love and confidence within themselves to ensure that they will attract a higher quality person – someone who will truly love them flaws and all. I help them to identify traits that may not serve them long term and find the best match for them, with one hour of diving into what is going on and me helping them learn more about themselves."

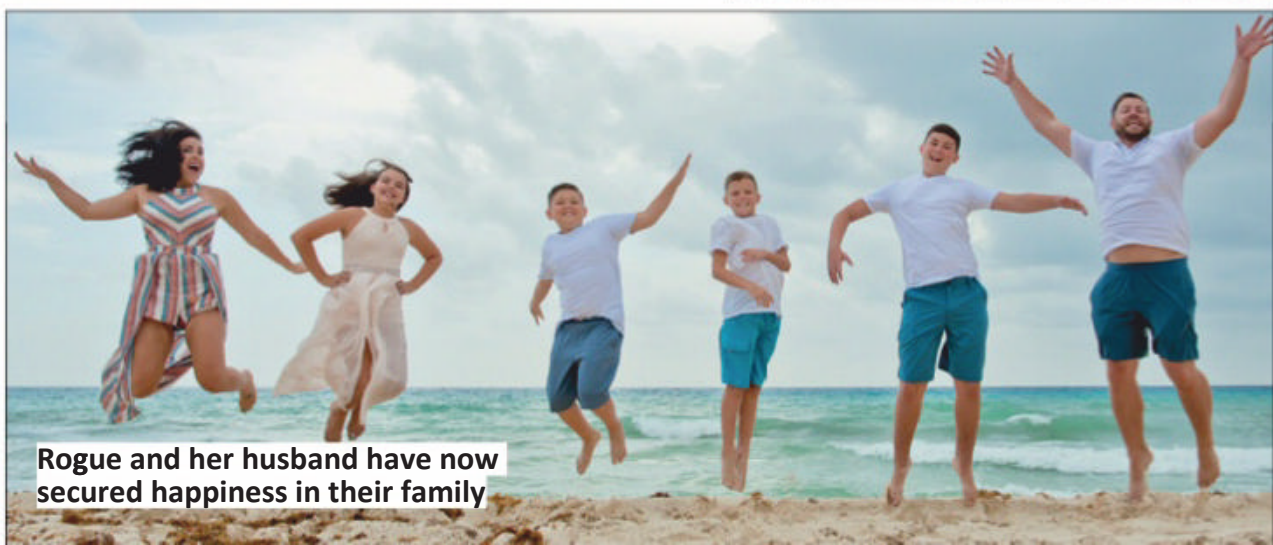
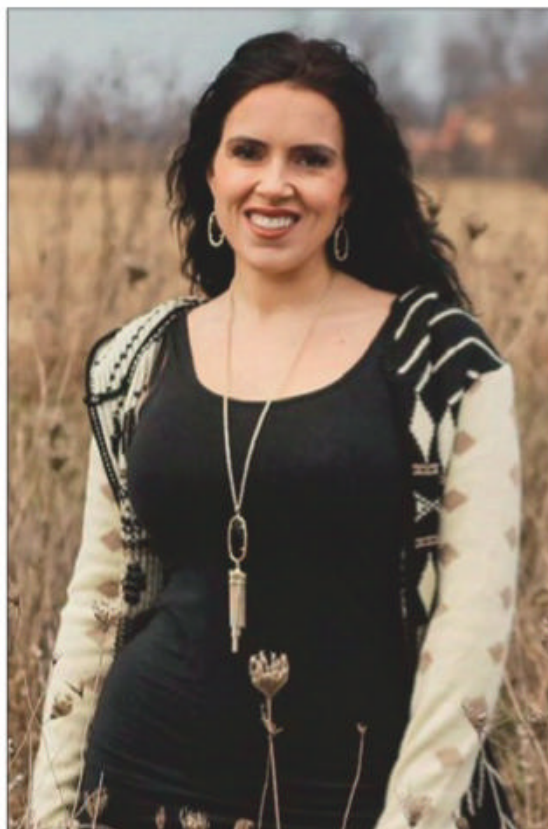
Rogue explains the biggest challenges couples face today and says that sex is a big part of the development of relationships. "I feel people are not understanding their given roles in the masculine and feminine energies; women are taking over the male energy and vice versa and it's really messing things up," she says. "I also think that people are not having enough mind-blowing sex to keep their relationship alive. We've lost the passion and desire. Things have

become boring and unfulfilling. Conventional sex is not the answer; there is more to sex than most people even realise." Rogue suggests that people don't settle. "Your person is out there and until they show up you need to do the inner work on your own. That way you can attract the person who is meant to be in your life. When your vibe changes your match will find you. My husband and I changed everything in our relationship – we now listen to each other without judgement. We recognise that our view and reality

on something may not be the same and we appreciate that about each other instead of fighting to be right. We are no longer co-dependent on each other." She adds, "My life is in my complete control and I won't let others control who I am or what I do, including my husband. We respect and value each other; however, in the end it's my life to live so my happiness is in my hands, not in his, and vice versa. We communicate on a whole new level and this has created deep intimacy between the two of us.

If you're looking for love, that may be the problem. Love will find you when your level of love for yourself increases."

**FOR more information visit:
www.roguerelationship.com**



Rogue and her husband have now secured happiness in their family



A Story Hard To Swallow

THAT might not be just a frog in your throat...

THIS shocking footage shows doctors removing a huge pulsating leech from a pensioner's throat after he coughed up blood for two months.

Doctors have warned of the dangers of drinking unboiled water after the 10-centimetre parasite was found to have been living and growing inside the pensioner's throat for two months.

The patient, surnamed Li, 60, had been trying to cure his itchy throat and bloody cough for ages but was repeatedly misdiagnosed.



The mystery behind his painful and chronic cough was finally solved when he sought out specialists at the Xingwen County Hospital of Traditional Chinese Medicine in the city of Yibin in south-western China's Sichuan Province.

Doctor Zhang Dadong performed an endoscopy on the pensioner and immediately discovered the fat leech living on the walls of his windpipe.

The slippery creature proved difficult to retrieve, so he enlisted the help of his colleagues, who managed to calm the leech using an aerosol sedative.

Zhang was then able to pull the leech out using a pair of forceps.

Li, who is from the rural township of Daba, is believed to have ingested leech eggs through drinking unboiled water. The larva hatched in his throat and fed on his blood for two months, increasing in size until it grew to its current 10 centimetres.

Zhang has advised members of the public to boil their water for their own safety.



'I'm Addicted To Building My Massive Muscles'

A bodybuilding addict believes women can benefit from lifting.

A TWENTY-SEVEN-YEAR-OLD woman has admitted she is addicted to bodybuilding and believes all women would benefit from lifting.

Rahki Giovanni from Miami, Florida began pumping iron in 2015 to help her mental and physical health. At one point, the young woman would spend eight hours in the gym at a time and now has an extremely defined body and thighs so muscular they can crush watermelons.

"Before working out my body was a mess, I was huge, I was overweight, it was obvious that I had a lot of baggage but as far as inside I was done, it was rotten. All I ate was candy and sweets – drink alcohol," she says. "I didn't start training and take it seriously until I was at a very bad point in my life, so when I did notice a change it was drastic because nothing new was coming into my life. I was in such a dark place that there was no light. Her mother Myrna adds, "When she was in high school she was overweight and she came a long way because she started working out and going to the gym and just working out everyday."

And the influencer believes that more women should follow in her footsteps, and bodybuild.

"I think a lot of women are afraid of weight training because of what the industry has said, with the rumours, false information and then of course, the extremists. Some of the female bodybuilders, some of the competitors, some of them have gone extreme to reach their goals.

I absolutely think that more women should work out. Working out is not about the way you look, it is about taking care of yourself internally

Take care of yourself and get yourself conditioned to release the toxins – that is working out."

Now, the personal trainer, YouTuber and influencer trains everyday for two hours, and admits she is addicted to bodybuilding.

"Am I addicted? Yeah, It's an addiction. It is a real addiction."

Rahki has gained a huge following on social media because of her unique physique, and even local celebrity status. "Right now on my Instagram I think I have

over 300 000 followers; as far as messages, I know on an average I get about 150 messages a day, so if I post anything on Instagram I get about 500-800 messages.

As far as reactions and comments that I receive online, I get all kinds. I can say that 90 percent of that is love."

Rahki has even begun training her

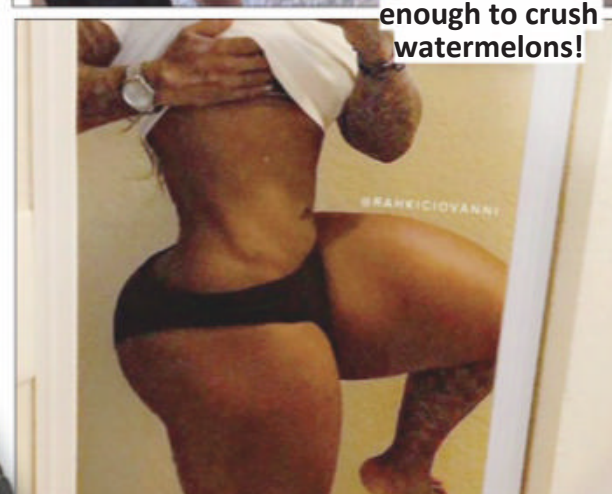
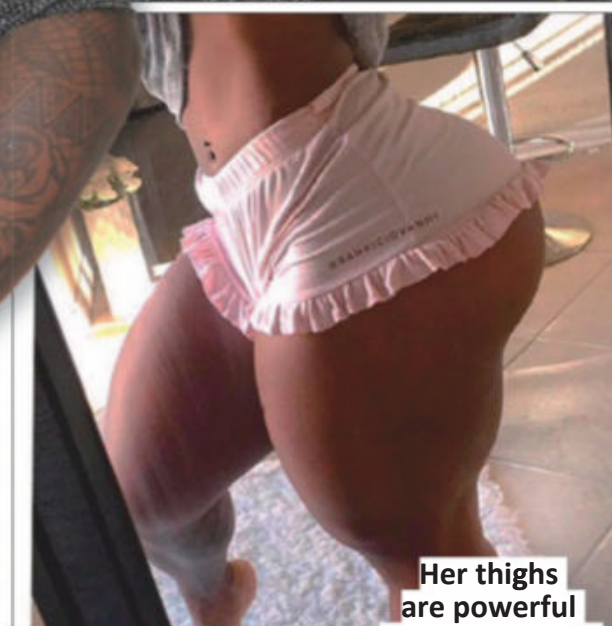
mother, who is almost 60 years old.

"I'm my mother's personal trainer and training her is really fun and it's also funny, because sometimes we lose focus because she's really funny. But training my mom is a good experience. I feel like it's my duty."

The bodybuilder can squat an amazing 240kg, and even is able to crush watermelons with her strong thighs!

Rahki is proud of the time and care she has taken to achieve her dream physique, and now loves to show it off.

"I love showing off my body because I never looked like this."



IN CASE YOU *Missed It...*

BY ROBERT CLUNIE

THERE'S no need to feel left out!

IT'S hard to keep up with Hollywood's shenanigans. But that's why we are here, so get your dose of some of the biggest headlines of the week.

This Again...

It so happens that this here dead horse is being flogged once more. Brad Pitt and Angelina Jolie are ready to finalise their divorce. It's a tale that we have heard many a time over. However, recent reports may be on to something and a certain type of deal may yet be struck very soon that will make the lives of all parties a helluva lot easier. The estranged couple would like to 'emotionally move on' and they plan to do this via a bifurcated judgement. This effectively means that they will be declared divorced and, more importantly, single. It has proven tough for either one of them to snag a partner with the 'legally married' mantle hovering about them. A bifurcated judgement also means that the divorce's nitty-gritty will proceed as usual. This includes custody details, the partitioning of property assets and the like.



Whoa There, Abby Lee



ABBY LEE MILLER, for someone who is terminally ill, sure has quite a bit of zip on her. The gal has been working 12-hour shifts in an attempt to get both her show and her life back on track again. This has doctors extremely worried, though. **Miller** was diagnosed with

non-Hodgkin's lymphoma last year shortly after she was released from prison for fraud. A new season of her show is set to air soon, but those close to her are worried that her body is simply not ready for such an endeavour. Her doctors even advised against it, but this did not deter her whatsoever, despite those close to her claiming that she is weak. The new season will also see her travel great distances between Los Angeles and Pittsburgh – some 3 900km apart. This means that she'll have a doctor in both cities who will have to communicate with one another regarding her condition.



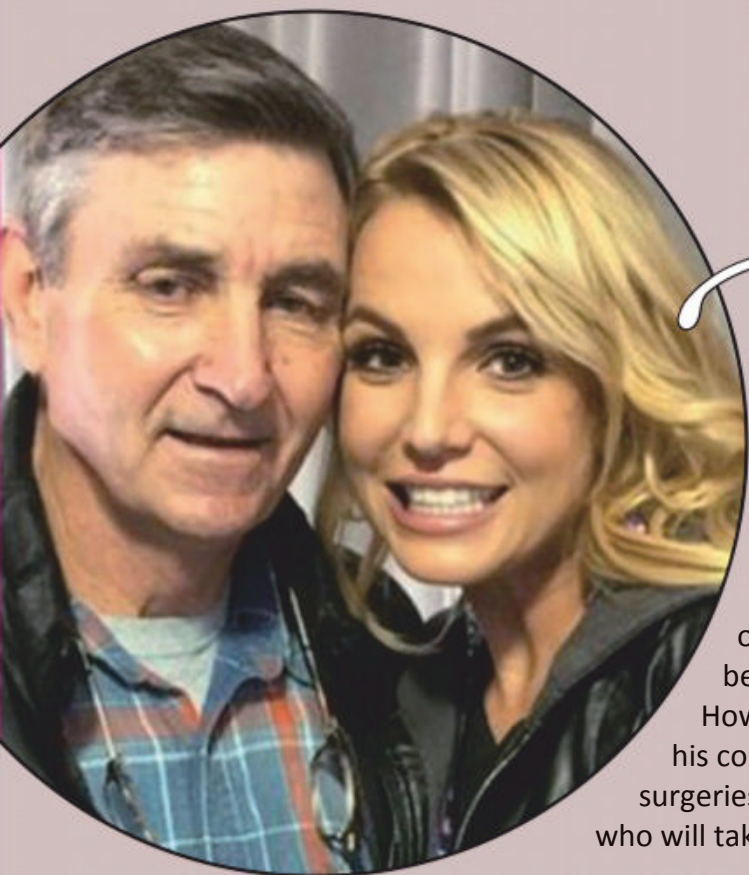
Looking For A Way Back In

IS **Caitlyn Jenner** doing the wrong thing for the right reason? It probably goes without saying that she'd love nothing more than to be reintegrated into the **Kardashian** family, but the tactics being used to achieve this are a little suspect. **Caitlyn** has reportedly been using **Khloé Kardashian's** recent heartbreak as a means to worm back into the family sphere. But **Kris Jenner** and **Khloé**, who were the masterminds behind the ousting, still seem to want nothing to do with **Cait**. It probably didn't help that **Jenner** supposedly picked **Kanye West** as best man for the upcoming wedding to Sophia Hutchins. Nevertheless, **Caitlyn** seems determined to salvage whatever she can. Amid **Khloé's** embarrassment following **Tristan Thompson's** cheating saga, **Caitlyn** sent her flowers with a handwritten note, offering to be her 'helpline'. A few unanswered calls were issued, too, but an insider reveals that **Khloé** is not yet ready to forgive or forget.

Continues on pages 74-75



Page 73



INS & Outs

THERE is concern and confusion surrounding **Britney Spears'** R3.6-billion fortune. Her father, Jamie, was awarded conservatorship over her estate following **Britney's** erratic behaviour and subsequent meltdown in 2008. However, his health has severely declined after his colon ruptured last year. He has undergone two surgeries and nearly died in January. No one is certain who will take over should something happen to him.

YOU'D think that her bank account would render crime an unnecessary avenue. Maybe it was a compulsion, but **Jeannie Mai** has admitted to shoplifting and was busted in a rather odd manner. An onlooker took a snap of stealing some goods and shared it on the social media platform, Snapchat. At the time of going to print it was not known if she had been charged.



ASHTON KUTCHER must be grinning from ear-to-ear at present. His current wife, **Mila Kunis**, and his ex-wife, **Demi Moore**, seem to have put their differences aside. **Mila** and **Demi** have long had it in for each other, but seemed to bury the hatchet at a party that **Madonna** hosted. This also means that **Kutcher** can reconnect with his former stepdaughters, **Tallulah**, **Rumer** and **Scout Willis**.



HEATHER LOCKLEAR appears to be a sucker for punishment. She completed a stay in a rehabilitation facility some time ago and by all accounts matters went swimmingly. But now loved ones are concerned that she has reunited with Chris Heisser – the boyfriend that was seemingly the start of the aggressive behaviour and substance abuse drama.



PRINCE CHARLES ain't looking too bad for an old dog of 70. The heir apparent and his wife, Camilla, Duchess of Cornwall, had around 50 royal engagements in six countries recently, but managed to park of for a while on a Barbadian beach. Here it became clear that whatever the pair's fitness regimen, it's doing the trick.



PEOPLE
EXCLUSIVE
PIC!



TRAVIS SCOTT has proved that he is more than capable of raking in a handsome payload without a **KarJenner** card. He launched himself into the record books when a single show of his (as part of the Astroworld tour) sold out and bagged him R24-million. This is his second sold-out show at The Forum in a year and he joins the likes of **Garth Brooks**, **Juan Gabriel**,

The Grateful Dead, **Janet Jackson**, her late brother **Michael**, **Lady Gaga**, and **Sting** as one of the few to have accomplished this feat.



REBEL WILSON has found love at the age of 39. The Australian-born actress not only snagged herself a younger partner, but he is none other than 28-year-old heir to the Anheuser-Busch fortune, **Jacob Busch**. The pair has been dating for over a month now and matters seem to be official. It's worth taking note that said fortune is around R194-billion.

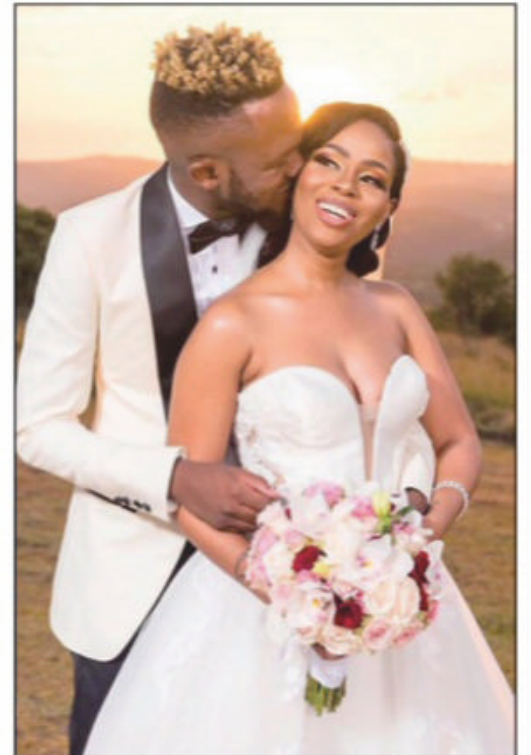
Skeem Saam Actress Gets Married

CONGRATULATIONS are in order for *Skeem Saam* actress **Pearl Maimela**, known as Sonti Magongwa on the show. **Pearl**, who hasn't featured in the soap-drama in over a year, got married a short while ago to her partner Mr Nikolic, in Bulgaria.



Kwesta & Yolanda's Perfect Wedding

MORE wedding bells to be heard: local rapper **Kwesta**, the *Vur Vaai* hitmaker, wedded his long-time partner Yolanda Mvelase (now Vilakazi). The private ceremony was attended by close friends and family including **Lootlove**, **Tshepi Vundla** and other popular faces. "...I married my best friend," said Yolanda. "So many people to thank, I'll get through it I promise. For now, I just want to thank my husband for choosing me. I love you Mr Vilakazi."



Somizi And Bonang Kiss & Make Up

IT appears **Bonang** and **Somizi** have reconciled and put aside their differences, much to the delight of their fans. The two megastars surprised a lot of people after posing as BFFs at the launch of **Bonang's** Champagne range. They confirmed the kiss-and-make-up on **DJ Fresh's** radio show, *The Fresh Breakfast*.



NOMZAMO RECEIVES INTERNATIONAL AWARD

NOMZAMO MBATHA recently received the Rising Star Award at the Ninth Annual WASH Gala held in New York City for her humanitarian work on the African continent. The gala aims to raise funds for clean water and celebrates Africans making a difference in their communities and industries.

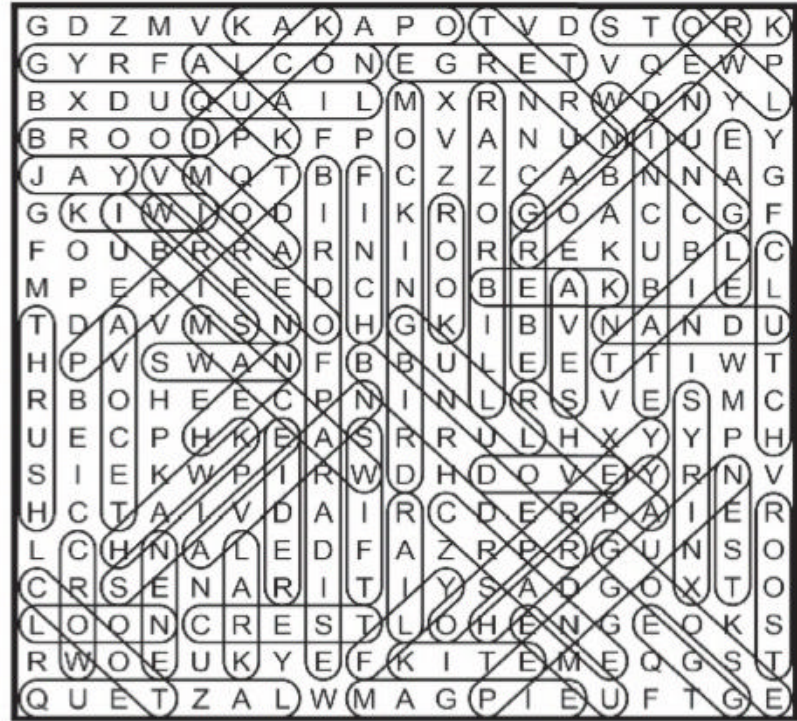


Jackson Mthembu's Daughter Commits Suicide

ANC Chief Whip Jackson Mthembu revealed recently that his eldest daughter, Khwezi Mthembu, 25, had taken her own life at their home in Cape Town. "We're in deep pain." He said. "We don't know what led her to take her own life at such a tender age of 25 years." Our condolences to the family.

Puzzle Answers

Giant Wordsearch



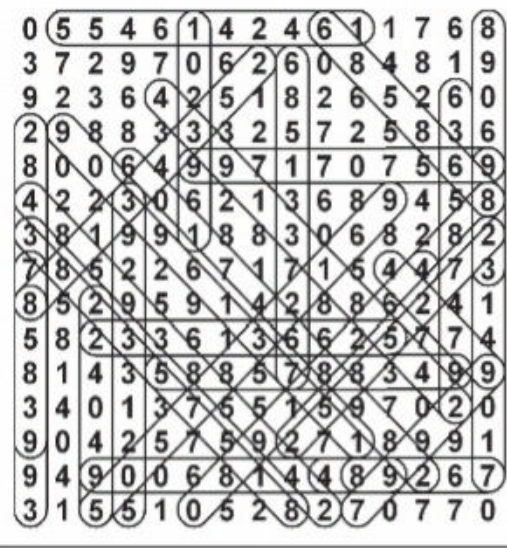
Trivia Answers

- TV Quiz**
1. Steve Lightfoot 2. True
3. Jon Bernthal 4. New York
5. Ebon Moss-Bachrach
6. Amber Rose Revah 7. Best New Media Superhero Series 8. 1974
9. "Welcome back, Frank" 10. Curtis
- Celeb Quiz**
1. Emily Deschanel and David Boreanaz of Bones 2. Amo Chidi
3. Lola 4. Frances McDormand
5. King Forbes 6. Tax fraud
7. Puma 8. 14 years ago
9. False: it's her first
10. His stance on US gun control
- Trivia Quiz**
12 Jupiter, Saturn, Uranus, and Neptune 2. An Army 3. Aglet
4. Tbilisi 5. Crocodiles 6. Muhammad
7. Brandy 8. Empty tins of tomatoes 9. Duff
10. January 1, 1999

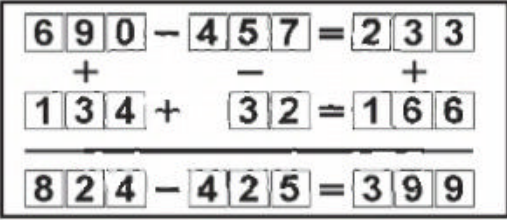
Codebreaker



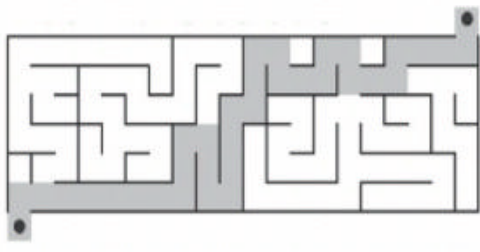
Numbersearch



Number Crunch



Kids Maze



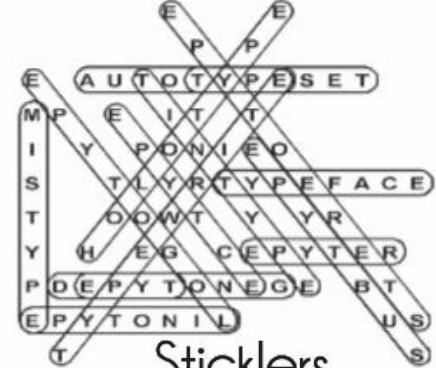
Celeb Crossword



Cryptic Crossword



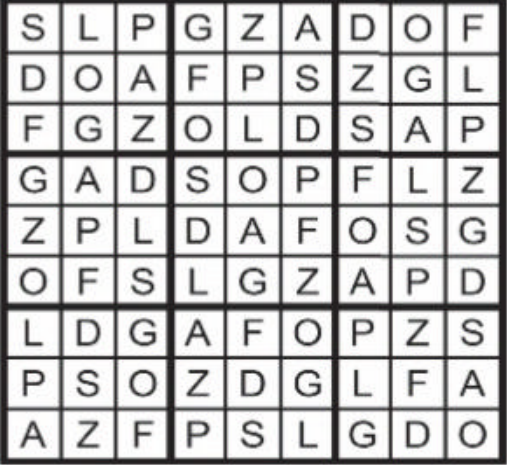
Magic Maze



Sticklers



WordDoku



- ACROSS 1) SLUMPS 11) BEATEN 14) OZONE 15) ALONE 16) INTRAY
17) FACTUAL 18) NEREID 19) ADOPT 22) MERIT 25) BEGIN
26) LOWER 29) ADITS 30) FIGURE 31) INVEST 32) ANVIL 35) THING
36) BERRY 39) ANGLED 40) FLEECY 41) ALTOS 42) PEN 44) TOPIC
45) SUITCASE 47) ERUPTIVE 49) HERS 52) UNIT 54) HOST 55) IMPULSE
56) EDEN 57) MIDI 58) END 59) EAR 60) CUTS 61) ROAR 62) VATICAN
63) TAIL 64) LARK 68) EAST 71) GYMKHANA 72) ELONGATE 74) RADAR
75) LID 77) ABOVE 78) INSIST 80) DOGMAS 82) CREEP 85) BLIMP
87) YIELD 90) DIVINE 91) IONISE 92) MINCE 93) TITHE 96) STICK
97) JEWEL 100) BEAST 103) REDUCE 104) OFFENCE 105) ANNUAL
106) SWOON 107) APRIL 108) ATTEST 109) ELEVEN

Crossword

- DOWN 2) LANTERN 3) MARTINI 4) SOYA 5) SOLO 6) HEFT 7) MACRO
8) FLUTE 9) BALM 10) DOOR 11) BENT 12) ABRIDGE 13) EMITTER
20) DYING 21) PRUDENCE 23) ENVELOPE 24) ISSUE 26) LET
27) WHINE 28) RIG 32) AWASH 33) VOTER 34) LASS 36) BYTE
37) RIPEN 38) YACHT 42) PERPETUAL 43) NEGLECTED 46) INTERIM
48) INERTIA 50) ERICA 51) SHIRK 52) UNCLE 53) ICTUS 64) LYRIC
65) RIDGE 66) CHASTISE 67) ANNOUNCE 69) ADORE 70) TREAD
71) GRIP 73) EASY 76) IDIOT 79) SHINE 81) MUSES 83) RAIMENT
84) EXCLUDE 85) BET 86) PIE 88) INTENSE 89) LACTATE 94) INFER
95) HONEY 97) JEST 98) WOOD 99) LONG 100) BEAD 101) AURA
102) TALE

1. Teach, Reach	6. Venus, Vents
2. Captor, Castor	7. Porter, Poster
3. Throw, Throb	8. Shine, Rhine
4. Check, Chick	9. Entice, Entire
5. Lisbon, Liston	10. Tiger, Timer

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×		×		−	
3	×	5	−	9	6
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1	3	8	6	9	7	4	2	5
6	5	4	3	2	8	9	1	7
5	2	1	4	3	9	7	6	8
8	9	3	7	1	6	2	5	4
4	6	7	2	8	5	3	9	1
9	1	5	8	7	2	6	4	3
3	8	6	9	5	4	1	7	2
7	4	2	1	6	3	5	8	9

1. Jewellery rack is missing
2. List is shorter
3. Feathers are missing
4. Pendant is missing
5. Skirt is different
6. Sign is different

HEAD	I	N	J	U	R	Y	TIME
METEOR	S	H	O	W	E	R	HEAD
SOFT	T	I	S	S	U	E	PAPER
SIGNIFICANT	O	T	H	E	R		WOMAN
FREE		T	H	R	O	W	AWAY
CLIMATE	C	H	A	N	G	E	OVER
SIDE	M	I	R	R	O	R	IMAGE
POCKET	W	A	T	C	H		TOWER
RED		O	N	I	O	N	RING
SISTER	S	L	E	D	G	E	HAMMER
CARBON	D	A	T	I	N	G	AGENCY
SHARK	A	T	T	A	C	K	DOG

[illegible]

1. Mingle; 2. Direct;
3. Create; 4. Inhale

	A			H	A		B		
E	M	U	L	A	T	E	D	L	I
	A		K	N	E	A	D		U
I	L	I	A	D		T		S	E
	A		L		S	H	I	N	L
D	I	S	I	N	H	E	R	I	T
	S	A		P	A	R		P	W
H	E	L	M		P	R	E	T	I
			I		D	E	T	E	R
M	A	N	T	I	S		A		C
A	B	E		N	E	L	D	O	R
	S		B	O	N	Y		E	N
	T	O	A	S	T	E	R		S
M	A	N	N	A		L		D	U
	I		T	U	N	E	F		U
	N	E	U	R	O	T	I	C	

	1	2	3		8	4	1	
3		2	2	2		2		5
6	8	1		1		2	7	5
8	9		4	7	4		1	2
	2	1	0		1	4	1	
6		2		3	3	2		1
2	6	5		4		7	5	6
8	5		6	7	5		1	6
	6	8	6		5	0	0	

General Knowledge Blockword

1	2	3	1	2	3
2	3	1	2	3	1
3	1	2	3	1	2
1	2	3	1	2	3
2	3	1	2	3	1
3	1	2	3	1	2

ACROSS: 3. SCRAP
9. YACHT 14. NOMAD
15. IRON 16. AMEN
17. CAPRI 18. CELLO
19. MINSK 21. CAMELOT
22. EUPHRATES 23. TAKE
TEN 24. NEEDS 26. NEVER
28. MORE 30. TIMPANI
34. ROLE 37. ESTUARY
40. SCATTER 42. PALS
43. RESALE 44. ADHERE
45. YEAR 47. RIVER
49. EMAILS 51. PEER
53. IDEA 55. AGHA
56. AIM 58. TOP 60. ONE
61. OLE 62. OLEANDER
66. ARRANGE
67. PASSPORT 70. ETON
71. TARO 72. START
74. MOO 76. OLIVE
77. DRACULA
78. NIRVANA 79. PULSE
80. TOR 81. STOOP
82. ORCA 84. SHUT
87. NEGLIGENCE
90. STRANGE
94. ESOTERIC 97. BRA
98. HOE 99. GEE 100. ERA
101. COLLIE 102. ONER
105. OLGA 107. NICOLE
110. NADIR 112. BLED
114. CRIMEA 116. GOSSIP
119. STAT 120. RISOTTO
121. PENANCE 122. ANYA
124. POSTMAN
128. IRAN 130. OSMAN
133. EASEL 136. RIPOSTE
137. SEPARATE
138. ALGIERS 139. ELIHU
140. SIGMA 141. READY
142. EMMA 143. OBOE
144. EAGER 145. BEANO
146. NUNNS

DOWN: 1. POTATO
2. CARELESS 4. CRETE
5. AILED 6. PROUST
7. ANTHEM 8. SAHARA
9. YEMENI 10. ANISE
11. HASTE 12. ZANE GREY
13. ORDEAL 18. CONCUR
20. KARATE 25. EARS
27. VICE 28. MAPLE
29. RELEASE 31. IN ERROR
32. PEEVE 33. NEARING
35. OREGANO 36. EGRET
38. AER 39. YALE
40. SHOE 41. ARK
46. PLAN 48. AGES
50. SIDE 52. ETA
54. DEE 55. ALSO
57. MET 59. PREMATURE
60. ONION RING
61. OAR 63. LETTUCE
64. AEROSOL
65. ROMANCE
67. PANACHE
68. PALETTE 69. RAVIOLI
73. MUD 75. ARC
82. OGRE 83. REA 85. USE
86. TORN 88. GALLERY
89. IBIS 90. SHE
91. TORNADO
92. GEORGIA 93. EEL
95. TAIL 96. ROOSTER
101. COBRA 103. NEMO
104. ADULT 106. GASP
108. ELTON 109. ART
111. SIN 113. DIAMONDS
114. COYOTE 115. ITEM
117. SETS 118. PAELLA
119. SCIMITAR
123. NOISES
124. PNEUMO
125. SCARAB
126. MEADOW
127. NEESON
129. AGREED 131. SELLE
132. ASHEN 134. ADIEU
135. EAMON

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PRINTING: CTP Gravure, Durban (Pty) Ltd

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PUBLISHER AND PROPRIETOR:
CTP Limited



CELEBRITY CLASSMATES

BET you never knew that these famous celebrities went to school together!

BY EL BROIDE

FROM star pupils to international superstars – these celebs have a lot in common. While Hollywood is a big place, the world is small and these celebrities once spent years together at the same school!



Cameron Diaz & Snoop Dogg
BELIEVE it or not but the *There's Something About Mary* actress and the *Drop It Like It's Hot* hitmaker both attended Southern California's Long Beach Polytechnic High School. Although **Cameron** was a year behind the famous rapper, she remembers the 'very tall and skinny' **Snoop Dogg** 'wearing lots of ponytails'. **Cameron** adds that although the two didn't interact often, she's 'pretty sure I bought weed from him'. High school indeed...



Nicole Kidman & Naomi Watts

THESE two superstars may be living their best lives in Hollywood right now but when they were younger, the now-51-year-olds attended North Sydney Girls High School in Australia together. "We share a naughty, wicked sense of humour," **Naomi** says. Luckily the girls could always rely on each other, as becoming famous actresses came with a few bumps in the road. "I was lucky that **Nicole Kidman** was always there to support me, console me, keep my spirits up and help me believe in myself," **Naomi** adds. Total BFF goals!



Lady Gaga & Nicky Hilton

BACK in her younger days, **Lady Gaga**, who was known by her birth name **Stefani Germanotta**, went to the same school as hotel heiress **Nicky Hilton**. "[She was] very pretty, and very clean," **Lady Gaga** recalls. "Very, very clean... it's impressive to be that perfect all the time... I was a weird girl at school, who did theatre and came to school with red lipstick on or my hair perfectly curled, or whatever I was doing to get attention." We have a feeling they didn't interact all that much.



Adam Levine & Jonah Hill

WHILE this may seem like an unlikely friendship, it is one that has stood the test of time. The Maroon 5 singer and the *Superbad* actor used to carpool together during their time at Crossroads High School in Los Angeles. Their friendship lasted well out of school and **Jonah** even officiated **Adam's** wedding to SA-born **Behati Prinsloo** back in 2014. "I know a lot of famous people and he is one who has not changed," **Jonah** says about his BFF, spilling more secrets about the star. He 'had very bad acne growing up' and apparently 'struggled to find a girlfriend' when he was younger because he was 'nerdy'. We bet those girls who turned him down are kicking themselves now!



Rami Malek, Kirsten Dunst & Rachel Bilson

OH, how we wish we could have been one of the other students studying at the Notre Dame High School in California at the same time as **Rami Malek**, **Kirsten Dunst** and **Rachel Bilson**! In a recent interview, **Rami** reveals that he had 'a little crush' on **Kirsten**, who was

a year behind him in school. The two became close friends thanks to their love for theatre and would often cross paths with **Rachel Bilson**, who was the first to make a name for herself four years after high school as one of the stars of *The OC*.



Prince William & Eddie Redmayne

IMAGINE saying you once went to school with a real prince! Well, **Eddie Redmayne** can certainly bring that topic up at a dinner table. The actor reveals that he has fond memories of himself playing rugby with **Prince William** back when they went to Eton College together. "I always felt slightly sorry for **Will** because everyone wanted to tackle the future King of England," **Eddie** says. "I haven't seen him since school, but he was a lovely man."



Jennifer Aniston & Chaz Bono

IMAGINE going to school with **Cher's** child – that was **Jennifer Aniston's** life, with the star recalling that she and a group of friends would 'go to **Chaz's** house after school' every day when the two were in the same class together. **Chaz** – who was known as **Chastity** back then – and **Jennifer** attended New York's Fiorello H. LaGuardia performing arts school and had a really tight bond.

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